

The background features a futuristic cityscape with various domes, spires, and architectural structures. A large, semi-transparent globe is centered in the foreground, with a blue and white swirling portal or vortex on its surface. The text is overlaid on this globe and the cityscape.

RETURN

TO THE

FUTURE

Ed Rychkun

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There is no copyright to this book. If it helps you to understand life a little bit more to make it better, I am happy. So go ahead and copy whatever you need. Please pass it on.

DEDICATION

This book is dedicated to all the souls trapped in bodies that have given in to the attractive forces of physical matter. If you are one of these souls and do not even realize it, this book is for you. If you do realize it, then this book is also for you because it explains why your life is as it is.

With the mind and ego's refusal to acknowledge who you are, you may find that they are not functioning in your best interest as an eternal entity of etheric energy. And as you approach one of the most miraculous times in human evolution in all of the history of the cosmos, it would be nice to have some inkling of a better alternative than simply living in a body and dying.

As you may have been captured into the Matrix of money and materialism, perhaps there is a little exit light in the tunnel of physical life that you did not know about?

Decide for yourself.

**Namaste'
Ed Rychkun**

1 What future?

Michael Carpetbagger's body jolted like it received a high voltage as it recoiled from the stark ring of his 6 AM hotel wakeup call. He was wound up like a top, feeling the tense anxiety of the night's nightmares. He was still sweating from the fears he built up over the night. Mike's financial world was in total chaos and he was struggling to see any way out except to declare bankruptcy. All that he could think about was fear of the future.

It was time to get up and get ready for a meeting with his partners. They had to make a new deal to make some big money for their failing company. Money, it seemed, was becoming very illusive to Mike. This was his focus of terror all night long as he saw vivid images of failure, lawsuits, and a destitute ending. The waking seemed almost like a reprieve from the alternating cold sweats and sickening fears that robbed him of his sleep.

Mike was truly a wreck by the morning. As a traditionally educated businessman focused on the almighty American buck, his dream was failing. His life, full of boom and bust periods, overall had been seemingly alright because he had accumulated a fair amount of wealth over the last decade when things matured in his life. But Mike's fortune was not without some business shenanigans and what one would refer to as 'fringe tactics' bordering on the criminal and delicately suspicious side.

Mike had become a promoter of securities, a highly capable salesman who relished in convincing people of the merits of buying deflated penny stocks. Of course Mike and his partners were very diligent at taking their own positions and making sure they had an exit plan to dump their stock well before they withdrew the hype they typically fabricated to suck people in.

In the last five years, feeling the success of their endeavors, he and his partners had created an offshore fund which promised to pay people a fixed rate of return on 1, 2, and 5 year certificates of deposit. This money was used to acquire private companies that they felt had great upside potential. They would hold conferences in Cancun expounding the incredible returns that people could have. People would invest in the fixed rate certificates, receive a guaranteed return each quarter in the order of 20-40% per year and at the same time become unit holders of the fund. These units they said reflected a composite of all the wonderful growth with huge upside potential when the shares 'went to the moon' as they put it. Each client could then potentially liquidate their units and receive huge returns. At the same time, they would promote or take the stock public. Or better still, they would target a stock which was listed on the OTC, as over the counter stock in the pink sheets section of NASDAQ. A good target was a company suffering from some financial malady that they could correct and promote. In the beginning, it was a grand plan with decent intents. But destiny does not always cooperate.

They had set up a subsidiary offshore section that Mike ran and they were all actively engaged in finding targets that they could 'pump and dump'. Over the last five years, they had created a portfolio of some \$50 million.

They had accumulated many private share companies in the fund but because of the last market purge through 2007-2008, many of these companies were failing or had fallen to zero value. Many had to get more capital to keep them alive, so out of desperation they began to concoct new promotions to pump their existing clients into more stock, some of which of course they would allocate to themselves. In addition, it was becoming harder and harder to find capital since investors were hurting and the offshore environment was making people fearful as they were being branded thieves and criminals by the governments.

The real problem was that they were servicing an ever increasing debt to their clients who held fixed term deposits—and there was not enough cash to pay. Now it was getting to be ugly as the increasing debt was impossible to service. Cash had dried up so they were rapidly changing the cash flow to a Ponzi scheme. So cash taken in from new investors was allocated to cash going out to old investors. What was even more troubling was that the value of the assets had decreased to a fraction of the original value. In the beginning, they had sold the idea on having gold inventory to back the CD's, however, this gold was still in the ground, not in their possession, so it was not real. Although their intent was to make it real and put the property into production, this had not been done and this company was also in the financial sewer.

So with the economy against them and no real cash flow facing the huge mounting liability, they began to con people more and more about the possible growth and value of the assets. Needless to say, since the majority of companies were private, it was very difficult to really evaluate the share prices, so they used this as an opportunity to create whatever value looked good to a prospective investor—and on their balance sheet.

But the coming financial horizon felt even more different. First, Mike has just seen the collapse of the banking system and the swift erosion of his assets. His summer property in Florida which was highly leveraged had turned into a financial liability and his own house mortgage was due for renewal in 6 months. Now the value was 25% less than the mortgage values. The market crash starting November of 2007 had destroyed 60% of his equity portfolio. His retirement savings which was heavily loaded into speculative securities looked dismal at 20% of what he paid.

In addition to the problems with the company, and its potential liability to the partners, Mike's fortune was now a dismal nightmare. His life style was gone and he was in a liquidity crisis himself. It was becoming harder now to deal in securities and finding promotional targets. It seemed that the projects were as fraudulent as their fund had become. There was no money in the company to get help.

Mike was not having a good time of this and his ten year binge was rapidly giving him a serious hangover—and ulcer. His two business partners were in the same spot although they did not admit it. They were equal partners in their firm and they were all in shock as the firm's previously thought highly valuable assets were now a liability threatening them and their existence. They had agreed to meet and look at a new prospect, and decide what to do about their ensuing financial collapse and insolvency.

Clearly, Mike's world was crumbling. He wasn't sure whether he was more concerned about his job, his holdings, his future, his liabilities, or his partners. Everything was dismal. On top of that, Mike was having some issues believing that the USA and the world economies were back on the upswing. All he could think about was the dismal prospects and the impact on his ego and family life.

Mike was not feeling well about this meeting. They had decided to meet in San Francisco, at hotel on the fringe. They were to meet a new client and then discuss their future tactics. A boardroom had been rented so as to impress the potential client.

Mike felt ill as he showered and sat with a coffee. The morning news was not of any assistance as nothing but bad news in the banking sector was on. He felt that there was no way that Obama was going to prop up a system of leveraged credit that could possibly sustain itself. The US government is like us he thought, a Ponzi scheme designed to fleece us to pay the debts, all the time telling us that everything is ok.

The meeting started at 10 AM and Mike grabbed his coffee to head out to the elevator. As he pressed the button, he noticed a paper that looked like some marketing flyer on the floor. The headline read: *'Financial Cleansing of Old Energy'*. Underneath he could make out: *'Get Ready for the next meltdown'*.

What looked like a stock chart really caught his attention and he picked it up. This little two page document was about to change Mike's life. The chart was a historical picture of the Dow Jones Industrials. It showed 10 years of data, through the climb, then the free fall into 2009. Boy he could relate to that picture! It gave him a cold shiver thinking how it destroyed his holdings. But then it had a projection in red to the year 2012, showing another drop to about 4000, then a final drop to 1000 by 2012. This really got Mike's attention. He had to sit down and have a closer look at this.

Mike spotted another chart under the Dow average labeled the Mayan Galactic Days and Nights. It was like a cyclic thing. Hmmm, he thought this must be something presented at the Spirit Expo going on here. Mike was hardly into any of this New Age hype and he certainly did not care much for any spiritual stuff—unless of course it was something he could market to sell securities.

But as he started to read, he wondered who wrote it.

It was a hard hitting expose' of what was happening on the planet, in particular with regards to the change in human consciousness: *'For those materialistic fools that cling on to the old energy of profit and greed, we saw a clear shift of consciousness in the year 2008. The first real sign of the shift was in November of 2007 when the markets began their collapse. This was coincident with the Mayan 5th Night cycle bringing the Dow from 14300 to 6500 in 2008. Then in November 2008, we began the Mayan 6th Day bringing in all the world financial powers*

to try to prop up and recover the 50% erosion in world markets. This will all fail as the real truth is revealed about the world economy.'

Mike was captured now: *'In November of 2009, we move back into the Mayan 6th Night when this signals another purge as the truth is revealed that the market balloon cannot be sustained and another 20%-30% evaporates into nothing which it was in the first place. The process of Mayan consciousness shifting back from night to day marks the shift in people's attitude from withdrawal to support, and for anybody who wishes to see how this really works going back in history, check out www.calleman.com who is the expert on this.'*

As Mike wondered about the website, he was compelled to read more: *'What this clearly shows is that the old energy is being purged and cleansed out of the world financial system, along with the banks and financial systems that support the old energy of false profits, deception, greed and power. As it dissolves, the new energy of transparency, truth, love, peace, sharing and unity evolve. The paradigm shift occurred in 2008. As we proceed through the Mayan cycles of night and day, the old becomes replaced by the new. This was the spiritual cleansing and vibrational ascension prophesized by the Mayans and it is unfolding before our very eyes. For those that are aware enough to see this, it is to become, in the next three years, the most majestic heaven on earth that has ever occurred. For those who do not care to awaken, and cling on to the old energy, it will become the worst hell they could ever imagine.'*

As Mike read, his mind flipped from an attitude of spiritual crap to curiosity. Although he had little tolerance for this kind of wishy-washy information, he himself was feeling through his own opinion that the market and banking system were far from strong. He knew how the big boys played the game. He was only a little boy playing the game but he also wondered how they could just create money with the keystroke of a computer and really believe it to have true value behind it. Just like his own business, it was just a big promotional game to create a perception of value.

Hmmm, he thought, this is very interesting. Is it possible that there is mass consciousness—a mass attitude that can change because of some external influence? He knew that the big boys at the top, and certainly the President of the United States could change the attitude of the mass easily. He read on.

'We are in one of the most wondrous times of human and Earth evolution. It is a stage that was set by the cycles and alignment of the planets—all waiting for the grandest alignment of all when the Earth and the Sun transit through the center of the Galaxy on December 21, 2012. This process, which really began in 1999 marks the ascension of humanity, and the vibrational increase into the new age which the Mayans marked as the End Times.'

Hmmm, more of this prophesy of doom shit, he thought as he read on: *'What has to be clearly stated, however, is that this is not a prophesy of doom, nor of cataclysm. It is a time of change from material to natural, from separation to unity, and to a spiritual evolution of mankind, to where time does not exist, as in the world of quantum science. The process reflects overlapping periods of consciousness evolution that shift in their focus and attention. That shift is now most apparent in the fifth night of the Galactic Underworld that began in 1999 and ends in 2012. But underlying this are 13 other Underworlds that have been well documented by many astute researchers of history.'*

What the hell were these Underworlds he thought? Mike was so engrossed, he forgot the time. It was almost 10 AM!

He was up like a shot and pushed the elevator button. When he entered the meeting room, the new client was there chatting with Sam, one of Mike's partners. Sam, ironically, was Mike's idol but to most he came over like a sleazy used car salesman with one purpose—to close the deal at all costs. Peter was the other partner who was the steady type, making the balance between Mike and Sam.

Recently, Mike had started to form a new picture of Sam that was not so complementary of his tactics. Because so many deals had turned sour, Mike was starting to see what a bullshitter Sam really was. He was beginning to see that when the times are good, the best bullshit signs the best deals. But when times are bad, the best bullshit has a tendency to smell and turn into the worst liability.

After introductions, Sam started the presentation. It was fast and smooth making Mike feel uncomfortable about some of the statements made. Most of what he said was pure nonsense that could not be supported but it was not for Mike to say anything. They needed some cash flow desperately so bending the truth about their financial

stability and the wonderful referral base seemed irrelevant to the bigger picture. The prediction of an unsurpassed boom period never seen before bothered him.

But the client was impressed as greed was in the air. They wanted to get a company listed on the OTC of NASDAQ, then promote it to the sky. That was Mike's specialty—promotion. The deal was that they would take a huge swath of cheap shares and do the pump and dump routine. It seemed that the client had lost a few scruples as well so they hit it off. They all smelled money.

After the presentation, everybody was excited as the smell of closure was in the room. This would place some cash flow into the dismal company account, and it seemed a quick pump and dump into profit again—at least to get some serious bills paid. Peter was excited about the prospect of cash while Sam was pumped about the potential gains. Mike sat quietly.

Like old friends, the group buzzed with excitement as they mentally counted the huge gains they would make on what seemed like a pretty moderate stock pump. None of them seemed to care about the fact that the stock was actually worthless now and would be later as well. No one cared about the potential fleecing of the poor share purchasers. No one except Mike, that is. Deep down he was not feeling comfortable about it.

Months ago he would have been excited as well. But there was something about these fleecing jobs. They appeared to be coming back to them in kind. That disturbed Mike.

After the meeting, when the client left, no one could understand Mike's quiet position. They were all seeing a way out to put some cash in their jeans, cover some immediate liabilities, and make some big bucks.

It was the answer to their prayers said Sam and Pete. It was a way out. There was no need to talk about issues.

"Sam," asked Mike finally, "are you not concerned that the company has no real assets and we are simply agreeing to fabricate a bunch of fake hype to create balloon profits?"

"Mike," yelled Sam, "do you want to declare bankruptcy? Where's your head? This is what we do. We have no liability here. They give the information that we pump out. Anyway, we are not the only ones doing this these days! Get with the program, man. This client is excited. We all score here. What's with you anyway?"

Mike was quiet and reserved. He could not let the thought go that they were all being crooked like a den of thieves. He knew they were in a fix. He knew they had no choice. He knew they had to play the game they had designed—and were good at. The day was like a week for Mike as they planned their promotional plan and laid out the deal. At the end of the afternoon, they were drained. They seemed convinced they had solved their problems. At least all but Mike.

Drifting back and forth between the conversation with a mind full of news about Ponzi schemes, fraud, deception, leverage and failures, Mike was feeling that they were as bad as the rest of the fraudsters all around them. And it was these fraudsters that had all helped to virtually wipe out his paper fortune—and also most of the worlds. That was smelly and for some reason what they were doing was beginning to take on a smell. Torn between survival, and ethics, Mike finally gave way to survival.

It was after 4:30PM and time to head for the bar to celebrate their victory. Pete and Sam were pretty ecstatic about the day. They would freshen up, head for the bar, and get pissed on Champagne!

But given the idea of celebration, Mike felt the pessimism return. This was not good for Mike. What was there to celebrate? His financial empire was collapsing. This deal looked shallow and full of potential issues. They were not seeing the downside of this. Mike felt cold shivers through his body as terror engulfed his being. He turned and left.

2 Is it really that simple?

Mike was in a complete stupor as he left the meeting. He didn't even notice Sam get into the elevator. There was something that seemed to niggle him more and more that this was not right. Was he getting a conscience? Then he went to the flip side. If it works he thought, and we have no liability, what is the issue? What other option is there he thought. He kept trying to convince himself. Mike was in a stupor and Sam picked it up.

"Hey Mike," asked Sam, "you seem perplexed. Don't you think we have a great plan to make huge bucks?"

"Sam," slurred Mike, "I just have a queasy feeling in my gut that this will not work and it will turn on us."

Sam had noticed an old gentleman on the elevator who looked like an Indian Guru—at least what he perceived one to look like. It was inevitable that he would make a smart ass comment about it. "Well," Sam responded with a sardonic smile, "maybe the enlightened Guru behind us should bless this plan! Then you will feel better, the idea will be supported by the gods and we can all giggle to the bank!"

Mike was silent. He actually felt embarrassed as he glanced sheepishly out of the corner of his eye at the old man.

"See you down at the bar later, Mike," he smirked as he got off on the 5th floor.

Mike was in suspended space as the elevator stopped on the second floor. Something compelled him to step out. Realizing he was on the convention floor by mistake, he stopped abruptly in front of the big sign which said: '*Hear the revelations of famous Guru Swami Bramaden at 5PM today.*' He had stopped so quickly, the man behind him bumped into him. Somewhat irritated, Mike turned to see this bearded old gentleman looking up at him.

"Please forgive me sir," said the old guy, "I sense you are not comfortable, and I should not have been so anxious to get off the elevator so rapidly."

Mike's immediate reaction was to tell this little old fart a thing or two about watching where he was going, despite the fact that he was the one who stopped. Thinking about the embarrassing moment on the elevator, he hesitated and looked at him. Jeez, another foreign new age junky preaching some spiritual shit, he thought to himself. I better behave myself and not create a scene. I need to get out of here before someone sees me.

There was something strange about this old guy. Mike simply stepped aside.

"Sir," said the bearded old man softly as he turned towards Mike, "I sense you are having serious difficulties in your life. Perhaps the spiritual new age junky preachings your thoughts are burdened with could assist you in your quest for integrity in your stock plan. Perhaps you should go to the next talk at 5PM and it may help you find peace within yourself."

As he turned, he placed a little card in Mike's hand and hobbled off into the crowd.

Serious difficulty? If you only knew, you old fart, he thought to himself. Nothing you bearded old turkeys would know about, would you? Then Mike realized that he had not really discussed any stocks in the elevator. How the hell did this old guy pick up on his thoughts about it? Did he read thoughts? Mike was really puzzled.

Mike glanced at his watch. It was 4:50PM. He then looked at the little card stuck in his hand. It was a free pass to the Guru Swami Revelations show!

How strange he thought. Then something compelled him to go. Jeez, I could never tell my buddies I went to this, he thought. Well, on the other hand, it's only 30 minutes and free so it will give me something to laugh about when we meet at the bar. What the hell, I think I will just check it out.

By the time Mike found a chair—which happened to be right up front—it was 5PM. He certainly did not want to be sitting up front in case anyone should recognize him but it could be more embarrassing to leave now so he sat down sheepishly. This was a big crowd he thought. Wow, I wonder who this dude is. At that moment, a stillness was almost shocking in contrast to the roar a few seconds ago. The announcer came out to start the show.

“We are deeply honored to have Guru Swami Bramaden here to give us the secrets of life, wealth and health. As you all know, he does not often agree to come before large audiences and speak. He is one of the most important people on the planet and we know him as an Ascended Master in Earthly form. He has asked that he not speak long, and simply give us the essence of life in a short delivery. We are highly honored to introduce Guru Swami Bramaden.”

The crowd went wild cheering and whistling as he turned. Mike was captivated by this. It was deafening as a bearded old man hobbled onto the stage. Jeez, it was the old guy who handed Mike the ticket! Mike was dumbfounded.

As the old one hobbled out to the microphone, Mike felt a strange tingle through his body. Mike knew that this Guru saw him sitting there.

“Blessings to you all,” the Guru said, “I am indeed pleased to be able to address you all, and I thank you dearly for inviting me here. I have promised to bring to you the essence of life, and a philosophy that can, if you so choose, bring to you a life of wonder, joy and abundance.”

“I have sensed that many of you are in a struggle between the old and the new energies which are changing on your Earth. It is a shock for many of you that have lost your fortunes and your savings. For others, it is troublesome for you to follow your paths of ascension into the new energies that are flooding the Earth. It is as you yourselves have made this to be and now you must begin to move in harmony with these new energies as the old dissolve themselves.”

That certainly got Mike’s attention. What did he mean by these old energies? The Mayan stuff also talked about old energies. Were they really going to get purged? He must have meant money and banking, he thought.

“It is within this stage of transition that we agreed to be here so that we can witness the supreme grand moments of the Earth’s and your evolution into ascension. To assist you in your transition, I want to present you with some fundamental laws that you must learn to pay attention to and let these become your own pillars of wisdom.”

“Many of you will recognize these. Many of you already use these to consciously create your own reality, and many are learning these. They have been on Earth for many thousands of years and were the foundation of life during the Golden Age of Atlantis. They are simple and valuable but they are not easy to bring into your life without a heightened conviction of belief.”

Mike’s mind went sideways as he heard that. Here we go again, he thought. Why did he have to bring that up about the stupid myth of Atlantis? This is the USA in 2009, not Atlantis! That was when he felt the old man staring at him. Mike sunk back into his chair. It was like he had screamed his doubts out!

“The Law of One states that we are all part of the One and there is no separation from God which is Total Consciousness. Our actions affect every single creature and All That Is throughout the universe.”

“The Law of Life states that the basis for life is freedom, the result of life is expansion, and the purpose of life is joy.”

I wish, thought Mike.

“The Law of Karma states that there is a spiritual working out for all things over lifetimes. Thoughts, words, images, emotions, and actions are all energies that come back to us in the exact measure in which they were given out. As you give, so shall you receive.”

That went right by Mike. It was simply not credible. He was in charge of his life. He forgot what he had thought about at the meeting; he was getting the same thing back in return for their failing deceptive ventures.

“The Law of Manifestation states that like energy attracts like energy. Your thoughts, visions, words, emotions, and deeds attract like energies to them and thusly you draw material things, people, and experiences into your physical life. You are the power that creates everything in your life.”

Now Mike did recall what he had said. He was thinking about how words—especially strong ones—could draw the same kind of energy, but thoughts, visions and emotions? Hmmmm. The Guru went on.

“The Law of Unconditional Love states that love is a state of acceptance and non-attachment, which forms no emotional strings. When you choose love in this way you set yourself and others free, expanding through grace.”

How can you love others who are taking you to the cleaners, Mike mused.

“The Law of Intention states that the moment you gain clarity you can make decisions. This moves the universal energy to assist you to progress with strength. If your intention is pure, you earn no karma whatever the outcome.”

“The Law of Grace states that unconditional love, forgiveness, and compassion offer grace, which dissolves karma and accrues blessings. It is our purpose to grow and expand the One through us through grace. Grace is the heart.”

“The Law of Responsibility states when you take responsibility for your thoughts, visions, words, feelings, and actions through your mind, you take mastery of your life. You are able to respond through simple choice in an appropriate way to all that you experience so as to grow and improve All That Is.”

For some reason, Mike found himself trying to take notes on his note pad. There was a niggling that this old guy was talking directly at him. He was compelled to listen as his gut feel about this was very strong. Mike used his gut feel a lot. It had saved his bacon many a time. Of course he never told anybody that he used his gut to make decisions!

“Now, I would like to present you with the pillars of action that you should follow in mind, body and spirit to make it your code of conduct. These are habits that you must embed into your lives and your beliefs. It is your beliefs that will create the life that you want, and you will find that as you follow these, your life will change as your subconscious become re-programmed into a new reality.”

Now that was a pretty heavy statement, Mike thought. I wonder what these are? Mike saw a new slide appear on the screen.

“First, learn to give and love without condition. Give it freely with no strings, expectations, or conditions attached.”

“Next, always train yourself to convert negative to positive. Be aware that everything that exists is in a form of vibrating energy that like you, has a purpose and an intelligence.”

“Next, perceive only for the higher good. There is no lower good and it is there to simply provide you with a contrast for what you do or do not want. Do not waste time thinking about what you do not want.”

Huh, thought Mike.

“Next, harmonize with all that exists as you are all interconnected and by harmonizing yourself, you also harmonize all that exists.”

"Then, you must always bless and be grateful for your perfection. You are all wondrous beings that have joy and abundance as you choose to manifest around you. Thank yourself and the Universe for providing it so."

"Live life in the NOW as the past and the future have residency only in your minds as perceptions. What is real is now.

"Know that you create your own reality, and that you have the power to create your world."

Why do these guys always tell you this same stuff, Mike pondered. They don't have to pay bills and take care of businesses that other guys are trying to steal. Mike was starting to lose interest.

"I want to now give you a secret to healing. You all have the abilities to heal others without medicine, or devices. The key ingredients to creating healing miracles are the placement of mind attention on the area, placing your mind in the heart, activating of intent to make it better, visualizing the end result, and the engulfing this completion with the strong emotion of unconditional love that is present in the moment. This all must be founded on a faith and belief that it can be done and is done. The degree of healing, the strength of the healing energy, and the magnitude of the result, is dependent upon these factors. The more they are aligned, in harmony, and focused, the stronger is the result, and the faster it happens."

"You must learn that the devices, the ceremonies, the methods, and rituals are simply there to create the focus and harmonize the energies to reinforce the beliefs. In reality, they are not needed and at the top of the tree of miracles is the magic star called belief. It is your belief that shines over the body and the mind which changes the subconscious affecting the body."

It was now 25 minutes into his talk. At that point there was silence. The Guru then looked down at Mike. It was as if he was on a spotlight and the crowd's eyes shifted to him. He wanted to sleaze under his chair.

"I would like to acknowledge the gentleman in the front row," said the Guru, "he has a special place in my heart, as I know he is dealing with energy transitions of his own. While he feels compelled to follow old energy ways in the financial conundrum of the changing times, he is also feeling the pull of the new energies."

"To him, and to others that struggle, I would offer the simple advice of embedding the Pillars of Wisdom into your lives, and then following the actions I gave you to create habits in your daily existence. Just as in the healing miracles steps I conveyed, your wealth miracles, and the secrets to abundance are one and the same. Each and every one of you can indeed co-create what your heart's desires are in the same way of focus, intent, unconditional love, and alignment of the energies of thoughts, words, images and emotion in your hearts. This will create the experience of what you desire as it is a request to the heart which is grace."

The words penetrated deeply into Mike's skeptical mind.

"Be aware, however, that you have all spent your lifetimes training your minds and bodies into a belief system that may not be so simple to reprogram. Although some may change this quickly—and this can be so—many cannot and it requires that a conviction be made to following what I have told you. Like breaking old habits, you may find that you need to create new habits to break the old. But know that you are already creating the energies of your life, and that becoming aware of this and following new energy habits is truly the secret to life abundance, joy, and even financial wealth."

"To this gentlemen here, I leave that message. Each one of you will have a different perception of what abundance is. And know there is no judgment on right or wrong. The secret to a wonderful life resides in the simple statements that I have given you. It has always been so and it will always be so."

"Thank you and bless you all."

As the crowd roared and applauded, the old man came down to Mike in the front row. Mike was totally stunned. He reached out his hands and engulfed poor helpless Mike in a hug. The crowd went crazy. Mike felt his body flash like a light bulb as energies pulsed through him. Mike, in awe, hugged back. That he did not do very often. He felt lightness in his chest he never ever had before.

The crowd converged on them as they surrounded them.

"Dear One," the Guru said, "it is with honor I give you my little booklet, and I know in my heart that you will be able to face your future with a wisdom that only you shall seek out and I know it will be wonderful for you and your loved ones. I wish upon you a wondrous new life and a new beginning."

Mike had tears in his eyes as he thanked the Guru and clutched the little booklet. By this time the crowd had totally engulfed them with cameras flashing everywhere.

With that, the little old bearded man turned and walked through the crowd back onto the stage then disappeared behind the curtain. A thousand questions came at him but he was deaf. In a total stupor, Mike turned and headed out to the elevator dragging a wake of questions behind him.

3 Now what?

Mike stood like a wood statue in a complete daze before the elevator. He heard nothing around him. Like a zombie, he pushed the elevator button. It was almost 6PM and he had to get to the bar to celebrate with his buddies. And there really was no escape. As the door opened, he recovered his drifting mind. First he would go to the room and drop off his stuff, then head to the bar. Yes, that was the plan.

Blinking message lights on his phone were to be expected as they were all excited and probably pissed by now. *'Where the hell are you Mike?'* were the five terse messages, *'get your ass down here'*.

As he entered the bar, his buddies rushed out to greet him. "Hey, Buddy, are you ok?" they all yelled, "We were worried about you. Here, grab a glass, we are going for another bottle of Champagne!"

Fortunately, the intense energy of the moment gave Mike a charge and he suddenly converted into his more bubbly personality.

"I just had a quick walk around the area," he lied, "no, I'm cool. Fantastic day!"

"Hey Mike, what did you think about the new project?" asked Sam.

Mike was not sure if he should really tell Sam what his gut was telling him. He figured a sideways approach may draw things out because he really did not feel good about it. But to suggest they were all like a den of thieves would not be a good idea, especially if there was a possibility of getting out of the mess they were in. He engineered his answer.

"Sam, I have to say that at first I was concerned about these guys looking very sneaky and having a whole lot of alligators in their financial history. They didn't seem to be too concerned about how they promoted their company and they were almost too agreeable to be comforting."

"Mike," Pete interrupted, "I had the same feeling and I have to say their financials have some pretty imaginative accounting in them. Their stock transactions may be questionable too. It was like it was too good to be true for us to get such a deal."

"Hey you two arseholes," interrupted Sam, "this is our salvation. Have you two got some better ideas? Cheers to success!"

Dead silence.

"Look, raise your glasses fellows. Not only can we get some cash in but this company is a promotional goldmine. Cheers!"

That stopped that. It was time to change the tone. It did not help the old gut for Mike though. It was worse than ever but he was trapped. Anyway, the Champagne rapidly dulled the nagging.

It was like old times now as their volume and exuberance got higher and higher. Five bottles later, they were becoming a bit of an issue in this quiet sedate little bar. "Gentlemen," said the bar tender, "you are going to have to tone it down or leave. You are disturbing the others."

"Piss off," screamed Sam, "who the hell do you think you are anyway? We are guests here and if you value your job, you better get your ugly face out of mine."

Sam was a big burly fellow towering over the skinny bartender. Backing off rapidly, the bartender headed outside to quickly return with the hotel guards who were not so small. It was time to settle Sam and retreat. While Mike settled Sam, Pete faced the group being as diplomatic as possible.

Mike decided to head up to his room, knowing he already had too much to drink.

Up in the room, Mike flopped his weary body into a chair. The dead silence of the room seemed to wake up his fears again. Mike really felt ill. It wasn't the booze, although it certainly made his mind flash randomly. It was the incredible contrast the day had brought to him. The BS still ringing in his mind, the financial crisis he had, and the doubt about the deal began to consume him.

Frozen in silence, his mind went into a boiling cauldron of hell frothing with fear and traumatic repercussions before him. What would he do? What could he do? How was he going to deal with his family and friends—and those creditors that were already threatening him? What were his options?

Suddenly, Mike spotted the little book the Guru had slipped into his hand. He had forgotten it. Like a refreshing flash of light, it flipped his awareness away from his frantic conundrum of fear.

The shrill ring of the phone cut through the new awareness like a knife.

Mike picked up the phone. It was Pete. "Mike, I got bad news, the client called the deal off because he found out that the SEC has launched a criminal action against us. We are going to have to stay another day and deal with this. Lets meet at 9AM in my room."

Cold shock and shivers of fear surged through him as his nerves froze and dropped the phone to his waist. Hanging up, he saw the message light flashing. Still in a stupor, his mind frantically scrambling with some rationale to what he had just heard, he poked at the message number. It was his wife.

"Mike," she reported in a trembling voice, "I have just been dealing with the bank that say we are in arrears of 4 months and in jeopardy of foreclosure. They want their \$20,000 by Tuesday or they take action to evict. Some very nasty lawyer phoned and said that you had to appear in court on charges of SEC violations. The IRS called and want to do an audit. They say you owe \$120,000 in arrears and penalties. Mike what is going on? I thought everything was going well. I don't understand. Please call me."

Mike then dropped the phone with a thud to the floor. He had not told his wife about the inability to pay. The company was not making money and his portfolio was a shambles. He had no liquidity and he had maxed out his line of credit, credit cards and loans. There was nowhere to turn as he knew his partners were in the same boat. Now Mike regretted that he had not shared this with his wife.

In his confused mind, Mike was seeing the house, cars, investments, and everything he had ever worked for vanish. Here he was at 50 years old and no idea what to do. Mike's mind was like a vise squeezing his essence of vitality and promise out of him. His body was limp and his mind was irrationally frantic.

Suicide! He could not bear to deal with this. This was the end. He could not face this. How? What could he use? Maybe jump out the window? Did he have a bottle of pills? Yes, he remembered he had some very strong pain killers in his bag. Maybe these would do it? But what if they didn't? Could he take these and be done with the terror he faced?

Ten minutes elapsed as Mike sat frozen in fear. Then something compelled him. It was time to get the pills. There was no sense to this kind of life and nothing could save him. As doom engulfed him, almost unconsciously, his eyes glanced at that little book from the Guru. Without any awareness of what his body was doing, he picked it up as it automatically opened.

His eyes fixed on the center pages that it had opened to. It was titled '*Belief: The Path to Miracles*'. Under this, it stated: '*Truth is but a perception of what appears to be real. Is seeing believing or believing seeing? Such is the ultimate question, the answer within which lies the secret to life. At the level of quantum energy, our subconscious is the link to all that exists. A mirror of all that is energy is in your mind; harness it and you have the genie at your command. What you believe is what you see. Seeing is believing is a limiting scientific box. Drop it and you can change your life. When you enter the state of quantum oneness which exists in the now, you have the realm for infinite possibilities.*'

For a tiny instant, Mike felt a sliver of hope come through his mind. His chest compressed as his heart cried out. Was he the one that was creating this life he was having? Was it energy he had created with his partners that was now manifesting itself? Did he have the power to change this? Was his fear just a perception of his mind?

Mike's mind drifted back to the Guru and what had happened in that short time. The glimmer faded as his ego became frantic again.

His mind instantly came back to the thought of dealing with tomorrow. He rose and went to the bathroom. Mechanically taking out the pill bottle. Almost unconsciously he filled a glass with water and came back to sit down. Placing the pills and the water beside the little book, he stared blankly into an emptiness of space.

Finally, in his deepest moment of despair, Mike reached for the bottle, emptying the contents into his trembling hand. He stared at it blankly as shivers ran through him like electrical currents gone wild. His heart, palpitating with the ensuing actions of choice, froze, trying desperately to offer a last glimmer of hope.

Michael, it cried out to him, this is not what you are! This is not what you are meant to be!

But Mike's agony was deep, cutting into his very soul. Life itself was of no significance anymore. He would not face the next night. Now, the handful of pills in one hand and the glass of water in the other, Michael Carpetbagger was to be no more.

Sinking deeper and deeper into his pity, consumed by his increasing fears, he drifted into a dark void of nothingness. Frozen in time, Michael's heart stopped.

4 The Angel of Love and Harmony

Mike could just faintly make out the dull images in the room when a faint light appeared from the little book.

He rapidly lost consciousness as the light opened to him—brighter and brighter. In his mind's eye a form began to take shape. It was a beautiful angel that began to materialize.

"Dear Michael, I am Shea-Ri, your personal Angel of Love and Harmony. I am, and always have been, your guardian angel."

Mike's mind was drifting. He was nowhere. It was an empty void. This was some hallucination. Perhaps it was an entry into hell? But he could hear this soft voice in his mind.

"Dear Michael, I am Shea-Ri, your personal Angel of Love and Harmony. I am, and always have been, your guardian angel."

Finally, the peace and warmth of the apparition in front of him prompted his mind to reply. "Who are you?" asked Mike desperately.

"I am your Angel," she answered softly.

"You mean I am dead?"

"Dear Michael, you are not dead as you can never be so. Your body is simply suspended waiting for you to decide whether the death of it is appropriate."

"What do you mean?"

"Michael, we are in your dream state. Although you do not know it, or care to remember it, you do this most every night. It is the time belonging to your soul—a time of meeting its family. It is a time when your body rests and rejuvenates as well. I am part of your soul's family and there are many others."

Mike seemed very conscious, yet there was no feeling of body around or in him. He was in a telepathic place with his mind away from his body. There seemed to be nothing but his mind. Yet he recalled everything about the day. This was very strange. Like a program stuck in a loop, Mike's mind was incapacitated.

"I don't understand," replied Mike as his fears began to mount. "Have I gone to hell?"

"Dear Michael," soothed the Angel, "hell is simply a perception of your mind so you must not think that. Here, whatever you think will be created instantly. I am here to protect you as I always am with you. You must relax and feel the love I send to you."

"You said I do this every night?"

"Not exactly like this night. But when you go to sleep, it is a natural function. Your body rests while your soul has its little vacation and your mind chooses its own experience. It is all natural. But this time, with the despair you entered into, it was like a short circuit where your consciousness had not yet gone into its vibratory state. So you are sort of in a transition space where your usual conscious mind is suddenly dealing with a more unconscious state."

"Is that why it is scary?"

"Yes, it is because your mind, in its normal waking state is not yet prepared for this so it is still tied to your ego which can create fear. When you go into a dream state, your ego is not there so your soul, heart and other beings can communicate naturally."

Mike was rapidly warming up to this strange situation. There was nothing around except them. He did not seem to have a normal body and there certainly seemed nothing to fear. "Wow. I do feel the peace and love from you."

"I am glad. Let me explain. If you think about your state in a day dream perhaps it will make more sense. In that state, you are conscious all the time but your mind can teleport you to anywhere instantly, you can create anything you wish simply by a thought. Although to you it is not real, the picture or vision you feel is as if it was. You may even have an emotional effect on your heart, or body by simply doing this. Whatever you can imagine in your mind's eye becomes your experience. In this state you control your fears if you want, or you can let them loose. But deep down you simply believe this is a harmless interlude and can stop it upon your will and intent."

"Yes, I see that."

"A dream state is the next level where your soul and your mind leave. They already exist outside your body so this is not a big task. It is all natural."

"Why are we here?" asked a very confused Mike.

"It is because your heart," she smiled lovingly, "asked for this to be so. To see if it was really the destiny that you would choose."

"But where are we? Did I not take some pills?"

"You are in a transitional world like your dream state. You meet me and many others like me in your dream state but you never remember our encounters. We all try to help you and coach you but you never remember. We also talk to you in your wakened state but you never seemed to listen. It is simply that you have not learned to listen to us but we are always there eager to help and guide you through times such as these."

"So why now?" queried Mike.

"You and your heart called out to us earlier today."

"You mean when I felt bad about our deal, what we had done, and when I met the Guru?"

"Your despair was so deep; it was like a call for help from your heart and inner self. The choice you were engaging in was one that did not seemingly fit your life path and we were there to help you, as we always are if you only ask."

"But how do I ask?"

"Normally in the dream state or in meditation when all of the ego's buzz and the mind fuzz of your life are silenced. Then you can hear us. At night we give you ideas upon awakening. You have begun to know this as a gut feel. Your heart will also speak to you."

"But am I not in a dream?"

"Sort of, yes. You are not in a dream state or in a wakened state. You are in between which is why your usual conscious mind state cannot grasp this."

"What did you say your name was?"

"Shea-Ri."

"Are you real or is it my imagination?"

"Your imagination is like your perception. It is real if you so believe it to be."

"Are you going to tell me my problems are just perceptions?"

"As has been your whole life. It is not much different from your daydream or dream states."

"Shea-Ri, my problems are real, not perceptions, and how can it be that I created everything?"

"Michael, tell me. If it was your perception that the client did not agree to go ahead because it would have led you into even greater grief and fraud would you not have a perception of relief instead of fear?"

"I suppose that is true."

"And if you understood that your SEC issue was there to teach you a lesson now rather than have you end up in jail?"

"Perhaps."

"And if your losses in the financial area made you realize what is more dear to you?"

"Well, they ain't dear if I don't have any money!"

"What if you understood that those laws of manifestation and responsibility were indeed the way things worked? What if you changed your mind to understand that as true?"

"But it isn't."

"Is that your perception?"

"No, that is my reality."

"Is it not your own perception of reality?"

"Huh?"

"Dear Michael. I am not telling you anything that you do not already know. You have simply forgotten and formed a different perception which has in turn created your reality."

Mike was perplexed. "What do you mean?"

"Michael, you once lived in the Golden Age of Atlantis in a previous life. That is the wisdom you brought with you but have forgotten. It is still encoded within you. That is why you paid attention to the pillars of wisdom when you heard them. Those pillars of wisdom are something that were indeed your life code once."

"You got to be nuts," said Mike.

Mike was starting to feel inquisitive and relaxed about this. This beautiful thing, wings and all had a most beautiful face. Her voice was so soothing. He felt so relaxed and at peace.

"Dear Michael, let us go into your life here. Can you understand how your words are energy that go out to attract similar energy?"

"Yes, I guess so. But I never looked at any of this as energy. This is just a human response to the words."

"Michael, if someone should yell nasty things at you, can you understand that you have a choice on how you would respond—either negative or positive?"

"True enough."

"Michael, you need to understand that all thoughts, words, images and emotions that you generate with your mind and body, are energies. And the way of all things is that those energies simply go out and attract similar energies."

"So if I cursed back, then I would send like energies back. But instead I could go over and give the idiot a hug. Is that what you mean? So what?"

"Then you would have cancelled the negative energy with positive energy."

"Are you saying that everything I have done in my life works this way?"

"Yes."

"And I could have created large energies in the past that are manifesting now?"

"Yes, of course."

"So if I have been kind and considerate to others, they would of course not harbor any ill energy, would they?"

"No, because the energy would be positive, and it would seek out more positive energy. And you would receive that back instead."

"Ok, I can see that it was always my choice as to how I would think, feel and create the intent. But I don't get it. How does this relate to create my life? What is this energy and why does it attract like energy?"

5 Why am I here?

Mike was now relaxed and at peace. There was obviously no threat here. This was actually very cool! He did not understand why except to know intuitively this was not a place where he would be harmed. He did not seem to have a body and actually looked more like a ghost. Yet he could see, hear, communicate, and remember everything he ever knew.

"Shea-Ri," he asked, "what am I?"

"Michael, you are an eternal being now in an etheric state. You are part of a greater consciousness which is everything that exists. I know you will find this difficult to believe but many know this as God. Your etheric state holds your soul that is the eternal connection to everything else as it is all one interconnected, living, intelligent entity."

Mike was puzzled. "Is that what is meant by the Law of One?"

"Yes, precisely, you have indeed paid attention to that Guru. Your actions affect every single creature and all that exists throughout the universe as it is encoded in your DNA."

"But I don't even have a body right now."

"You see, Michael, I can sense your thoughts and feeling as we communicate telepathically in this state. It is called a state of higher vibration. The body that you normally have to see, hear, speak, feel is not required in this state. You have not yet learned to pick up my thoughts but all of your abilities are still in this etheric body."

"Is that what gives the body life?" asked Mike.

"Yes, it is like a phantom anatomy that hold the spark of life to the body. The soul, which is the connection to your mind is outside of the body in this etheric state and it can leave at will—usually at night. When it decides to withdraw the rest of its consciousness from the body, the body ceases to live. But when it is resident, the mind is the connection between the etheric body and the physical body. It is the director between the two states of being."

"So my mind is the portal to all that exists?"

"Is it not so when you daydream? Everything you can ever imagine is there. There is no time, or any limits to what you can create, people or things you can see or sense. Do you not find it odd that even in that state, your physical body reacts as if it was real?"

"But in my awakened state it is different. Isn't it?"

"It is simply because your mind limits you with your beliefs. You must have heard of many miracles of healing for example that just happened but can never be explained in your scientific terms. Yet these happen because the beliefs of others are different. Of course your experts tell you this is nonsense but nevertheless, they are real. The variable is the mind—the beliefs of those engaging."

"So change your mind and your beliefs and you can do what you can do in a daydream state?"

"Ultimately yes, because your reality is only a perception of what you think is real."

"It can't be that simple?"

"It will depend upon your level of conviction and faith in your belief. Your world, and your training is focused on programming your subconscious—which is your computer of physical behavior—to act a certain way. Your mind and your beliefs must effectively reprogram this and in many cases, it takes continued persistence to create new habits that break old habits."

"Like quitting smoking?"

"Yes. It is dependent on your choices alone."

"Is that what the Law of Will is all about?"

"Precisely. The choice of what you choose to perceive, think, or feel, whether positive or negative, is unconditionally yours alone. No one or no thing can change that."

"That's not easy when your whole world is collapsing with negative stuff, like mine."

"Perhaps it is so but you still have a choice as to how you perceive these events and experiences, do you not?"

"I suppose."

"Then you must change this through your mind. As you give out energy, so you shall receive it back. That is the way the universe works."

"Is that what is meant by the Law of Karma?"

"You indeed listened. Precisely. All the thoughts, words, visions and emotions that you generated in this and other lifetimes come back to you in the exact measure in which they were given out. That is how you have created your reality."

"Are you saying that all of these issues that I am having with the company and myself, I created?"

"Yes, either individually or jointly, you created energy that went out like a universal memo to ask for energy that would be similar. If you have great fear, then you will get more back at some time."

"So if I create good stuff, I will get it back too?"

"Yes."

"Well how do I get rid of the bad stuff?"

"It is through the Law of Grace. Unconditional love is the way of the heart. It is Grace. Forgiveness and compassion offer grace. This dissolves karma and creates your balance sheet of blessing. This is your purpose in life, not to suffer as you are suffering now."

"What purpose is that?"

"You are a piece of the total consciousness—all that exists, or God. You decided to create a body sparked by life to experience senses in that form. This is the Law of Life itself, the basis of which is freedom, the result being expansion of all, and the purpose is joy. It is so you could expand and grow the One consciousness into a better universe."

"So we are like an army of split off entities, dealing with karma and the current world of negativity to change the balance sheet?"

"An odd way to see it, but true. The process of polarity—negative or positive—is there for you to experience and choose the light side."

"And if you don't, you get more negative crap?"

"That is the working of it, yes."

"So like all that religious junk, do I get punished for not doing this?"

"Ironically, you simply punish yourself. There is nobody or no thing that judges you. You create your own hell just as you have created today. Remember, it is your choice, dear Michael, your choice. And if you are a piece of God, how can God judge you? God, as you should, follows the Law of Unconditional Love. This is a state of acceptance and non-attachment which forms no emotional strings. When you choose love in this way, you set yourself and others free, expanding yourself and all that is. That is what God is all about—no conditions, only pure love."

"Well what about all the things that I did before that are coming forward to haunt me now? How can I deal with that?"

"You must make an effort to change this. You must make a start and imbed these laws in your mind so you pay attention to these workings. That is how you will change things."

"Ok, I think I understand this, but how can I do anything about my debts, my job, my investment portfolio, and my issues?"

"Dear Michael, this may be very difficult for you but look at each situation carefully. Take time to get out of your panic mode where your ego governs your mind and body. Sit down and try to list something about each that is positive, something you can be grateful for. Bear in mind that your worst enemy can be your best friend if he has taught you something valuable. View things from a higher perception of good."

"Aha, this is the Law of Responsibility, isn't it?"

"Yes, when you take responsibility for your thoughts, visions, words, feelings, and actions through your mind, you take mastery of your life. You are able to respond through simple choice in an appropriate way to all that you experience so as to grow and improve your life, and All That Is."

"Jeez, honey, that ain't easy!"

"It may be easier than you believe. Is it not your belief that tells you it will be difficult?"

"Well, it isn't going to pay the bills and repair my investments, is it?"

"Of course it will. Free yourself from these limits of belief. You must start a transition, otherwise you will simply create more and more hell until you give up—like you have done today. Is that what you desire?"

"No!"

"Do you know what you desire?"

"Yes, money and happiness."

"Do you have a clear vision of what that is?"

"Yes, we have many plans to get us there. I know, you are going to ask about the Law of Intention."

"Of course I am. The moment you gain clarity you can make decisions. This moves the universal energy to assist you to progress with strength. If your intention is pure, you earn no karma whatever the outcome. Are your intentions pure?"

"No, not always. We are more concerned with our own pockets and the ego."

"Then you will receive that energy which you project. It will return in some form of experience."

"The Law of Manifestation, right?"

"Yes, dear Michael, yes. Like energy attracts like energy. Your thoughts, visions, words, emotions, and deeds attract like energies to them and thusly you draw material things, people, and experiences into your physical life. You are the power that creates everything in your life."

"I have a chance to change all this don't I? But I have to change my ways, and my thinking?"

"Imbed some simple rules into your mind and eventually they will become your reality. Be aware of who you really are, and these simple Laws. Then build a life based on the pillars of action. Give love without conditions; convert negative to positive; Perceive only for the higher good; Harmonize with all that exists; Be grateful for your perfection; Live life in the now; and take total responsibility."

Mike was feeling guilt. "Shea-Ri," replied Mike in a subdued way, "I have really never ever believed in God, how can any of this apply to me?"

"Well, my dear Michael, do you believe in yourself?"

"Most of the time," he answered sheepishly.

"You must understand this clearly," she mused, "it is of no significance what you call the Greater Consciousness, whether it is the Force, or God, the Divine Spirit, the All-there-is, or whatever. If you believe in yourself, then you already believe in God as you are part of that cosmic, intelligent energy that most refer to as God. As you look at yourself now, that is what you are."

"And my body?"

"An expendable vessel to allow you to experience, be free, expand, and find joy."

6 Mike's phantom anatomy

Mike was now very relaxed and curious. He really did not understand any of this place and why he was there. He most certainly did not understand the state that he was in. Yet he was seemingly intact in every way except he had no distinct body. But he knew instinctively there was nothing to fear even though this was not any state he could relate to. Now he was actually enjoying talking to this very knowledgeable ghost who seemed to know everything about him! And he wasn't even talking! Then there was all this philosophy. What she was saying seemed to make sense but this energy thing was pretty perplexing. Shea-Ri felt this immediately.

"Michael, I must tell you more about your mind and body for you to grasp this. I understand that you cannot wrap your mind around this energy idea. You can see how you are simply energy now but you cannot understand how energy attracts energy and how you actually give life to it, can you?"

"Yes, it is confusing about how this is possible."

"Michael, your world of science is very narrow as to what it can see, just as your human senses operate within a narrow band of frequencies. But there is much, much more in the world you deem to be invisible. Your science understands that everything is vibrating energy, can you accept that?"

"Yes."

"You are certainly aware that invisible vibrating energy like magnetism will attract things. And gravity, an invisible force draws everything to it."

"Yes."

"Your science also tells you 98% of everything that exists is space—nothingness. If you look for these things scientists call atoms you will see a different picture, especially when you use your microscopes to look deeper. It is your brain and your senses that tell you it is solid."

"Well, it looks and feels solid to me."

"Because you are designed that way. Your science tells you that atoms consist of a nucleus around which electrons orbit at very high speed. When atoms are hit by a photon of light, that which you are made of, one of their electrons jumps to an orbit further away from the atom's nucleus. But the electron doesn't do anything as ordinary as your normal playground jump; it actually disappears from its orbit and reappears in a new orbit further away from the atom's nucleus. That 2% of the universe you think you understand is having lots of fun playing hide-and-seek as it disappears and re-appears elsewhere. The universe is one huge disappearing act."

"Huh?"

"If your eyesight were good enough, that space between electron orbits and their nuclei is vibrating energy in wave state. It is what they call quantum energy."

"Shea-Ri, that's a whole lot of energy! So how do we see it and feel it?"

"The only reason you feel anything to be solid is that all electrons have negative electric charge. In your language, two negatively charged particles repel each other. When atoms in your skin touch something, your skin's electrons repel the electrons orbiting the nuclei of the atoms in what you touch. That is why objects feel

solid. If all electrons did not carry negative electric charge, your hand would pass through everything you tried to touch. You would be a ghost living in a ghostly universe.”

“Like now?”

“Yes, like now. Your reality is that over 98% of you is this nothing energy and over 98% of what you touch is nothing. The sensation of touch and solidity is a very clever, precisely calculated illusion created by the interactions of your brain-sensory system and the mutual repulsion of negatively charged particles. If electrons did not all have negative charge neither you nor the universe could exist. You would have a severe case of the existential blues.”

“Hmmm.”

“Your quantum science tells you that everything in this nothing is vibrating in one of two states. You, through your senses, either see it as a solid state, or you do not. Either it is in a quantum wave state where nothing has materialized awaiting your consciousness to do something or it is in a quantum solid state where it has materialized.”

“Oh, I did not know that. You mean we are somehow changing the charge of the electron?”

“Your quantum scientists, although they cannot explain consciousness, know that it is a major component of material existence, and that everything in a quantum state operates under some laws like magnetism, has intelligence, and vibrates like everything else. We of course know this force as total consciousness or God.”

“Hmmm.”

“It is through your body, and its sensory system that you can experience things in solid form. You have not yet accepted that you can also experience imaginary things the same way, even though when you day dream you can affect your physiology and body chemistry to create a physical result. And more important, you have not realized that your body, working with your key energy centers, can create energy patterns that follow their own laws of behavior to go out and find like energies—so you can experience these. You see any experience, and the situation that creates the experience, are patterns of vibrating energy.”

“What are these energy centers?”

“In your Eastern cultures and ancient knowledge, they are known as chakras. These are part of your etheric life force and are superimposed on your physical body. They are invisible vortexes of electromagnetic energy lines that connect the physical with the life source energy. It is like sending your electricity through your computer boards to give them life. Of course these energies have certain functions, unique frequencies and structure as they are entangled into the physics and electrochemistry of your body.”

“And these are the centers that create energy and manifest things?”

“Have a close look at yourself. Look inside. There is no body. You are like a ghost with colored energy points that are projecting out from your central vertical axis. They are spinning in figure-eight orbits. Can you see seven of these and lines of connection everywhere?”

“As Mike looked down, he saw into his being—into this cloudy body shaped outline. It was like looking into a sparkling moving universe of stars and strings. It was awesome!”

“How come I did not see this before?”

“You did not look for it. Your attention has not been there. It envelopes a physical body. Notice the vertical energy lines? And can you make out the large donut shaped spiraling energy around the central point where your heart would be in the physical body?”

"Wow! Yes, what is that?"

"These are all meridians and ley lines that interconnect you the physical with the other you right now. The donut is a torus of energy, the place of creation where quantum waves can change. These all work within the universal laws of manifestation and the energy that is created is done by you—your mind and through the help of the sensory systems in your body."

"You mean I cannot experience the physical here?"

"No, there is no physical here. You pass through things physical as the senses you have cannot connect with their sensory counterparts to pick up and translate the energy. What you think you are feeling now simply comes from memories recorded in your consciousness."

"You mean my real body is dead?"

"In a sense it is until you return and give it life in that physical world."

"Shea-Ri, that is scary shit. Why do feel fear?"

"It is because you know the energy of fear, so you draw it from memory as an associated reaction to being scared. But you are not truly experiencing it from a new, original situation."

That really un-nerved Mike. He was silent as Shea-Ri continued.

"In your body, there are these seven major energy centers. These parts are the invisible energy connections between your body physiological and psychological areas. Each differs as you proceed upwards from the red energy center to the white center at the top of your head. These all influence your physical and mental functions."

"So what are these for?"

"Let me simplify the centers for you, relevant to the energies they can create. At the very top of your head is the crown energy center. It is where thoughts originate. The next one called the mind's eye behind the brow. It is where images and visions are created. Next is the throat center which is dedicated to communication—like words. After that there is the heart center that creates emotion."

"And so what do I do with these?"

"These are all invisible vortexes of energy that live in a quantum state your scientist are now learning about as the Zero Point Field. You use these to create new energies of thought, visions, words and emotions—knowingly or unknowingly. Not only does this create energy with life and purpose, they are projected out to draw—like gravity-- like energies."

"What do you mean by like energy?"

"If you should create fear as an emotion, then you will attract more fear. If you use harsh words, they will bring harshness back. If you see clear visions of what you desire, then that is what is sent out. The clearer the focus and intent is, the clearer is the result. If you are vague and scattered, then nothing of any clarity can be sent out."

"So it is not the actual act that comes back, it is the experience of something similar. There are more below the heart area."

"Yes. The next one down is where you receive your gut feelings in the solar plexus area. It has to do with action and intent. The next one is the sacral area and has to do with relationships, and finally in the bottom of your spine is the root, which is concerned with materialism and survival."

"These seem to go from invisible to visible."

"Yes, and the balance point, the most powerful energy of all is the heart, the center of love and emotion. It is your place of Grace. You and your mind must strive to manage these energies that can create negative or positive energies in such a way as to balance them through the heart."

"I need to attain balance. How?"

"By balancing the needs of the ego concerned with the lower three material, visible energies with the upper three which are the invisible spiritual energies."

"And getting rid of energies that come before you from outside?"

"Yes, it is so. This is important for anything that you are faced with in your reactive life. But there is another aspect of those things that you call proactive. You must know something else that you have begun to see. Your mind generates the energy of thoughts, and then projects these outward and inward through your body. The body adds images, emotion, then creates intent and action. It then connects with the universe to generate an event. A reaction, hence an experience, comes back to you in the form of a perception of that event."

"Ok, I see. The energy process changes from non-physical to physical, ending up in the non-physical perception again. And around and around the wheel goes. It is like a series of generators."

"Yes, dear Michael, it is so. These subtle energy centers are those you use all the time but they are not managed directly by you so you receive whatever you generate unknowingly."

"In other words, starting in a non-physical world, I know a thought, see an image, speak some words, and feel an emotion. This may or may not prompt an action, right? You say we do this every day without recognizing the process."

"It is so. And assuming an action is prompted, from that point, you move into the physical world. By using intent, you will yourself into an action which will allow you to relate to others and physical events, thereby allowing you to have a material experience."

"The process illustrates how subtle energy manifests from a non-physical thought to a material experience as you add energy. Everybody does this every day as I have but did not realize that thoughts and images worked like words. I can understand how it all creates energy that is strongest when these are united."

"True, what you did not pay attention to is that the thoughts, visions, and emotions were equally powerful and even more so when they are aligned on the same desire."

"Yes, Shea-Ri, I did not."

"You see, my dear Michael, once again understand the top three are non-physical while the bottom three are physical, with the heart as the balance point. Do you see how the bottom three are essentially ego driven reflecting survival?"

"Yes, there is the will to live, have relations and acquire physical comforts in the physical world..."

"While the top three are spiritually driven?"

"Yes, there is the higher knowledge or spirit, vision or intuition and truth, reflecting non-physical life concepts. I really see how unbalanced I have been."

"It has been your choice. No one will judge you."

"Except myself?"

"Yes, but in the perfect situation, these energy centers are supposed to be balanced by their counterparts. Do you see that?" asked Shea-Ri.

"Yes, thought above balances material below, vision balances events, and words balance will. They are balanced by the emotion of the heart. That is called balancing, alignment, and coherence of these energies, right?"

"Yes, balancing through the heart which is unconditional love."

"Yes, and then each one can be positive or negative so it is a four way balance point; material-spiritual, positive-negative."

"Well done. You can choose negative or positive and live a material life of hell or heaven. The idea is that if you want a joyful life, your experiences and perceptions should be focused on the positive energies where harmony, peace, clarity, and joy dominate. That is the perfect world of course. The truth is that these are simply choices you make. Understand that when you choose negative or positive perceptions, trigger thoughts, add emotion, you create subtle energy to find more of the same energy."

"So by managing this to produce positive energy packets, I can work towards that perfect world of harmony, a good life and Heaven on Earth."

"Yes, and by not managing this process, the energy feedback loop simply responds to whatever thoughts, words and emotions you are sending out by default."

"Because I am not balancing with the top counterparts. So I think, see, talk, and feel negative."

"That is because you do not follow the basis of life in harmony with the rest of the rules. You do not really have freedom as you drum to others opinions and rules. Your expansion of life is filled with deception and greed, and it is not surprising your joy is illusive."

"It's because of my weird relationships."

"Relationships are to teach you what you do want not what you do not want. You are preoccupied with the fear and anxiety of what you do not want and it consumes you."

Mike was silent. It was so true.

"And the most important relationship is your body with your eternal self; your soul, your source, or God, or whatever you wish to call that which gave you life and purpose. It is your being right now and it is reflected in your heart which is why it is designed to balance the material ego with the spiritual you."

"Yes, I can see there are two of us. I am non physical energy that extended into a physical me and became two parts that both exist at the same time."

"Your habits have become the opposite of what should be to keep the two of you in alignment?"

"By alignment you mean a good relationship between the two me's?"

"Yes, the spirit is represented by your heart energy, and the physical you represented by the physical heart. Everything has an invisible counterpart. To be in alignment, you would know by living an unpleasant experience, you would ask for having an improved one. Your inner being would then be aware, focus on it and become it."

"I ask for more."

"You decipher physical reality through physical senses which you call reality. Everything you perceive as physical is vibration and your life is a vibrational interpretation. When you give thought to something you begin the attraction process of that subject into your life experience. When the thought-vibration is given attention, the progression of expansion occurs. More attention equals more active vibration, like a vibrational asking."

"I have been doing this all my life?"

"And other lives as well. Each request goes to your inner being and is put in escrow into a vortex of attraction of all requests in the quantum field."

"Then the law of manifestation responds to this desire drawing all things necessary for answering the question or presenting the solution?"

"Yes, everything in your life comes from vibrational asking. You get what you think about whether you want it or not either by deliberate intent or by default. It results in people, things, experiences, and situations. But when you give attention to something not aligned with your other self, you feel bad and become separated. If you are aligned with the heart which is love and harmony, power and clarity of it supports well being. And you feel good—called joy—your reason for life."

"So always pick the best feeling thought to maintain alignment between the physical and non-physical me."

"Yes, and everything else. It and your emotions are your guidance system to tell you what is right or wrong for you."

"Shea-Ri, I must tell you this is hard to believe."

"Dear Michael, a belief is a thought you keep thinking over and over. Perhaps you need to stop thinking that. Your physical world is an extension of nonphysical energy and creation. Everything you now behold was created by conscious attention of source energy; it is the continuation of creation. Everything you see is tangible, visible, audible reality was once swirling in a vibrational vortex of creation. First a thought, then a thought form, then reality as you know it."

"Beliefs are continued thoughts that form a pattern of vibration. Without doing something about changing that pattern nothing can change in your experience and you will have no deliberate control of your desires or what you have become."

Yes, what I have become is not what I want to become, thought Mike. But it is too late.

7 Help me I don't get it

Mike was very confused. What was the point of this anyway? Ok, it was all pretty reasonable to understand some of this but what good was there in knowing it now? He didn't even seem to be Michael Carpetbagger any more. Where was it going? Now he knew he screwed up his life, so what? If he was dreaming this would all be forgotten anyway. If he was dead, it was of no significance. If he was on his way to be reincarnated, all this would be forgotten. If he was going to hell then what good was this? Punishment for being a dork? If he was going to be this etheric apparition for eternity and go back to being a piece of this God thing then what?

Shea-Ri heard Mike's conundrum drumming through his consciousness.

"Michael, you must relax your mind and simply get your questions answered. All your answers will come to you as I am here to help you understand. Then you can make your choices. That is why I am here. You have a different destiny than you have thought you had and I want you to understand this. Have you ever considered that this situation may simply part of your path?"

"Shea-Ri, ok, ok, you say I have a different destiny. Can you tell me about it?"

"I would prefer to take you there."

"Will you?"

"Yes, but you still have many other questions about this energy in your doubting mind."

Taking a moment to settle himself, he began to slow down the storm of thoughts and stack several pertinent questions in his mind. Ok, he would continue to play this out and see where it all went. Wasn't much else to do here anyway, he thought. Then he would insist on knowing about this destiny thing.

"Shea-Ri, lets settle things on me creating this crazy life that I didn't want. I would like to know how this manifestation works. Let's make it simple. What if I sat down and wanted an apple pie? Can I manifest it?"

"Let us assume you begin to say '*I love the taste of apple pie and would love to enjoy it.*' In your mind the thought of apple pie conjures up magnificent smells and tastes, to which you might add an image of the pie. Perhaps your saliva glands get activated. You have taken a simple thought from your head and brought it downwards into the heart area where you added the emotion. You have aligned the energies and your heart certainly agrees that it is a good alignment as well because these are all positive energies."

"And then the result is to find an experience to equal that energy pattern?"

"When the energy you have created drops into the swirling vortex centered around your heart. This is now in the Zero Point Field where everything resides; in a quantum wave state not yet materialized into anything. That energy you gave life to sits there in escrow as an energy pattern that represents a pie."

"What is this Zero Point Field?"

"It is the lowest state of energy vibration that everything exists at in a wave form. It is what your scientists refer to as empty space. This is before you apply your senses to feel it, see it, smell it, hear it, and taste it. I only use these terms for you because you are stuck on these scientific ideas of yours that have created your belief system holding you back from expansion. It is a quantum physics term."

"Ok, thanks, I appreciate that!"

"What you new science has clearly begun to admit is that your old ideas—what Newton physics is all about—is desperately lacking. All energy is in one of two states. It is either what appears to be solid looking like the pie made of your atoms and electrons, while the other is in this unmanifested vibrating wave state waiting to become something that appears solid, like the pie."

"And how does that happen?"

"That is what perplexes your scientists because what they find is consciousness is what makes the transformation. They find when you put attention on the wave state with some expectation or possibility of what a solid thing would be, then that is what it appears to be. They call it the observer effect. Because no one scientist can explain what consciousness is, they cannot explain how this works so they simply ignore it as unexplainable, meanwhile following the old rules of Newtonian physics."

"So what one observes manifests the outcome?"

"There is a process in this new physics that they agree on and it is called entanglement. You see all your energies are operating at a quantum level not yet formed into some possibility. What happens is that two patterns can become entangled or joined by the consciousness of the mind, through observation. This can be thoughts, emotions, visions, or items that are already in the quantum state. Putting attention on these as possibilities can then collapse them, as they call it, into that possibility, like a vision of the outcome."

"And create the pie? Shea-Ri, that's nuts. And if that is true, the scientists make their facts and rules of behavior up from what they themselves control the observations on!"

"Michael, welcome to reality. That is what your belief system is made up of. That is why it is called a fact. If you check the meaning of fact, you will find it means something made up."

"So is it the mind that collapses the waves?"

"Within this vortex of swirling energy reside quantum wave energies that have not yet formed into an outcome. As you align energies by more and more attention, clarity, desire and emotion, they vibrate stronger and stronger setting up a morphic field. This morphic field then resonates with and projects out from your heart center so as to seek out and attract like energies. Whatever you project is what you get.

"Do you mean I suddenly materialize a solid pie from these waves? Like a magician?"

"You must think about this as materializing the experience of eating the pie, not necessarily suddenly materializing it. This is not to say that you cannot materialize it. Let us first continue on how this works. Let me explain think about a scientific process called entrainment."

"Jeez, what's that?"

"If you should pluck a guitar string, let us say a G note, it sets up a vibration or resonates. Then other G strings would begin to vibrate softly even though they may be across the room. That morphic resonance you set up entrains with others of similar vibration just because those other strings were tuned to G."

"And these energy centers of mine are like these guitar strings?"

"Yes, in fact they are the same seven musical notes from A to G, but needless to say, the patterns they can create can get very complicated. Think about those seven simple notes in music from which you can create a concerto. That would obviously take time to attract another similar concerto but it is the same process. Once that vibration pattern is created, the time to locate the like pattern to yield the experience depends on the magnitude of the request, the clarity of it, the strength of resonance, and the degree of alignment. It may never happen in a lifetime in which case you would carry it forward."

"You mean I am carrying all the shit I created from other lifetimes could still be there?"

"It is so, but remember, you have the ability through the Law of Grace to eliminate the karma."

"You mean the bad shit that happens?"

"Yes, that is so."

Jeez Mike thought, that must be why I am getting so much crap happening in my life.

"Perhaps Michael but you are also creating more. And yes, you are playing the desired concertos unknowingly. You are the one conducting the orchestra through your different instrumental sections called chakras. At some point you must break out of the ever-consuming loop, stop feeling sorry for yourself, being fearful and full of anxiety because it feeds the furnace of negative energies playing the same music. You need to conduct some new music."

"Yes, I can see that. If I was only projecting the emotion of fear, then that would attract something that brought more fear. I would have no idea what it would be or when it would occur. I wouldn't remember this or even correlate the event and the emotion. But depending on the strength, somewhere along the line, I would encounter another experience of fear."

"True."

"So why don't I get a pie instantly appearing in front of me?"

"How do you know it won't?"

"Because I know it can't."

"There you go again with your limits. Can you create a pie right now? Just use your mind to do the same thing. Think about that pie."

Mike shut out his sight momentarily and thought about a pie. When he opened his eyes, there it was. Now totally befuddled, he said: "But I am in an etheric state, not physical. It is like a dream, your said so."

"Yes, that is true, but I wanted you to realize that you can indeed do it, you have not realized how. In fact you did not specify exactly how. But let us move to the so called solid state of that pie. As far as the pie is concerned, in your 3D physical form you could have put your request out and got the experience several ways. You could have gone to the fridge to find one. Perhaps you could go and buy one, or even make one, or perhaps someone could arrive at your door with a surprise. Perhaps it takes minutes or days but it will arrive in some form to give you the experience of that delicious pie. And in addition, what makes you think that as you become better and better at this, that you will at some point NOT be able to make the pie appear instantly in the form you are used to? Why carry this limiting belief?"

Mike was not really satisfied by that.

"What if I wanted a million dollars? Is it the same process?"

"Yes, of course. But again, with larger and more complex patterns to collapse into new possibilities or attract a new experience, you need more power in your vibrations. The clarity, the focus, the alignment, and the height of vibration play a major role in how much time will pass before it becomes an experience. Your orchestra is made up of the energy centers and the subtle energies of thoughts, images, words and emotions. How do you want to play them? Do you let them play their own tunes or do you want or choose the piece?"

As Mike thought about this, he realized that this was not much different than putting together a business plan, or anything else for that matter, even playing his guitar. A trip, a project, all these required some focus, attention, and effort to achieve the end result.

"Yes, it is so, but with one large exception, Dear Michael. When you begin to understand these energies and how they work, it is the focus on the solution, not the problem that is important. Focus your energy machine on enjoying the result, not working at the problems to get the result, let the Universe find a way to meet the goal."

"Geez, that is hard to believe!"

"Understand that your words have power. Think about the difference between I wish I had a million dollars and I have a million dollars. Can you see one sets up more wishing while the other enjoys the conclusion? Your choice of these energies is crucial."

That penetrated Mike's mind like a dagger.

"Perhaps the way you can get your mind to accept the idea of instant manifestation is through an unexplained phenomenon called healing miracles. Do you know much about this?"

"Yes, most are a scam or some religious fanatic smacking people around to heal them. It is all nonsense."

"Do you not know of someone in your life that has been healed without explanation?"

"Sure, but these cases are not within the medical explanation."

"So does that mean that they do not exist?"

"Well, if they can't be explained, how can they be credible?"

"Nevertheless, people have been healed instantly, right?"

"True. I know of several cases."

"Then does the perception of credibility eliminate their existence? As a pragmatic left brain logical individual, would you not conclude that if only one exception to the rules exists that the rules must be incorrect?"

Mike pondered.

"We have just talked about science and the Newtonian particle physics being inadequate. Yet you have formed your beliefs and your rules on the basis of these being your truth. Are you going to cling to the belief that these are nonsense because an explanation does not exist? Do you actually consider the miracle cases of instant healing non-existent simple because they do not fit within the facts? Are you that close-minded that these cases simply do not exist?"

Mike pondered. "No, I admit they exist," he replied sheepishly, but what good are they to me?"

"To wake you up. To make your mind open to limitless possibilities that you are blocked from. Those that reside in the Zero Point Field of the quantum possibilities. Those that you do not think possible. Those miracles of energy manifestation that you are already doing unknowingly."

Mike thought silently. He knew she was right. It was always the experts that knew everything but Mike knew also that the vast majority of experts, when it came to the stock market, were always wrong. He also knew that the science fiction of today many times became the reality of tomorrow.

"Miracles, especially healing miracles, are a special case of the manifestation process we have talked about. If you care to research this, you will find millions of instant healing miracle cases that cannot be explained but nevertheless occurred. Would you like to know how these occurred?"

"Yes, how?"

"You will find that a multitude of energy healers have evolved beyond the religious nuts as you call them. It is a product of our changing times. These healers use various devices, procedures, and techniques to create miracles but in reality they are only facilitators to the healing process. These people, and admittedly there are suspicious scams, have many, many documented cases of healing miracles that cannot be explained by medicine or the experts. The successes do have common denominators."

"Oh?"

"Yes, as a facilitator, the healer will first of all create an environment of belief; one that facilitates an end solution. It could be through a ritual, a ceremony, various devices, or something that will allow the patients belief system to open itself to a possibility of healing. In many cases this is done by a form of guided meditation, getting present and eliminating the high level brain activity noise."

"Is that like getting into the alpha state in meditation?"

"Precisely, it is now entering the quantum state of waves, out of the day to day noise of your 30,000-40,000 thoughts. It is called going inside. But regardless, the process is one of setting the scene with others to create the right morphic energy field."

"Next, they will place attention and focus on the issue at hand. Here they are using the mind to pick a wave pattern in the quantum field, and another one in the mind which reflects an image or different wave pattern reflecting the solution. By doing this, they are effectively, and in most cases unknowingly, entangling the two patterns. Now with the assistance of the heart, enter the realm of the Zero Point Field of all possibilities and with the help of the heart, collapse the old pattern into the new."

"That's it?"

"The heart is a reflection of Grace—the Divine. It is the command center and has a powerful morphic field 50 times stronger than the brain. It has neural cells like the brain—the control centre—but it can be easily overridden by the heart which is the command center. In order to do this, the healer must enter the heart zone, initialize the attention, remove themselves from an outcome, and simply show faith in the solution by showing gratitude for it being done. Of course the morphic field from the healer and the client that projects unconditional love further amplifies the energy of completion. Now how they deploy the heart center is variable. Some run energy through the hands, some use crystals, some regress to find the cause of the issue, some, use chi, others use and sense energy dysfunction. There are endless techniques done by shamen, songomas, witch doctors, energy healers, all over the world. Nevertheless, the underlying process and partnership with the heart; the center of Grace is the same."

"How do you get into the heart field?"

"Again, it is a process you choose as there is no right or wrong because it is you, your mind and your belief that allows it. It can be done by so saying it, eliminating the outside noises, or using a little ritual to enter it."

"Like what?"

"In your mind, take a pebble that would be a reflection of your normal solid atomic state, and throw it into a pond. It disappears and waves or ripples, a reflection of the quantum state of all possibilities, appears on the surface. Simply watch the ripples and detach from all else. By your very intent and focus, you will be there in the field of all possibilities."

"And the healing occurs?"

"In many cases instantaneously."

"Can anybody do this?"

"Of course. Be aware that many spectacular cases of bones realigning instantly, tumors disappearing, cancer being healed and many of those that have been condemned as dead by your medical experts have happened. But also bear in mind that the facilitator is not healing. The body and Grace are."

"How does one learn?"

"Some are more gifted than others. Some need to develop just as you develop any skill. At the root is the need to believe it can be done. It has much to do with your level of vibration or the level of ascension."

"Shea-Ri, I am confused on the two processes, like the manifesting of the pie and the manifesting of the miracle."

"Both are fundamentally rooted in the same process. One relies on the attraction of existing patterns into your vibrating morphic field to give you the experience. They are attracted from the outside. The other is from the inside where you actually create or collapse a totally new outcome. But they both work best through the Zero Point Field and Grace. Eventually you will realize that there is no difference."

Mike's mind was now reduced to mush. Shea-Ri had totally collapsed his reality into new possibilities. He was beginning to understand but now what was this ascension. He had heard this several times but what did it mean to him.

"What is this level of ascension stuff?"

"Ascension is the process of attaining more light in your body, getting lighter so to speak. The way to do this is to spend more and more moments in your heart—the center of love and harmony. You see, as the universe is founded on the power of love, you are simply aligning your body and mind with this force in the universe. As you synchronize more and more with this force, your body becomes lighter and lighter so you ascend. This ascension process takes you through different states which you humans refer to as 3rd, 4th, 5th, and so on dimensions. The lower the vibration, the more solid you appear and the less control you have on your existence."

"So a rock would be 1D and an animal which behaves instinctually is 2D, while humans are 3D?"

"Yes, it is much like that, but humans are not all 3D. Many have evolved much higher. They are all around you but you are simply not aware of it. These times you live in as Michael are special times where a large mass of humans are evolving rapidly. For example you are in a transition state of 4D—5D like a holding area where you can go to 6D like me, or back to 3D."

"What is this special time? What is the big deal?"

"It is a time when the major planetary cycles are coming into unique alignments every 26,000 years and it is a shift in your global and individual consciousness. The time is 2012 and as we proceed, because of the change in consciousness, all have a choice to change from 3D to 4D and upwards within a shorter time period. We will speak of this shift later but first let me explain the ascension process to you."

"You must be referring to the Mayan thing that attracted me."

"Yes, I will take you there if you want, but that will be later. One of the big changes is that as you ascend, your body changes properties and new abilities awaken. It takes much less time to manifest things and eventually becomes instant."

"Like in a day dream?"

"Precisely. As you progress up the ascension ladder, you approach what you can do in a daydream—without having to leave a physical body."

"Wow!"

"The key to this is that each of your energy centers has specific purposes and capabilities. The higher top three chakras have spiritual functions like intuition, psychic abilities, and many other abilities that have become subdued, forgotten or atrophied because of your preoccupation with this scientific observation of facts limitation. It is referred to as left brain function which is logic based. These can be activated and their properties deployed through ascension, as you until they rise to a certain vibratory level as fueled by positive energy. The strongest positive energy forces that do this are love and compassion. The energy forces that stop the process are fear based."

"So once higher energy centers are activated, there is a change in energy properties. Eventually given sufficient energy, they evolve back to the original energy form that is part of the greater consciousness, right?"

"Michael, the best way to understand this in your Earth context is to consider water and fire. If you begin with a piece of ice and put heat under it, you will get water that has some different properties from ice. Water is less dense and it is vibrating higher. If you continue to heat the water it will eventually change to steam which once again has a higher vibration and different lighter properties."

"Ok, I can understand that."

"If you should contain the steam and continue to heat it, the result would be to reach the highest point of vibration which is pure spiritual energy in the Zero Point State. Again it has different properties but it is still energy. The energy has simply ascended to a higher place of vibration. What has changed is the vibration resulting from the special energy source of fire as it *ascends* to a higher place. That is what is described as ascension."

"Ok, I can understand how like the ice, this can be applied to any physical matter to reach the eventual higher place. So are we supposed get fire under us to ascend?"

"No Michael, you are so funny! If you burned the body, your spirit would ascend, not the body. In the human body and the subtle energies within it the catalyst is not fire, it is the positive energy produced by the mind and body subtle energy systems. The strongest being unconditional love that lives in the heart—the center of Grace. It is what connects you to what you really are. The lack of positive energy, like the lack of fire, simply leaves the subtle energies and the body vibrating at a lower solid state."

"What else happens?"

"As the body become lighter—by attaining more light—new properties evolve or are set free. These can be healing, teleportation, levitation, mind control, telepathy, mind reading, remote sensing, energy sensing, all that woo woo stuff that your scientist laugh at."

That went right by Mike. It was far out. He had to think about this. It stopped his mind from doubt momentarily. Ok, he thought, I will leave that alone for now. Mike was now confused about the whole purpose of things.

"Shea-Ri, I am still fumbling with the life purpose. It is to expand local consciousness and awareness to continuously improve existence, and thereby improve the greater consciousness from where we have come, right? Why do we have to forget the larger awareness when we take the lower vibration of the physical form?"

"Michael, it is the same as in this reality where you are now. You could not understand things and see or communicate unless your vibrations became synchronized with the surrounding environment."

"So now I am my etheric counterpart of pure high vibration energy. Normally I am trapped, working through the physical form. I have an eternally expanding directive but have to perceive life, observe, imagine, ponder, know and feel through a lower vibration human body. So my consciousness was placed here to explore this space time reality and experience it through my senses and further expand the universe."

"Yes, Michael. By living through self improvement you improve the world, and the greater consciousness--if you choose so. And every day, as you perceive things for yourself, you give birth to new desires and ideas as they are born from the contrast and conflicts you are living."

"But it does not work that way. Look at me living a terrible unproductive life."

"Let me tell you this. What you must learn is that this agony you are having is to point out what you do *not* want. You must then use your powers to create energy of what you *do* want."

"You mean all these things that happen through my life experiences are supposed to stimulate ideas of improvement and expansion within me?"

"Yes and many people do that by choice. If not, you must embrace what you want and fully support the vibration of the energy you create. Regardless of what you create, you must deliver an experience reflected in that energy regardless of what it is."

"Shea-Ri, I am starting to form a new picture of all this. What you are saying is that the universe has been following orders from me and my energy generators. You are following directives to a tee, taking the energy signatures and presenting me with the type of energies I am projecting. It all simply follows the rules of energy manifestation to find material events and experiences."

"Michael, you may say at this point that you did not order up the kind of life you have had—full of turmoil, conflict and anger."

"Right, Shea-Ri, why would anyone do that kind of stupid thing?"

"It is because you did not understand the laws of energy, and worse, you do not remember who you are. You have not managed the energy to get what you wanted. Because of your focus and attention, you may have asked for, and received the opposite of what you intended. Remember you are playing the music."

"Shea-Ri, our world is one of the bad news channels of life. It is full of religious conflict and financial insecurities that conjure up a continuous diet of negative energy. This draws everyone in."

"Not everyone. There are many who have ascended above that. You have simply not attracted them. It is a choice. If you play different music, you will attract a different audience. And regardless of how bad a situation may be perceived to be, someone else may think the opposite. You will find that humans still find miracles and they raise vibrations."

"Fair enough."

"Michael, you see, the law of manifestation is always at work. You attract all of it through your experience—no exceptions. It all happened fast here. Your thoughts and emotions are like a magnet attracting the essence of your thinking and feeling. You get what you think about and what you think about is what you bring about, whether you want it or not. The larger the thought grows the more power it has to draw others like it unto you."

"The difference here is that it is instant!"

"Yes, because you are in higher vibration energy where there is no time, like in a dream."

"And because in the lower plane, the time between the thought and result varies, I do not correlate a thought, image or emotion with any end result. Shea-Ri, I have certainly learned to pay attention to how I think and feel because I can attract negative energies."

"That, my dear Michael, is proper energy management. On Earth, the speed of creation is dependent on the attention, clarity, and the emotion added to the desire. Pure desire equals true positive emotion, so it is the focus that is important and the intensity of the emotional surcharge. In addition, focus and faith are your true powers. Love vibration is of course the desired energy because if synchronized with the desire of an end result, it is creating a positive harmony in the body."

"So the attention and focus amplifies it as it activates vibration."

"Yes dear Michael, if you are focusing your attention on worrying about illness, then that is what energy you are projecting. If you add the fear of getting sick, that draws to you what you do not want."

"Geez."

"You must change the direction and content of your attention. Nothing can come unto you without you attracting it."

"Wow, Shea-Ri, I never ever looked at it that way. If I resist something, I am focusing on resisting it and therefore activating the vibration. The conscious awareness of an intention further intensifies attraction."

"You have learned all you know through practice and experiences in situations that you alone created."

"Yes, it is so. And you must always pay attention to this as there is a penalty if you do not."

"Oh?"

"When you are not aligned or balanced, your vibrations do not improve. If you are generating negative and disharmonious energy, the result is to feel awful, suffer dis-ease, then disease, possibly even die. Now there is no judgment on this as it is your choice. So not only do you get more of the same but you create dysfunction and disease in the body. When your energy systems are out of balance, they have a direct impact on the health of your physiology and physics. It is simply a matter of your own choice."

"Are you saying that issues of disease and dysfunction are a result of imbalance of energies?"

"And the tension, anxieties, traumas and energy blocks or dysfunction from past lives that are carried forward. Just like stress will eventually manifest itself in heart disorders, every energy dysfunction which arise from past experiences eventually surfaces or manifests somewhere in your mind and body. You must never forget that."

"But I can learn to get rid of these?"

"Yes, dear Michael, yes."

8 The big investment in life

By now Mikes' mind was like scrambled eggs. Some of this made sense, but most of it was not penetrating. He wondered if he were back as Michael what he would do with this information; or even if he would remember it and this beautiful angel at all. His mind was another quantum vortex, like a conundrum swirling in opposite directions trying to form something he could grasp.

Shea-Ri sensed she must try to relate this information to his old ways. "Michael, you are thinking about your life as Mr. Carpetbagger."

"Well, I can tell you, this would not be so easy in Mr. Carpetbagger's life! He has had so many disasters and has probably got a big shit load of this karma to work off. It is all just such a negative world. I don't know where I would even start."

"Dear Michael, it starts by understanding and believing those pillars of wisdom. Every day your mind generates perhaps in excess of 30,000 thoughts that you seem not to care about. If you believed they were the culprits in creating your life would you change them?"

"But they are automatic. How do I do that?"

"Michael, you are an investor. It is your current way of life. Why would you not invest some time in following an investment program in a new life. What about investing in your own energy to change these old habits of yours? What would it hurt?"

That got Mike's attention instantly. "Investment?"

"Look at it this way. You have 24 hours in a day like everyone else that creates energies. Let us call it your energy fund. You are going to take responsibility for managing this fund a different way. Within this fund are four portfolios. You are going to take the management of the fund away from your broker—namely your ego and take responsibility for managing it yourself. You, through your mind are going get a new advisor to four energy portfolios in the fund. You will let the heart be your advisor to what makes up these four portfolios and how to make them grow."

"I see where this is going," replied Mike, "I am going to let the heart manage my thoughts, images, words and emotions!"

"Not exactly but you are partly correct. There are rewards for this, remember. Your portfolios are made of four different assets. These relate to the way you create the energy. The more positive the energy, the higher the value of your investment. The more negative the energy is, the lower it falls."

"Hmmm, that's pretty interesting, go on."

"Your initial investments in the four portfolios can be apportioned into four types of energy generating activities. The first two portfolios are *reactive* energies. One is a result of your thoughts you create from the news, the media, your television, papers, what others tell you is truth. Let us call this group *media*. You, listen, hear, see, read and you react. Perhaps 60% of your total time in the 24 hours is of this nature, is it not?"

"Maybe even more."

"Your purpose is to not react in a negative way. You do not think negative thoughts, you do not add negative emotion, get angry or say things, or do things that are not in alignment with the heart."

"Hmmm, that could be hard given the state of our world."

"Remember it is there to teach you what you do not want, and focus on it, not the reverse. If you react instantly in rage, it is your ego. Simply stop the thought for three deep breaths and you will find the ego subdued and the heart takes over. Then create a new reaction that sees a good reason for the issue, or do not react—keep it neutral. Recall that you are investing in a future life of goodness, so the more goodness you can energize, the more you build up the value of that portfolio."

"Ok, positive grows the asset, negative diminishes the value. And the second?"

"The second portfolio also comes from outside of you and is part of the reactive. It has to do with events that happen to you that are seemingly not under your control. Let us call it *events*. You have a dreadful accident, or you get involved in a terrible situation. This may account for 10% of the energy fund. Your immediate ego instinct is to clash, react, or do something that you may be sorry for later. The focus here is to not do that. Do not create a huge energy action that is negative. Try to see some reason that this occurred to you and read something good out of it. See in it a lesson of what you do not want."

"But what if it is a terrible thing that you have to take on with a vengeance?"

"It is your choice, but if your portfolio is to build rapidly, this is the place you can make huge strides. Many of these are a result of old karma or negative energy in escrow from the past. If it is a terrible problem that puts you in fear or hatred, leave it alone for three days to get the ego out of it then you will have time to look at it with the heart in mind."

"The next two portfolios are *proactive*—those energies that you yourself can create in your own time. The first is easiest described as *free thinking*. It is the time you spend letting your mind simply generate thought about whatever is on your mind. This can be 20% of the time, or 20% of your energy fund."

"You mean thinking about people and experience, and task and stuff?"

"Yes, when you create a thought about your own personal affairs, is it about your feeling of inadequacy, doubt, fear of the future, crisis from the past, not enough money, or feeling sick? Or is it how great the world is, what you have to appreciate, what is good. What is your focus? To add to the positive investment energy in your fund, add positive thoughts. Do not let any negative like it pisses me off, or I hate this, or I feel crappy, etc. Learn to stop this and convert it. Do not give it negative life."

"The last portfolio has to do with plans. We will call it *plans*. You may have 10% of the fund allocated toward this. These energies are for investing in major desires, solution, passions for you to manifest. Here, rather than being focused on the problems, like not enough money, having to work hard, do this do that to get more money, change the focus to the solution. Feel the energy of completion, add the emotion of enjoyment, be grateful for it being done, and put the positive energy of completion out to the Zero Point Quantum Field to attract. Place this energy in your fund. This may be a very small part of the fund but it can have an immense effect on the positive energy of joy that can result in your fund and its future value."

"Shea-Ri, that is very smart. I really like that idea."

"You will begin to see a dramatic change in your life as your fund grows from positive energies. Your objective is learning to generate new positive energy or convert more and more negative energy until there is no room for negative events and experience to enter your day. It is like your own business where you take old energy companies that are failing, then put new energy into them to be successful."

"Hey, that is cool. What about all the old shit that is maturing from before?"

"Of course, you will have residual energies in escrow that are looking to materialize. These are there as your lessons that through the Law of Grace you are converting. Celebrate them as a great opportunity to create a big impact in your fund. They are indeed great opportunities. That is your challenge, is it not? Is that any different than the challenge for you to find a company that than can grow nicely for your clients?"

"I see your point."

"Then?"

"Yes, it makes sense. It is something that I would have to work at."

"New habits to break old habits?"

"Hmmm."

Mike pondered this. He was imagining how this portfolio worked. It certainly made sense, but it did not get the demons away quickly, or solve his monetary issues. It seemed that while he was loving himself and loving everybody, he was putting his guard down and getting screwed by others.

"Dear Michael, I know it is a hard reality for you to accept. But where are you now? Are you not already screwed. What have you to lose now? It appears that you have already lost it. Do you think that more worry and fear will serve you better?"

"Yes, I guess you are right."

"Michael, you will learn to be aware of your inner and outer world to manage the energy better. This is simply taking responsibility, working with the heart to create deliberate management and guidance. It is your key to the joys and passions. Your fund will reap incredible profits to you."

"This is how I can follow a passion that I prefer to do and enjoy, isn't it? But is it still not the ego that is instigating selfishness?"

"Your inherent philosophy should be to take care of yourself first. Be selfish to satisfy your joy, passions and desires. If you want perfect health, prosperity, great relationships, and harmony, think about choosing these, firing up the positive energy burners and feeling them. Feel the emotion which creates the strong vibration. If you are happy with yourself, and love yourself dearly, you will automatically love and help others."

"As a manager of your portfolio, you are going to be the inviter, creator and attractor of what you want as well. But understand that there is no list of right or wrong. What one deems right, another deems wrong. Everything begins in a neutral state until you alone qualify it by your own belief, judgment, and choices of polarity. You then become a powerful magnet attracting more of what you choose to create."

"And if I am negatively influenced by others and my own old habits which create doubt, then my belief system is out of alignment. If something does not come, it is because I am focused more on its absence."

"Yes, Michael. Focus on the end desire; the completion of the result. By managing the energy, you will bring more and more compatible events and circumstances into your experience. But you must first alter your belief system and accept you have the right to be or to have whatever you want. Learn to think about only what you want and see whatever you want to see. Those are some of the many lessons you have learned here."

"Always remember that every question has an answer. Every problem has a solution already sitting in the quantum field as a fulfillment of your request if you make it. It simply waits for you to align energies with it so it can materialize for you. It is already there waiting for your mind to complete the possibility."

"How can that be?"

"Because there is no time. All that exists is now. It is all a continuous stream now moments replacing the last. There is no past or future except what your mind records and creates. So the solution must already exist as a possibility in the quantum state. It is there waiting for your mind to collapse the wave patterns. The act of enjoying it and feeling it reinforces its manifestation. Everything is already. It simply has to be drawn to you by your actions alone. Do you understand clearly why your life has been the way it is?"

"I think so. It is because every event, circumstance, meeting, and experience has occurred because of what and how I have been thinking, wondering, pondering, seeing, and imagining somewhere in the past. I have been thinking my life into being differently than I thought, through thought. My energy fund has been focused on negative or unclear energies."

"Yes, it is a paradox, is it not? You have ordered it that way by energizing your subtle energies of the past. All your thoughts and emotions have asked for what you have received."

"Michael, what do you now think about how you control of big events—like an earthquake, or a storm, or some other catastrophe?"

"Hmmm, I don't want to be there."

"You are funny. Understand there is a global consciousness that is a composite of your local consciousness and everybody else's. These are at work manifesting larger things. Although the dividing line between the local and global events are at best difficult to rationalize, the point of it is that whatever these events are, you have a choice on how you perceive, and react to them. And you do have a choice of being part of them."

"Oh. How does global consciousness work?"

"The same way as your personal one. This financial purge that you see on your Dow Jones stocks is a mood withdrawal from supporting it. It is a mass change towards selling not buying. Is that not a mass consciousness?"

"But you are talking about manifesting things. Like big events."

"Understand that within a framework of what appears solid—like the planet—that is also a conscious living thing, the consciousness of all people interact for the purpose of experience. That energy, depending on the strength and focus, can rearrange matter, and attract certain events that reflect the type of experience. You all evolve and interact together and individually within this changing energy framework."

"So mass consciousness creates larger global events and the Earth itself creates her own events?"

"Yes, it is so. There are four main Zero Point Vortexes of Energy, each one being inclusive of the other, like a hologram. They are all swirling vortexes of energy in a shape your scientists know as a toroid. The smallest is a photon, that which everything is made of, even you. The next is the heart that can be 8 feet in diameter, the next is the Earth and the largest is the universe itself. Each contains the information of all that exists. Each can manifest into a possibility that you can experience. You are all part of the same consciousness."

"So everything is simply part of that consciousness. But what is subconscious?"

"Subconscious in you is the memory of all that exists, as well as the life force that controls all your vital functions. It is the energy systems you have learned about that are within subconscious that are the life force and are always working at healing you and keeping the body alive."

"So the conscious part is like a front end filter to the subconscious. Is that where the orders for what we want energy to go to?"

"Yes, it is so."

"Then things like autosuggestion and hypnosis that can access the subconscious to create miracles and have people do things unknowingly later is the same process."

"Yes, the body simply responds to the subconscious. That is its duty. It is there to respond and keep your life force active. The subconscious knows how to heal your body. It knows how to keep you alive when you sleep or

are unconscious. It is the portal to your DNA and your body as well as the Zero Point Field of all possibilities. It knows how to respond to the energies you create.”

“The subconscious is also part of the greater consciousness and knows all there is to know.”

“It is so. All you have to learn is how to communicate with it in your conscious state.”

“Is that what prayer and miracles are all about?”

“Michael, prayer is something that religions have distorted. But nevertheless, it reflects a specific high vibration process by which the subconscious and the heart, the center of Grace, is accessed. It matters not what you call this because it is simply a matter of convincing yourself and your subconscious that a miracle of health or prosperity is within your faith. When you do that, through whatever process you choose, you instruct the subconscious to manifest the experience or result the way you request it.”

“Just like hypnosis and auto suggestion. But does prayer not have a specific format? Why is that?”

“Again prayer is only a process and the rituals that are placed around it are only different ways to convince your consciousness that these things are possible. It is all part of creating faith. It is a direct communication to the heart—to Graceland. But yes the format is indeed relevant.”

“Like what?”

“The generic process is based on the result and the solution already existing so you are simply drawing forward to you and having the faith that it is done. It means that first you acknowledge that such power and results exist, second stating exactly what it is that already exists, and then showing gratitude for having it.”

“So I would say I am alive on a wonderful place of abundance, money comes to me easily, and thank you for providing me with a million dollars?”

“Precisely, but what else have you learned about it?”

“That I think this, visualize the result, speak it and feel the emotion of it being done and me enjoying it, then it becomes so!”

“Yes. if you do that several times a day, then you are reinforcing your belief and confirming your faith.”

“And the stronger the faith, the more you can create miracles like healing.”

“Your world is already filled with evidence that this is so, regardless of whether your best scientific minds want to admit this or not. But there is one more key in this, the joker in your deck so to speak. Do you know what it is?”

“Yes, belief. It is the joker. It can sabotage all of it, right?”

“Correct.”

“Shea-Ri, I am confused about this now thing; that time does not exist.”

“Your life is simply a record of memories held in your consciousness. It does not exist once it passes except in your mind or in your cameras. It is no more real than a set of frames in a movie that sit there on a DVD waiting to be played. Anyone can edit, erase, or change it. It does not sit somewhere as any physical thing. It is in your mind that can also change it. What you have not yet experienced sits as a possibility waiting to be called out by your mind to experience. It simply sits as vibrating waves of Zero Point Field as a potential something that has not yet been formed. And any possibility you can think of can be created, so it already exists. That is why there are infinite possibilities.”

“So now is like filming a movie, each frame being a moment. The next replaces the previous to form a continuous string of moments that are created or attracted as we move moment to moment.”

"And that is entirely up to you as you have free will. Dear Michael, I have only shown you what you already knew. But what you must know now is that you must never forget the power you have but need to wake it up. It is your way of thinking and your belief in yourself that must change."

"I can see that. I need to think like I am prosperous, or I am healthy, I am happy?"

"Yes, you are what you say you are."

"Yes, I do understand that."

There was silence now as much had been said and so much had been learned. Shea-Ri was pleased.

Michael was very quiet. Shea-Ri knew what was next.

"Shea-Ri," asked Michael quietly, "what is next? What am I to do now?"

"You must make a choice."

"What choices are those?"

"What would you like to do?"

"Will I ever forget what I have learned here?"

"Only if you do not intend to remember."

"What do you mean?"

"You are simply used to going into a dream state during sleep and not remembering. That is your status quo. If you create the intention to change that then it will be so."

"You mean it is like a day dream state where I remember all that I imagine when I snap out?"

"Exactly."

"But I am not in a dream state. I am in some sort of limbo."

"True."

"Can I go back to my body?"

"Yes."

"I cannot die?"

"You are eternal. Have you not seen this yet?"

"And you are always with me?"

"It is so."

"What do you think I should do?"

"It is up to you. I cannot interfere with your decisions."

"You said I had a different destiny. Can you teach me about who I was when I learned those codes of wisdom?"

"It would be my pleasure."

"How do we start?"

With a big smile on her face, Shea-Ri said: "My Dear Michael, why don't I take you there."

9 A Golden Age it was

Shea-Ri touched Michael on the arm, or what was shaped like an arm, and like a swish of air they floated outwards. As Mike looked down they were flying above the beautiful blue ocean. Then they seemed to go into a cool mist. Mike amazed that he could feel the mist. He seemed to have senses that were much more expanded. Why does one need a body he thought? Then suddenly below them was a most incredible site.

Mike had no idea where this was but it looked like a scene out of the movie Jurassic Park. As they flew, Mike was totally conscious. They began a descent into a city that sparkled like crystals. Nothing about this was familiar. Strange structures poked out of a dense matrix of color.

Suddenly it was gone. Like speeding thought, the scene changed. They were in a strange chamber-like room. A white robed man with long white hair was standing there looking at them. As they approached, Shea-Ri greeted him. It was if they were long lost friends.

"Michael," she smiled, "this is Valdor. He is a Maji, a highly ascended being in the city of Atlantis. Because of his highly evolved state, we are visible to him and he can communicate telepathically with us. I wanted you to meet him."

Mike was instantly in a déjà vu state. He knew that he was deeply familiar with this man. What a strange feeling. What a strange place this was. Mike did not feel like he had a physical body, yet they were all communicating and acting as if they were. Valdor picked up Mike's thoughts.

"Michael, I am deeply honored that you have visited me. Shea-Ri is my Angel as well as yours and we communicate often. We are communicating telepathically as you have entered a parallel dimension. She has told me that you need to revive your memory about Atlantis and the Golden Age. But first let us feel the wonder of meeting with you while I give you some history. Then we shall go there to visit who you were before me."

"But Atlantis is a myth," thought Mike, "it did not really exist."

"Michael," answered Shea-Ri, "that is simply what your history teachers have lead you to believe. Remember how the past can be re-written? Atlantis was real and in fact still exists in a parallel dimension along with your own dimension. Let us leave that alone right now and let us get a brief history that led to one of the most magnificent 1500 year periods in Earth's evolution, called the Golden Age. We are in fact in the later history of that Golden Age now."

"Shea-Ri," wondered Mike, "is Valdor actually me? I seem to feel this intuitively and I am not too intuitive."

"Oh but you are intuitive, especially in this state. Yes, he is a projection of your own mind and what is in your subconscious. In this way you are able to speak telepathically to your projection thereby merging the experience and the memories of both lives into one."

"You mean two parts of the mind are communicating? How is that possible?"

"It is like you sitting and daydreaming about a past trip to some special place. You sit there and think if you can recall an event. As you do, that event is drawn into the present and they are both in your memory. This is how your questions to Valdor about time and dates can be answered by yourself from a perspective of the year 2009 which is your other life time. You are communicating with yourself in a parallel dimension. You are both projections of your reality."

"Yes," added Valdor, "I am aware of the time you have come from as the year 2009AD or 2009 of your years from when your civilization initialized your calendars. I am going to tell you of a time which would be some 98,000 years before that. You understand that we do not have time measurements like that as we are concerned more with cosmic movements of our planet relative to others—founded on one day of the Sun. So I shall answer in your time spans."

"Ok," Mike responded with some confusion, "that is fine."

"You need to understand that humans are all seeded from the stars and that there have been several attempts to create an ideal human civilization here on Earth. This has been going for about 100,000 years. These cycles have been failures and one of the more recent cycles ended around 50,000BC."

"We are star seed from 100,000 years ago?"

"Yes," replied Valdor, "let me tell you the story. At around 52,000BC the seeded civilization had advanced to the point of high technology which had been given to them from other galaxies. They eventually used these to try to control the forces of the planet. They detonated underground nuclear bombs to create earthquakes and all perished. Their spirits then returned home to planets from which they came. As a result, the Earth shifted its axis and created an Ice Age."

"Understand that before this, interference from highly destructive forces and chaos in the cosmos resulted in a cry for help from the higher realms. That call had 5 and 6D beings retrograded into matter to restore balance in this 3D theatre. However, as I said, it ended in failure."

Fascinated by this story, Mike listened intently.

"Around 28,000BC, the next cycle began as the Intergalactic Council met to reseed the planet. They were the group overseeing this project, representing the Federation of Planets. It sent invitations out to the galaxies. This Council related to twelve High Priests who were highly ascended Masters brought especially to lead these affairs on the planet Earth."

"At any given time there were twelve High Priests and Priestesses dealing with the activities on the Earth. At approximately 20,000BC, a clarion call resounded throughout the Universes for volunteers to take part in the final experiment of Atlantis. Millions responded but only 64,000 were chosen at first. The original twelve High Priests were appointed to lead and serve the people in this new cycle. Each was in charge of one of twelve designated regions of the continent of Atlantis."

Mike was relating this to the Star Wars movies and the Jedi. He wondered how close that story was to this one. Maybe he was just dreaming another movie? Valdor ignored this and Mike actually picked up the telepathic response that this was not a dream, as he would eventually realize. He continued with the saga.

"They were so evolved that they vibrated between the 5th and 6th dimension and never took a partner as all their energy was devoted to their task. They lived in a special place they named the Temple of Poseidon and worked together to create and operate the great Bio-dome over Atlantis, which controlled the weather and atmospherics.

"What time are we now?"

"Yes, let me back up a bit in time. At this point in your time line, we are around 16,000BC. This was a magnificent time where we were in complete harmony with the planet, and we elevated to the higher 4 and 5th dimensions, thanks to these High Priest and Priestesses. They in fact trained people like us, who we call the Maji."

"What exactly does this dimension stuff mean as it related to this period," asked Mike.

"In your current time, you exist in the 3rd dimension. This is simply a level of vibration that you attain as you move from the solid physical to the more etheric state. As you have learned, your etheric state is actually at the 5th dimension where I exist. Shea-Ri is in the 6th. As you raise vibration you become more harmonized with higher frequency functions, teleportation, telepathy, psychic abilities, levitation, and so on."

Mike already had the picture of this. "It is like the application of heat to ice that changes states and properties. I take it that the positive energies of love do the same. Shea-Ri has already told me of this."

"Yes, I am aware of that. In your time on Earth you are moving from the 3rd to the fourth levels."

"Is that why there are so many people coming forward in this New Age move?"

"Yes, I am sure that Shea-Ri will take you there as well."

Mike was curious about what happened. "Valdor, how did this seeding take place?"

"When it was finally decided to try again, cosmic engineers introduced DNA from master races and higher realms to create homo sapiens—the crystal species galvanized with love and high intention. They created four distinct groups. One was the Engena, the Black Negroid race on Earth. They were designed for strength. The red race from Pleiades were chosen for the heart. The yellow people were logic based and the White came from Orion. They were the explorers."

"These are the four main groups on Earth in my time!" declared Mike.

"Yes. They have their roots here. So with this decision to seed a new civilization, certain highly evolved beings were assigned tasks as High Priests to become the rulers of the 12 tribes. They were chosen as those with specific energies. These chosen people teleported or came in ships."

"So we are a creation of master geneticists, seed of ancient civilizations with 12 DNA strands?"

"Yes. But to incarnate the people who volunteered had to lower their frequencies thereby forgetting their divine origins. The question posed by the Galactic Council was whether they could master physical form and maintain oneness with all that is, and live in peace and harmony. The Priest could but could the rest?"

"How could the Priests do this and not the others?"

All were of 5D and 6D frequency but when they congealed into lower frequencies, the resultant behavior was still unknown. The Priests had learned to move interdimensionally and rematerialize at will, never forgetting anything."

"I guess they had nothing to come to?"

"At this time on Earth, only the basic natural elements of earth, water, plants and nature awaited them. The Priests materialized basic life support things for them but they were essentially dropped into this wonderful paradise to learn all about their senses."

"How many came?" asked Mike.

"7000 came into each 12 tribes. This was a total of 84,000 souls that were half male and half female genetically encoded with 12 DNA strands."

"How did they survive?"

"Through the guidance of the 12 Priests they set out to survive in this wondrous place. They pooled their talents to live and instinctually cooperated towards community survival for the higher good. They arrived free of karma

and followed spiritual pillars of wisdom that you are now familiar with. These were taught by the 12 Priests and high vibrations angels like Shea-Ri who helped them. They made simple dwellings from nature, organized communities, created needs, temples, pathways and used temples to worship and offer thanks for what they had been given. They lived in the moment joyously celebrating all things they had with no concept of tomorrow. They lived as one in total harmony.”

“Each temple eventually had a crystal which connected to each other as well as to the generator crystal in the Temple of Poseidon, the main energy station. This way they drew their wisdom from the galaxies. But that was much later. Let’s stay with the early days.”

“So this is where the pillars of wisdom evolved?”

“Yes. That was their code of life as taught by the Priests of the 12 tribes.”

“How did they learn to survive?”

“Although they forgot their divine origins, these humans were still of ethereal quality. They sensed at a cellular level all energies. There were no secrets, shame, fear, or separation so they acted as one. They automatically assisted each other in any time of need because others were aware of needs.”

“They must have had other abilities as 5D and 6D beings?”

“Of course. Each had psychic skills. They were telepathic, healers, and they could sense other’s feelings. Originally, they did not give birth through a mother but through their DNA design, each longed for their male or female counterpart—their soul mate. When they found each other, there was no sex without love. They could experience the wonder of the senses and what was there. They knew peace and harmony.”

“Were they always guided by the Priests?”

“High Priests were original the providers until later. They slowly taught them who they were, the power of crystals, mind control, levitation, and the ability to manifest. When they thought people were ready they would show them how. Once survival was learned, more souls were invited. Once the two halves found each other they began to birth through their bodies. This became a blessed union of mental caring and sacred relationship of unconditional love. People died only by choice of goal, knowing it was only a passing to home.”

“And of course they never had anything to fret about?”

“Everyone helped others, karma was not created, no ownership, greed, or separation could exist here. They evolved mind energy materializers that placed needed products into collective pools. Money was not needed. All was telepathic so all needs were known and met immediately. The Priests helped maintain this energy. They always assessed and drew out the talents. Each had a self worth and joy, were balanced, and engaged in their creative abilities. There were no issues so they were happy and healthy, living in total harmony with their surroundings.”

“It sounds like they lived a very simple life, even though they had these abilities. What about animals. Where did they come from?”

“Animals first came in service, same as the humans. They were also telepathic, living in harmony with all else. Domestic animals were introduced from other planets. They were treated like humans and enjoyed being of service to each other. Dogs were children’s companions teaching them unconditional love. Homes were simple, natural, and rounded to be in harmony with spirit and sacred geometry. Work was communal. People could teleport. Much was handmade even though later it could be manifested as it encouraged the joy of creation with the senses. They loved their gardens for food and relearned the divine force in all. They eventually knew they were god as they were taught this by the Priesthood.”

"It just does not sound real. It is like some fairy tale. And they could teleport?"

"Yes, but many preferred walking. In the beginning they all had these abilities just as you do now in your state. The lowering of vibrations temporarily made them forget how, so they effectively had to relearn what they already knew. But with the Priesthood to guide them, and the deep coding of the wisdom within them, there was no need for struggle, competition and complexity. Love and harmony were their way. All these gifts and abilities were simply there for the common good of all. They loved others, never killed for food, always asked permission, lived a simple life filled with music, singing, and being fit."

"Why not just fix the body when it broke. Why do the fitness thing?"

"They worshipped the body as a wondrous machine. Ironically, they preferred to walk in the forest rather than teleport because it kept the body tuned. To them the magical body when combined with the mind could give them anything they wanted so they automatically kept it fit. But later, as crystal healing technology and temple were introduced, these were indeed used to fix or repair those who had fallen into dysfunction or were hurt."

"As time progressed, all worked with nature, knew plants, understood herbs, and attuned to other's needs. Harmonics, empathy, power, crystal power, healing, hydroponics, and the use of light were normal abilities."

"To Atlanteans, the trees were lungs, the keepers of wisdom. Soil was rich. All was for the highest good for hundreds of years."

"How did they ever evolve to where we are now?"

"As they grew and learned, a system of crystal technology was taught to them—for healing and energy. As they evolved, the Intergalactic Council, through the cooperation of the Priests, would download information through the crystal network to help them evolve better and better. As their numbers grew, the complexity of their lives grew as did the demand for teaching. This type of information was downloaded as you would read a book, take a course or do something to help you expand your mind and abilities. It was all to help expand the goodness and life joy—to improve the consciousness of the One."

Hmmm, that sounds familiar, thought Mike.

"They built advanced roads, air busses, and controlled frequencies and energy. As challenges occurred and unbalanced chakras, Priests healed or taught others to fix vibrations."

"So they got more and more powerful?"

"It was a natural evolution. They controlled weather, built stone structures by levitation, used crystal power for gatherings, learned to tune in with the star system, knew about reincarnation, spirit, angels, and guardians. It was indeed a magical time. They lived with what you know as mythical creatures. They communicated with elves and fairies. They learned to communicate interdimensionally and intergalactically."

"A simple life totally in tune with nature and the basic love driven culture! Wow! It is hard to imagine."

"Michael, there is no need to imagine. It is real and still in your mind."

Mike turned to Shea-Ri. "Shea-Ri, you mentioned I lived in that time?"

"You still do and I will take you there after we leave Valdor. It will help to revive your memory."

11 As they evolved...

Shea-Ri's comments rang like bells in his mind. Revive his memories? Yes, this was getting to be fun. Go to Golden Times? Wow, that would be cool. Now Mike was really curious about the evolution of this Golden Age. He was thinking about the incredible power they had. And yet they lived so simply. Mike began making a comparison to his own time.

"Valdor, you said we are at this instant at a different time than that Golden Age?"

"Yes, we are several thousands of years forward of that time. We are at a point of that highly advanced civilization after the Golden Age that created cities and intergalactic travel. All of this has been deleted from your history and presented as a mystical tale."

"I am really curious to learn how this highly evolved civilization used this incredible power they had and what happened?"

"Michael, you must understand that what you have created in your lifetime through technology, was inherent in the ability already resident in the mind and body. This is something that you have not realized. For example transportation is not needed when people can teleport. Communications systems are not required when people can be telepathic. Medicine is not required when crystals and natural healing can be used. Energies from the planet are not needed when crystal power coupled with the mind can be used."

"How did they actually create energy?"

"The Intergalactic Command with the High Priests placed pure high energy in the biosphere over the continent to control the atmosphere. This provided control of weather, earthquakes, and separated Atlantis. This energy blanket was like your ozone but was an electricity network like a spiritual internet. A great crystal in the main temple was linked to a network of crystal pyramids, high above Earth; acting like satellite computers for magnetic energies. Pyramids were antennae powering cells on Atlantis; like your wireless phones. It was a power system like your electricity grid. People and things plugged into the crystal energy grid to draw energy."

"Wow!"

"On the ground large crystals would draw from a global grid to create light, heat, transport, and for everything that needed power. The great crystal in the Temple of Poseidon was the interdimensional portal to the cosmos."

"The Temple was the key generating station?"

"The Temple of Poseidon represented the Law of One in sacred geometry, simple in design with a huge quartz crystal. Crystal chambers were used to focus and accelerate healing and rebalance."

"Crystals were used for everything. They were used to speed up, enhance, energize, store, and transfer information. They were used in meditation to connect and to help with dematerialization, teleport, levitation, and transport. In addition to creating the power to light homes and run transportation devices, they also controlled weather.

"Just like our power grid and communication systems with wires. Wow," thought Mike.

"Crystals were used for training, and unification. The heart was the power and the mind was the switch. The mind activated crystals for light and energy. These became the recipients and transmitters of information which

the High Priests and the Intergalactic Command would use to send information and to transfer knowledge while in the meditative state.”

The power of the collective consciousness! Wow! If we could only figure that out thought Mike.

“They had been taught how the collective mind could be used with crystals to create the power systems. They learned a mastery of mind over matter to create energy through mind light. They knew that in all homes, there was a central worship crystal, and the temples had great spheroid crystals. The heart central collective mind charged these in guided meditation for the well being of all by focused intent. Here the energy was channeled into the crystals, drawing electrical charges through special coils of generators to light and energize channels above ground.”

“That is just like our silicon computers,” thought Mike.

“The secret they learned was that the cosmos of soul is a pure vibrating energy totally in consciousness constantly transmuting into new states. Telepathy was simple tuning into a frequency and entrainment. That is how manifestation occurs. It is like your quantum physics that has discovered two states of cosmic energy. One is perceived as solid while the other awaits consciousness to be perceived as solid.”

“I am certainly getting to know that. So Atlantis people prayed together in guided meditation to energize crystals?”

“Yes, one must drop to lower brain functions to filter the unwanted conscious activities out. This is how low frequency magnetic pulsations alter brain and neurochemical activities.”

“Yes, so they created the mind light generators and in a mind link ritual they created invisible power grids which harmonized with the Earth.”

“Exactly.”

“Valdor, I am curious about your management structure here. Do you have some sort of hierarchy?”

“In the beginning, 12 highly ascended beings were chosen with different characteristics to become the leaders of the 12 tribes that were distributed through Atlantis. They were directly connected to the Intergalactic Council and received communication that way, to then relay these to the people. As many of the people were highly developed as well, and evolved rapidly, when they believed new information was required to be distributed to the people, the information would be transmitted through the Temple of Poseidon, then out into the 12 Tribe central crystal structures, then out to local people and their home crystal which they focused their minds on.”

“Yes, I understand that.”

“In this way the Priests were always looking for new entries or Initiates into the Priesthood. They set up several levels to do this and each level would depend on the level of consciousness evolution.”

“You mean like level of vibration?”

“Yes, there were 4 classes that started at the Novices, graduated to the Adepts, then the Maji like you and I. Then finally there were the 12 Priests. People who showed the interest and abilities could go into the Priesthood training system. But this was not a structure of power. It was a structure of knowledge. They could all sense each other’s collective needs anyways.”

“This was like a school, right?”

“More learning than teaching. Nothing was ever forced upon anyone. The Novices started at the age of 13 for 3 years. It required self discipline, compassion, healing, empathy, internal silence, chanting, meditation, and

oneness. In other words, the pillars of wisdom had to be totally embedded in their belief system as a way of life.”

“I can see that, it makes the foundation of positive energies clearly the way of life.”

“Yes. The Adepts also spent three years in training and they learned all about energy healing. They learned sacred geometry and had to overcome gravity. They learned crystal healing and were taught about how emotions were a vital part of the training. In fact, these Initiates had to learn the power to fly to enter the training facility. Here they learned all about the mastery over their bodies to control their own physics, and energy fields. They learned to go invisible, became accomplished at soul retrieval and they were allowed to preside over certain ceremonies.”

“Wow, that sure ain’t like our religious priests!”

“Yes, but this priesthood was the foundation of these false priests you have in your time. They are a new evolution of what happened here later.”

“And the next level? I can’t imagine what they had to learn!”

“Well, Dear Michael, you will recall this since you were one, as I am. The Maji were highly trained alchemists, scientists, astrologers, palmists, numerologists, and seers. They controlled elements, necromancy, prophecy, divination, and learned to carefully watch beyond their local world. When service was done, they went to natural crystal chambers and actually vacated their bodies. They knew how to use the third eye as the center of wisdom, intuition, visualization and to see the future. Maji kept these clear in daily sessions and used crystals to help others in prayer sessions.”

As they communicated, Mike was finding that he already knew the answer to the question at the instant he brought it into his consciousness. That was weird. Shea-Ri watched and listened with a wonderful glow around her.

“Astrology, and numerology were highly advanced, used by Maji to predict special times for important functions, like planting. Knowing the sign allowed balance with cosmos and control over personal chemistry. Harmonic resonance with numbers and planets was the focus to build their calendars and how to harmonize with the cosmos.”

“Well, as you tell me this, Valdor, it all seems to be familiar to me. I am forming a picture of these Priests. They were truly ascended beings.”

“Yes, of course, and you and I also evolved to highly ascended states. The Priests linked directly with the Intergalactic Council and oversaw the Atlantis tribes. They were truly the Ascended Masters.”

“Well, I can see this must have been a pretty different place as I guess everybody had tremendous psychic abilities?”

“Indeed, they did. They all started in fact with 5 and 6 dimension abilities so they were highly developed in a spiritual sense. But these had to be brought out when new humans were born. This was not difficult because the people simply knew it and trusted the leaders to help expand the abilities. They had what you know as clairvoyance—the ability to see and communicate with spirit realms. They communicated directly with Angels, Elves, Mermaids—all those creatures that exist in your mythology.”

“I still read that stuff. That must be why.”

“Of course. It is in your coding. They were skilled at clairaudience, or low frequency communications to spirit. Clairsentience, a sensing ability of other’s pain and feeling in others and the surroundings was how all knew

when someone or something needed help or healing. It was as if they themselves were hurt, so they all came together to fix it”

“Wow, there were no secrets or deception here!”

“Exactly, because they could see and sense auras. They could use psychometrics to get divine information from objects. They could use Remote Viewing and see details at a distance. And of course healing was common, so anyone who fell into any negative situation or dysfunction was sensed and fixed immediately.”

“Atlanteans were also constantly taught through their crystals. Adepts and Maji also had special teaching roles. They all knew a quiet mind is powerful and confusion, crowded thoughts create a sick mind. Atlanteans were taught to be still and meditate to develop higher abilities. These included channeling to raise their frequency to get guidance from the Intergalactic Council, divination to look into the future, and how to live in the NOW. They learned to use tarot cards for forecasting the future as guidance. Of course telepathy and mind to mind thought transfer was very highly developed. Palmistry and astrology were also valuable, highly advanced sciences.”

“They learned about using energy to change the density of energy. They knew how every thought, emotion, and image could send energy or make changes to create their environment, to slow the process to make it less dense. They knew the key ways to make energy potent.”

“Potent?”

“Yes, for example prayer was taught as a potent way of connecting with the source energy and the divine force. They knew that meditation was to listen to their God while praying was talking to God. They learned to ask clearly and be detached, activating the request and simply having the faith it would be done. The prayer was surrounded by the believe it would be granted as a direct request from the heart, for the higher good. They would engulf the need with emotional desire.”

“This is like the laws and what I have learned; to materialize anything by visualizing and focusing a desire, offering completion, detach from ego.”

“Yes, they were able to use imaging to draw objects into physical, using all of their senses to amplify the energy. What came of this was the development of precipitation that made pure energy dense. This was used by those most adept to create physical stuff for the community, gathering these in pools. Thus anything that was required was simply materialized and distributed.”

“So there was no need for greed or money?”

“Precisely. This process of using telekinesis where they would first imagine clearly, then create, became an engineering process where they could create buildings, transport systems, star ships, anything they could design in their minds.”

“They could obviously do the opposite too?”

“Yes, telekinesis and apportionment were involved in dematerializing and rematerializing objects. This was used to move things and was typically done by all. Crystals apportion or dematerialize themselves, move and rematerialize as well. So they were harnessing that energy.

“So they could teleport, move through time and rematerialize.”

“Exactly as you are doing now without materializing. Levitation was common as well. What you will find interesting is what was called lucid dreaming. Dreams are a message from unconscious to subconscious which tell you about emotions you have not dealt with. Others are from the superconscious and from a higher connection. In the process of lucid dreaming you can consciously influence the dream outcome to transform or create anything you desire. But it must be developed within higher vibration.”

"It would be like doing a daydream and making it materialize."

"Once you accept that all these energies you create simply coagulate in your reality, you move into a realm of limitless possibilities. Atlanteans did this to create the desired outcome or reality. Dreams that were chambered by Initiates were used to lead people to create goals for the community, for the good of all so there was endless abundance. They used what they called Treasure Boards that were like vision boards to define what was needed."

"Healers used intention and love to keep body spirit mind in balance, also to get rid of karma. Herbs, sacred geometry, were used by all as were crystals. They matched a laser crystal with a problem area to heal things into correct genetic structure."

"Valdor, how long did this evolution continue?"

"For 1500 years they dedicated the power to higher good."

"What happened then?"

"Well, dear Michael," Valdor sighed, "the Maji and some of the Priests ultimately caused the downfall by wanting power for their own egos."

"And I was part of that?"

"Yes, but that is another story. Now you must go to that wonderful age and see for yourself what we have discussed."

Mike was now sensing that part of the next future chapter to the story was not so good. He was not ready to bring it forward...yet. Valdor began to fade from his consciousness.

11 Home is where the mind is

Mike was still struck by the idea that he was actually communicating with himself in a different parallel dimension.

"Michael," said Shea-Ri, "this is all very normal for beings who are in a higher dimensional plane. All that was happening to you is that during this time, you were recalling what is already in your consciousness—programmed directly into your DNA. It has simply been lying dormant. This 'akashic' record as your New Age followers term it, is not hidden away somewhere. It is all already encoded in your DNA and your consciousness. You have simply been retrieving some of it. With what you have been experiencing, you may say that you were in your own movie much like a dream with no time constraint. It is your own holographic projection of your reality."

"Is that what we do in our own time?"

"There is really only a time that is now—a current moment. It is whatever you have moved to interdimensionally that is your current reality in the now. The time back there in the hotel is not real right now, is it? This is the time here and now that is your conscious reality."

"I can be living many different lives at the same time?"

"Are you living the life in your hotel?"

"I don't know. Am I?"

"Yes, it is no different than here right now."

"Will I forget this when I go back?"

"You are certainly concerned about forgetting. It is up to you. If it is in your mind or in your imagination, and you have experienced it, then it is already stored there."

He didn't understand that but decided to leave it alone.

"Where are we off to now?"

Mike was getting pretty used to this flipping in and out of the cosmos. But this interdimensional life thing was very far out. He was actually feeling excitement for going somewhere else.

"We are going to go to a time when you and your family lived in your heaven on Earth. It is yet another one of your lives."

Touching Mike's arm they whisked to a vapor like opening suspended in space. It was like the time portal on the Stargate Atlantis TV Series except it did not have any fancy controls.

"The people of Atlantis could actually use their minds to simply focus on a destination and give intent to teleport there. I have created this for you so I want you to simply think that you want to be at home in Atlantis. Think about the forest near your home as you walk through the time portal. Then simply see yourself going there. I will be with you to guide you. Next time you will not need a portal."

As Mike approached the strange portal, he began to think home, Golden Age, and forest. Passing through the portal, he felt a buzz, like a humming drone through his fuzzy head and body. Then, there he was looking at an incredible scene majestically spread before him.

In the distance was a fairy tale like picture of water, forest, mountains and sky. It was like utopia—a most incredible landscape of beauty ever seen. Yet he knew it to be familiar. Mike's jaw dropped in awe as he absorbed the incredible sight before him.

Before them were trees and thick vegetation. Beautiful flowers in a myriad of colors that sprang out at him. But not much seemed immediately familiar. They were trees, flowers and shrubs and things but it was not like things he saw in Mike's life. There were many birds singing and many voices chattering at him.

"Come, Michael, let us walk along the path to the village. It is not far. Although you can teleport, you are home now and you will most likely prefer to walk to engage in the beauty of the surroundings. Come I want you to meet some old friends who are excited to see you again."

Without warning, Mike was surrounded by animals. There were squirrels, and rabbits, and birds. Some were very strange looking—like a mixture of a dog and a cat. They were all chattering at him and he was hearing many thoughts from them.

"Michael, this is good that your abilities are coming back to you. You are picking up other thoughts and feelings with little effort."

"Hey, maybe I will get to be a Maji again," Mike snorted.

"Dear Michael you already are, you just haven't understood how to bring it into another parallel life! I wonder why these animals are so very happy to see you!"

The animals were freaking out with joy. They were all around Mike like a loving pack of dogs. But they were talking! No it wasn't like talk but he could hear them. Mike dropped to the ground as he began to recall these old friends. It was like a reunion of lost souls as they laughed and communicated. Mike lost track of time. Finally, they said goodbye and promised to meet again.

Mike was so taken by this he began to cry as his heart was boiling over with joy. Shea-Ri simply watched and smiled. There was no way yet for Mike to understand this. He recalled that Valdor told him that humans and animals were telepathic and all lived together in harmony.

"Michael, come along now, let us move along the path towards the village where you live."

Mike did not want to leave this place. So many wonderful memories were coming to him, frothing out of his mind like soap bubbles.

"Come I want you to meet someone special."

As they moved, a white horse-like beast came out of the woods. It was a Unicorn. Yes, Mike recognized it instantly as a Unicorn. "It is my friend Ulysys, the Unicorn," he shouted loudly! "I can't believe it!" Mike now remembered he spent much time with his family and this wondrous animal.

It was a most emotional meeting. They skirted each other and played. The communications were loving and joyous as they danced and ran together.

Now Mike was having a multitude of new things popping into his mind. "Come, Ulysys," beckoned Mike, "come and see if you remember our majestic friend."

They stopped under this gigantic tree that went upwards like a huge green umbrella, its enormous branches reaching to the sky. It began to shiver and shake as they approached. Mike began to pick up its telepathic thoughts. Instantly he touched the heart of this tree. It was Oaky, he called it. It was the tree that gave them both wisdom and new energy. They would lie around for hours trading stories and passionate emotion. Time was not relevant as Ulysys and he melded into a wondrous exchange of feeling and joys. Finally, Shea-Ri had to coax them to get on the way.

"Goodbye for now, Oaky," said heavy hearted Mike, "I will be back."

"Goodbye, Tellos," answered Oaky, go well both of you."

"Tellos! Yes, yes," Mike remembered. "Of course, I am Tellos of the Woodland Village. I am a crystal keeper."

As the three now moved off down the winding path, Mike felt a feeling of joy, peace and harmony he had not remembered for a long time. Everything was so majestic and filled with the exuberance of life. No wonder this was the Golden Age he thought. Mike's memory was being activated rapidly now. As they went, they sang with the thousands of harmonic sounds chirping in the trees. Joy was everywhere. Mike began to recall people and places. It was an infectious joy spreading through him like a beautiful virus.

In the distance now, they could make out an archway and a little village ahead of it. This was his home. He knew it. As he approached the archway, the cobbled road widened and he could see these beautiful gardens and round structures. Making an instant correlation with the Hobbit's wonderful shire in the Lord of the Rings, Mike knew exactly where he was headed.

"Dear Michael," Shea-Ri said, "before you meet the rest, I am going to ask you to do something different. I am going to ask you to meld with a physical projection of Tellos. Would you like to do that?"

"Shea-Ri," Mike responded with delight, "yes, yes, you mean a physical body...but how?"

"Simply put the intent in your mind to bring your consciousness into your body form of Tellos."

As Mike stopped and closed his eyes to shut out the scene—or at least what he thought were eyes, he felt a little quiver. He knew he had entered a body.

Before he realized what had happened, many people swarmed him. It was like a reunion. Ulysys said he would leave him now to enjoy his human friends. He would see him later. Mike was engulfed by the crowd. It was like an incredible reunion. Everybody cheered: "Tellos, Tellos, welcome back," even though he knew he had been away only for a few days. To his friends it was as if he had left for thousands of years! That thought perplexed him because it was indeed thousands of years. Now they were talking and laughing and they were totally engaged in the passion of reunion.

Tellos suddenly sensed something. There in front of him was a most beautiful, glowing lady. He knew this was his soul mate Andana. Instantly, like huge magnets, their auras merged and they embraced as the most unbelievable flow of blissful energy passed between them. Then, like a flash of light penetrating through his heart and mind, Tellos felt a vast flow of information suddenly flood his mind. In an instant Tellos was reliving his life here. Everything was so pure—and loving. Everything glowed. He had had instant recall. He did not recall such total love without condition. His body was ablaze with wonderful emotion.

As they merged their energies of passion, he felt their chakras literally glow with joy and vitality. There was only one thing on his mind. It was the wonderful feeling of peace, harmony and love. Yet Tellos had not completely forgotten Michael; now distant in his mind.

"My dearest Tellos," beamed Andana, "I am so happy to have you back. Come, let us go home and talk."

Without knowing where this question came from, Tellos asked: "Andana, did that large crystal arrive?" He recalled that the Priests were bringing him a special crystal for the local village temple.

"Yes, it is at home. It has a most wonderful essence to it! Come."

As they hugged their friends and departed, Tellos suddenly had another flood of thoughts fill his mind. It was like a dam being released. He remembered how they maintained their high frequency. It was because they lived simple, fun filled, happy lives, mostly out in nature. They spent little time working so there were many hours each day for relaxation, contemplation and socializing. Everyone did what they loved to do most, for their gifts and talents were recognized, developed and honored.

He recalled how they honored all life forms so there was no fear between humans or animals and humans. All their food and water was pure and fresh.

He remembered how they always insured their mind sets were positive. There were no negative words in their vocabularies, nor words for past and future, so they lived in the eternal present. Most important of all, their hearts were all open to love and their intuitions pure.

He knew they all had extraordinary spiritual technology which they were always grateful for. And they had a special relationship with water. They loved the water and understood its cosmic properties. Every home and temple in Golden Atlantis had a fountain or pond. Their houses were built in circles round the central temple, and canals of water flowed round the houses. This water was kept pure and clean and constantly blessed.

He recalled how the people loved to swim in the streams, rivers and lagoons which criss-crossed the islands, and it was a popular pastime for families to picnic by the water, and to build rafts or boats in which to sail. They also enjoyed swimming with the dolphins, for whom they built huge pools. The dolphins were the very epitome of wisdom and knowledge of the universe and nature.

He remembered how in their communities they built stone circles over the points where underground streams crossed. They transported the stones by telekinesis and sound, angling them carefully towards a planet of their choice. In this way they could draw special energies down through the circle into the waters, to be spread round Atlantis.

He remembered the unicorns, the beautiful ascended horses with a spiraling horn of pure light radiating from the third eye. He understood his passion with them and knew they were from other angelic realms. Like Ulysses, Unicorns came to teach qualities of dignity, pride, self worth and honor. No one could own one. Like dolphins, they were the ultimate symbol of love and freedom. They aimed to trigger innocence, the original essence humans had the moment they became a divine spark. And they brought hope and joy, even making wishes come true. These magnificent creatures healed by reconnecting people to their spirits.

He recalled the dolphins and that all the people of Golden Atlantis recognized that dolphins were the keepers of cosmic knowledge, for the information was recorded in their brains. They loved them and built huge pools so that they could swim with their friends and telepathically access their wisdom, guidance and joy. For they held immense wisdom and had great powers. He remembered swimming with them, the blue dolphins, who radiated an electric blue light.

He recalled how they manifested needs by concentrating their minds on heart energy.

As they entered the little round home surrounded by a beautiful green garden, Tellos felt the flowers sighing hello to him. He felt so complete here. Inside the little house there were no corners. Everything was rounded in pleasant curves. He remembered how everything was designed according to sacred geometry which he especially had learned well. It preserved the harmony and order in life's actions.

They sat and chatted, and chatted, and chatted. To Andana it was two days but it was as if they had parted for an eternity.

Tellos was still aware of Shea-Ri who stood patiently beside him. Andana's thoughts showed great joy to have Shea-Ri present. Tellos was picking up her thoughts. As he marveled at all this, his mind flashed back to his life as Michael.

Andana broke the spell. "Come," she cried joyfully, "come and see this magnificent crystal."

As she brought the crystal before him, Tellos became engrossed with the beauty. It was large and had an energy aura like nothing he had seen. He felt the immense power charged into it as it penetrated their very essence.

"Let us take it to the temple, my love," said Andana, "let us put it in place and feel the magnificence of it."

As they rushed out the door, Andana explained how the Priest had teleported with the crystal, delivered specially for Tellos, the Crystal Keeper of the local temple. "This crystal," she said, "was the one that was charged with new cosmic information about learning to materialize whatever they required on their own. All Tellos had to do was place it in the temple and teach others how to focus their minds into the crystal. In this way, they could learn to create their own needs for the little community."

As Tellos and Andana walked into the Temple they immediately felt the ringing of the crystals. They were placed in concentric rings around a central chamber which holds this special one. Tellos remembered that he was a chosen one that the Priests were coaching. He had gifts that were coming forward rapidly.

Carefully, Tellos placed the new crystal into its place. Every day at specific times, the people would focus their attention on their crystals at home, knowing in a guided meditation, how to connect with the temple crystals which would charge their crystal at home. This one would be used the next day to bring incredible new information to them all. Tellos felt so lucky as he and Andana breathed in the powerful new essence of the crystal.

"Dear Michael," announced Shea-Ri, "it is time we must depart to another place. I can see that your mind is now full of memories of this life. It was wonderful, was it not?"

Tellos suddenly realized that he was also Michael.

"Shea-Ri, it makes me want to cry with joy. It is like bliss. It was truly a heaven on Earth."

"Yes, there is no negative energy here. Fear and greed are like intruders that all instantly know about and are banished or converted into positive—people always working together, in harmony and for the better good of all. Now you understand the power of those simple pillars of wisdom?"

"It is one thing to read them but it is another to see how they work, and remember myself in them."

"Indeed."

"Why have we not relearned this? Why are we fighting and raping the Earth to try to create the same heaven? It is sheer folly, isn't it?"

"It is but that is what the new consciousness evolution of Michael's time is all about. It is a move away from the material to the natural, away from the separation to oneness where the real individual—and collective power—lies."

"Shea-Ri, will you explain this to me?"

"Yes, later. Are you ready to go?"

"Shea-Ri, this place draws me to stay. I have a family here and a wonderful life. We had lives that lasted hundreds of years. Can I not simply remain here now?"

"Yes, you could but there is some unfinished business that you must attend to."

"Is this because I am in this temporary zone where I straddle the different lives and dimensions?"

"Yes, it is so. Although you have yet to understand this your memory of this is coming to you in but an instant in time. You are beginning to know that this can be done from any lifetime at anytime. You have not yet decided to abandon the life as Michael, have you?"

"What I see is that I have to be in a higher state of vibration like now to be able to do this. This is not what Michael Carpetbagger is able to do. So how could I do it in his body?"

"All humans do this in their sleep unknowingly. To do it in your 3D form, yes, Michael needs some work, but that is what the current ascension is all about. Did you not say that you wanted to make something of the life as Michael?"

"Yes, but I am here and I could choose to leave the body behind and stay here, could I not? I can simply choose to keep this body and this life could I not?"

"Yes, you can so choose. Do you?"

Mike pondered this. Something was niggling him. His heart was not right about this. Perhaps he was cheating himself. Perhaps he was being hasty. The unfinished business and drab life must have been something that he had chosen to do—for a reason.

"Yes, dear Michael, there is something that pulls you. It is because you have in the time of Michael, entered into the most unique and wonderful time in the cosmos. It is a time when all shall be given the opportunity to ascend naturally, and to create the same heaven on Earth as you see here. It is a special celebration you wanted to be at. That is why you live that life and that is why you are drawn to it."

"Then why is my life so insignificant compared to others? Why is it full of misery and fear?"

"It is because you have chosen it that way, dear Michael. Have you had no experiences that are valuable? Are not all of your experiences valuable? Will they not set you on a new path?"

"Shea-Ri, I don't know."

"Then you still have more to learn."

"Can I choose to come back here any time?"

"Yes, by will of your mind."

"Shea-Ri, I sense where we are going."

"And where is that?"

"We are going to meet a special race of beings that I came to know well."

"Yes, these are beings that came before your life here at the end of the Ice Age. Many beings from other planets chose to rebirth here, appearing in humanoids in the highlands from a 6D universe parallel to you. They were beings wishing to have a chance to live in physical form."

"They are the Fairy People who crystallized as tall radiant humanoids with visible auras, appearing fairy like to us. They could not hold form but over time brought harmonic wave frequency and sound. They settled in caves and grottos where crystals were. They glowed at night and were worshiped. Over time they emerged to influence spiritual development as 6D awareness; teaching higher properties of minerals, telepathy, teleportation, and were advanced spirit leaders. They were the true keepers of crystals, and used mind power for light energy. They taught how to use healing caves."

"Shea-Ri," Mike asked with a confused air, "what happens here? What happens to Andana and this life? Does it disappear? Does it go on?"

"Dear Michael, nothing happens. It does go on as in an instant of time you simply move into interdimensionality. You can move to any other life or place in that instant. But as you do, you also return continuously without knowing, as in your sleep state. Remember there really is no time so an instant in time may be regarded as a suspension of Andana and your life here until you return. As you return, your memory simply updates the segment of time you are here. Your mind is always current, and you simply move interdimensionally between your lives, from each moment to each moment."

"You mean the next time I decide to come here, the scene will continue?"

"Yes, it is all in parallel. I know you are having great difficulty with this but it is simply a limitation on your state. As ascension unfolds, you will better understand. You are not ready to accept this."

"I am starting to understand this quantum no time thing. That there are possibilities and memories that are not material and really do not exist. Do I say goodbye to my wife and friends?"

"No, they will be here in that same instant until your next visit. What I wanted you to understand is that what you did by entering the body of Tellos, you are striving for through the ascension in your time of Michael. It is the ultimate time of celebration."

Mike was not getting this parallel life thing. But he knew he would be back and it was time to go.

"Yes, dear Michael, come with me," she said as she touched him, "we must meet Yzhninni now."

Whoosh! This was getting to be pretty cool now. Instantly they appeared in a huge glowing cave. The glow was from enormous crystals that criss-crossed everywhere above them in an astounding site. From where they stood, multiple passageways opened in all directions, each with different crystal formations and colors that he could not remember ever seeing.

Then right before him an angelic cloud began to form. As it shaped itself, Mike knew it was his friend Yzhninni! Instantly they joined hearts in a beam connecting them. A most wondrous moment of joy engulfed the two as they exchanged thoughts. Mike's aura exploded with colors as his vibrations shifted in harmony with this special being. Time was nothing as they wandered through the special places of their experiences together.

These noble and timid beings were the keepers of the portals of multidimensional awareness. As they commingled their essences, Michael learned of the Skull Committee that was created by them in the deep amethyst grotto in the inner Earth sanctuary of their worship places.

These special crystal skulls were created to hold all of the special knowledge of the cosmos and these would be hidden until the Keepers of the Crystals would reunite just before the closing of the year 2012, when as part of Earth's process of shifting, the galactic process of ascension, would call upon the knowledge in the crystals. It would harmonize and revitalize the light forces of Mother Earth.

Michael then came to remember the ceremony of the Crystal Skulls when he was assigned the task of a Keeper of one of them. Suddenly he knew that he was part of the Skull Committee. He knew the master amethyst skull would once again materialize at the reunion. And this reunion was to be in Michael's lifetime. He was a Keeper.

He was responsible for a special task! This reunion of 13 skulls would trigger the rise of all the knowledge of Atlantis.

As the information exchanged between them, Mike pulled forward all the information of the crystals.

The crystal skulls, once reunited and activated, would provide the means to create the Golden Age for the mass of humanity.

At a special instant, Michael and Yzhnunni knew it was time to depart again. Goodbye my dear friend they both said.

And in a breath of wind it all vanished.

12 The Light and Dark Forces

Mike was in a state of mind suspension as he thought about the skulls. This was a very provocative revelation. Could this really be true, he thought. What if it is? I have been wasting my life. It seems so insignificant in relation to all this. How could a lowly promoter with such an insignificant life be destined for something so different—and so great?

But here they were. Nowhere. It was blank everywhere. A beam of uneasiness penetrated his being.

Shea-Ri sensed this.

"Dear, Michael, you were very interested in your destiny, were you not? I now must take you to a time when Atlantis fell into the actual demise. As you know, the struggle between the light and dark forces is constantly at play. What you deal with between light and dark at your own personal level also happens at a global, and even intergalactic level."

"That does not sound good. We are always fighting evil?"

"Remember evil is a perception. Your planet Earth is a living being. It is affected by global consciousness, has its own and also abides by the Law of Life to expand. The contrast between evil and good is there to facilitate that choice of better and joy. But what transpired in the last cycle of Atlantis was the combination of separation and the emergence of ego. It was somewhat instigated by the Dark Ones."

"What happened?"

"The ultimate challenge one that deals with that perception of evil based on fear of something. This is usually when the polarity of good-bad, negative-positive, good-evil, and light-dark invades to present the ultimate challenge to convert dark to light."

"Is this constant struggle necessary?"

"Necessary, no but it simply is until it is chosen to not be there. The process of evolution for all that exists is to work towards perfection."

"Boy we have a long way to go from what I see."

"Perhaps you do not see the whole picture. We shall go into your future from here and the Mayan consciousness shift next but first you need to recall information about how Atlantis reached its demise."

"That should be interesting!"

As Shea-Ri touched Mike's arm, they instantly appeared in another space. There was nothing around them. It was all angelic colored nothing. This was very strange. Were they at the gates of heaven?

"No, you must know that heaven and hell are in your mind, nowhere else," Shea-Ri soothed him, "we are simply being in a quiet place and I am releasing your memory. I will bring you to another old friend of yours. But we will do this a new way for you."

"Oh?"

"Yes, when it is time. First, let me give you some history. I must tell you about a special breed of aliens who came from the planet Nebiru. They were the Annunaki who were alien force warriors. This was an advanced 3D civilization that moved in and out of the galaxy every 3600 years. These warriors were cold-blooded beings, their survival depending on productivity of life supporting resources which they take from the solar system."

"Are these beings still on Earth?"

"Yes, they are known as the Elite, the Illuminati, the secret ones, who run the planet. They have plundered your Moon and Mars in their constant search for energy from the planets, including minerals and ores. They also draw from emotional energy of others and are heartless beings that have an insatiable desire to have power and control. They are deeply rooted in their three lower energy systems and have evolved to be very clever merciless plunderers and killers."

They must be having some indigestion with the collapse of the financial system! Mike thought.

Shea-Ri continued.

"During their evolution, one of the planets in their system ascended—much like what is to happen to Earth in 2012. The process created imbalance and knocked Nebiru out of orbit to be drawn to your solar system. It then boomeranged back out. It was in one of the rotational cycles that Nebiru realized the Earth was a vast untouched planet and it had valuable resources that they could use."

"Oh, when?"

"Some 450,000 years ago, the Nebirians claimed Earth as their real estate. Earth was to be seeded by workers for energy and farming to support their needs. After they claimed Earth, they began experimenting with life forms. They would mix their seed with a species called homo erectus to create a brute force to mine resources."

"So homo erectus was the first human on the planet?"

"Yes, but nothing really happened until the Starseed Project. It was at this time that the Elders of the Solar Deity and the Galactic Federation along with the Intergalactic Council decided to seed homo sapiens in the great experiment."

"This was about 100,000BC?"

"Yes. That began the cycles in Atlantis. When homo sapiens were successfully introduced the Nebirians were enraged and made a plan to regain control, to sabotage the new race. So in 97,000BC, they intervened and rewired the human's DNA to 2 strands disabling the other 10. They placed a grid in the form of a force field over the planet to stop the Light Ones of the Universe from reaching resonance so they could maintain communication."

"So this is where we get into the various cycles of civilization ups and downs in Atlantis."

"Yes. The progression ended in 32,400BC when the Earth flipped its axis starting the Ice Age. The end of that cycle was 28,800BC when most of the life was silenced. Some migrated and survived by going to higher ground like the Himalayas and the Andes but it was not until 1000 years later that life began to spring up again. But the next cycle began as the Ice Age melted."

"It was after that that the next starseed project was launched as you already know. It was during this time that the civilization made great strides. Eventually the humans had evolved to great technical knowledge as directed by the Galactic Council and the Priesthood. Also assisting were many from the planet Siria which was part of the Galactic Federation. These unique beings chose to rebirth, appearing as humanoids in the highlands. These were the Yzhnunu whom you know well. They came from a 6D universe parallel to us because they had a chance to

live in physical form. As you well know, they crystallized as tall radiant humanoids with visible auras, appearing fairy like to the people. Originally they could not hold physical form long but over time they learned."

"They then brought the optimum harmonic frequency of the planet, called the wan frequency, into balance. By the middle of the cycle they settled in darker caves and grottos where they taught incredible knowledge of the crystals. They were the fairy people of Atlantis and glowed at night. They were highly worshiped even by the Priesthood. Over time, with the cooperation of the Galactic Council and the Priesthood, they emerged to influence spiritual development as 6D awareness; teaching higher properties of minerals, telepathy, teleportation, and higher vibration abilities. They were the spirit leaders, keepers of crystals, and helped to teach mind power for electric energy and healing."

"By middle of the evolutionary cycle the mind technology had evolved to a point where they could illuminate the continent with crystal powered generators. They tapped solar energy for their vessels, and harnessed the collective mind as a catalyst."

"Yes, I now know part of this story and how the Golden Age evolved."

"What you did not know, was the Maji, whom you know well, were highly trained powers to service all but they realized they could use the powers for personal benefit. Greed entered and Maji began to feel they were better than others. An ego emerged and created separation attracting the dark forces finally ending the most glorious of ages in 10,800BC when Atlantis sunk and disappeared."

"Do you recall who you were at that time?"

"No."

"Well, let us go there. Why don't you try to do it and take me this time?"

"What?" thought Mike. "Can I?" Is this what you meant about a new way?"

"Yes. I want you to be introduced to your heart and the power within it. Close your eyes, put your mind's eye attention to the year 10,800BC, take a few deep breaths and drop your attention to your heart energy center. In your mind, ask your heart to take you back into your life in Atlantis then. Make sure I am with you and let your mind simply float back to that time. Your heart will land you there when you ask."

"Wow," thought Mike, "now this is bizarre." Somehow he knew he could do this.

Mike then asked the heart: "Heart, please take us into my life in Atlantis as I was there in the year 10,800BC."

Mike began to feel like he was floating and felt things whizzing by. Suddenly he saw a strange room filled with crystals and weird objects. It looked like a wizard's lab with pots, sticks, hanging things, most of which did not seem recognizable. Mike knew he would soon understand as he looked around.

"Michael, as you scan, your memory will come back to you, particularly as I ask you questions about it. This process is much like hypnotic regression and past life healing that you use in your other time. As I ask, so you will find the answers that are within you and reflected in this place."

Mike was very silent looking around. He had succeeded in suddenly teleporting himself and Shea-Ri into a different life time! This was incredible. He did this through his heart? Wow!

"Michael, who are you here?"

"This is my laboratory and I am an Alchemist. I am Altos the Alchemist. But it is a secret lab and I am working with the Dark Side. I appear to be forced to do this as it is not what I believe in. I feel strong resentment energy here."

"Do you know why?"

"Yes, I do. At the apex of about 14,400BC, the Annunaki were back as the planetary cycle came close to Earth. They knew the Priesthood was vulnerable—ready for a new perspective on greed and power. They landed in ships pretending to be the Divine and found it easy to look like gods. They began to alter the minds of the Priests and Magi. The plan was to plug into the ego consciousness to fuel a new order into the Dark Priesthood to take power. It was easy. The more those in power gave the Annunaki Gods the more their egos received rewards."

"Why?"

"The Annunaki needed power and they saw the mind power that we had developed as the next evolution to harness the Earth. They encircled the globe with an energy of their own and worked on the Priesthood. Their plan was to harness the minds that controlled the generators. This they would do by creating obedience they using low frequency electromagnetic pulses sent through the crystal generators to create irrational mental states for submission. The daily inspirational sessions changed to mind control sessions. They took the life force, entrained people, and reduced the humans to their basic animal selves."

"And?" Shea-Ri prompted.

"First, they implanted Annunaki seed into the human seed, then created test tube babies who fathered male infants. They raised them in isolation to become administrators of the Dark Priesthood. Their seed would breed omnipotent rulers driven by ego to take whatever they needed from the population."

"Yes, go on."

"One of the Annunaki plants who took over the position as the Dark Priest of Atlan, had taken form in Atlantis as an alien walk-in directed by the Annunaki. Of course one of the Priests had to agree to this. He became the keeper of the energy and chief alchemist who observed the mastery of mind over matter to create energy through mind light. They knew that in all homes, there was a central worship crystal, and the temples had great spheroid crystals. The heart central collective mind charged these in guided meditation for well being of all by focused intent. This was a perfect way for the heartless beings to channel their own agenda."

"They were of too low a vibration to do it themselves, right? How did they force the people?"

"They learned that certain low frequencies could invoke depression, despair, rage or sex passion which would cause huge surges of energy into the coils. This was how they could manipulate the energy flow by intensifying entrainment during the rituals and prayers. The people were not even aware of it."

"Yes, it is true Michael," added Shea-Ri, "much like your current time of subliminal indoctrination, a total deliberate contravention of spiritual laws."

Altos continued.

"Then they created the dark alchemists who unleashed Mother Earth's fury. Over 8500 years, the Golden Age devolved into an evil empire. Vibrations of people dropped and people lost their psychic powers. From the top echelon—particularly the Magi who were the key administrators and teachers of the Priesthood, it moved to the people. At the same time the subliminal frequencies were doing their work. The social structure broke down and non-psychics were considered inferior to be treated like castouts and slaves. Even certain high priests sold themselves to the dark forces and eventually the continent went into chaos and uncertainty."

"Did they ask for help?"

"Those who remained pure like me prayed for help and the Intergalactic Command invoked angels who gave symbols to place in the auras of those affected. This was to maintain attunement to higher vibrations. Some used these for their own power and the symbols were withdrawn as any sense of Oneness was lost. The people did not honor the natural world any more. The rituals and ceremonies became dysfunctional and meaningless so the rhythms of planting were lost. As a result the food lost abundance because it now had a lower life force. Manifestation abilities faded and were lost."

"Yes."

"So they needed more food. People had to work more and had less time for leisure and fun. Families and nature became cut off from love. Humans then thought they were separate and superior to the animals. They used control, generated fear, and ate them. They cut trees, polluted the water, did not bless anything and the energy of love, peace, and wisdom faltered."

"People desensitized to pain of others, lost telepathic skills. They sacrificed animals, and drank blood to encourage false strength. They engaged in gory fights, forced creatures to perform, began cruelty and conflicts."

"Then the high frequency angels and unicorns withdrew as did other great energies. Nature rebelled with earthquakes, volcanoes, poor crops and the Atlanteans began to fight nature trying to clone, control, and change things. The rulers even put silicon chips in people for control."

"Spirituality was lost and people became self centered without higher visions seeing sensual, material, sexual gain as key reasons for life. Life became a burden. To forget pain and stress, drugs, alcohol, and substances were introduced. Competition ensued. Marriages were chains of bondage. Science and technology became the gods as it replaced spirituality. It was because their perceived gods, the Annunaki, were materialistic and superior. Loss, fear, and worry took over. Money became important and the inner light of humans dimmed as adornment became important to compensate and to show status. Jewels and diamonds reflected status and power. Ordinary citizens closed to the high frequency of the Temple of Poseidon. With no guidance and lower vibrations flourishing, criminals and disease flourished. Upper chakras closed or became imbalanced."

"And the chosen ones?"

"Priests took control feeling superior. They proclaimed themselves the chosen ones with a direct line to God. They demanded money; falsely claiming communications with demons. This increased superstition and dogma unfolded as their repeated lies became forced and accepted as truth."

"They then expressed superiority through hats, robes, rings, positions, temples, and even created classes within themselves. Morality deteriorated and they lost the connection with wisdom. The leaders became tainted and hated the people, creating slaves, armies for control."

Mike stopped as what he was channeling was starting to penetrate his mind. The story simply rolled out of him.

"Michael, is this troubling you?" asked Shea-Ri lovingly.

"Shea-Ri, I feel like I am describing an exact period of time in the year 2009! It is an identical parallel!"

"Yes, amazing is it not? What happened next?"

"The energy dome weakened so the determined dark ones could get out and go beyond Atlantis to control other territories. Dark Maji used black magic to gain power. Atlantis became the epitome contravening every spiritual law as the Illuminated Ones watched with deep concern. The people of Earth thought beings from other planets were aliens and became isolated."

"Shea-Ri, this does indeed not sit well. This fall occurred after 1500 years of cooperation, gratitude, and honor of all life. It was after inner peace, happiness, spiritual purity. Originally only light angels, and arch angels could enter the dome as they had to have high vibration. This was indeed a travesty."

"Yes, the people lost all the powers as they lowered vibrations."

"The people were originally in the 5th dimensional frequency working with 12 chakras. When their spiritual connection lessened, three upper ones—the stellar gateway—went dormant. Humans became self centered, focused on the physical body, pain, fear, separation and increased ego. Individual desires clouded, prestige clouded energy dimming the life force. Just like my life as Michael!"

"When Atlantis failed, the DNA coils coiled tighter, switched off, and disconnected from spiritual abilities. This lost Atlantean's wisdom of telepathy, telekinesis, manifestation, and other higher chakra powers."

"When Atlantis declined, the Maji created a white powder gold to make the pineal gland work at high frequencies so as to enhance awareness. It was a vain attempt to retain psychic abilities. That is what I was doing for them and hated it but they threatened to kill my loved ones if I failed or reward me if I succeeded."

"That is quite a life you had, Altos and Dear Michael," smiled Shea-Ri.

"Yes, it was filled with terror and deception. When they took power, those who were connected were disconnected from their spirituality and other dimensions. Secret groups formed to try to maintain a spiritual connection but it became impossible as their hold on power vanished."

"Our knowledge of what happened and the demise is our burden. So many fell victim to the senses and to the material needs that the Annunaki were there to service. Our strength became our weakness as the heartless Priesthood, in the name of the Divine, killed and plundered indiscriminately should any oppose them."

"As Altos, you will not know what happened afterwards. And as Michael, you will not recall yet, so I must tell you. But have you learned that you can go to these lives and places by yourself?"

"This is not one I want to repeat!"

"Yes, Dear Michael, the memories of this go deep within you as you carry this burden that you failed. You carry a heavy load right to this current lifetime as Michael Carpetbagger."

"It gets a lot worse, doesn't it? Now I am in the middle of this life."

"Dear Michael, you are actually a day before the end of it. What you did was to make a stand against the dark ones and you refused to obey them. They then saw no purpose in you and destroyed you. You still carry the terror of that day."

That unsettled Mike deeply. It was a stark contrast to the life in Golden Atlantis. It made him yearn for that life again.

"Dear Michael, do not despair of it. It is your life experience, and although we did not pull other segments of memory from you, it was also a fruitful life."

"Yes, I have an insatiable desire to read about alchemy. That and crystals and Unicorns fascinate me. Now I know why."

"Yes, these are your sources for passions and heightened abilities in subsequent incarnations, as you have surmised."

"Shea-Ri," asked Mike very subdued, "how did it all end?"

“It is now time to move forward to a time which also draws your interest. The time of the Mayans.”

13 The Mayan Connection

"Shea-Ri, before you came to me, I happened to pick up a brochure about the old and new energies related to the Mayan calendar. Although I did not like the idea of the material energies being purged, somehow I related to the evolution of the new energies. Now I am hearing about this ascension and 2012. Can you tell me more about it?"

"You relate to it because it probed into your memories. If you have had enough of Atlantis, why don't we go there and find out what it is all about."

"You mean I was a Mayan?"

"Yes, you were a wisdom keeper under the reign of Ah Cacao a nickname for one of the Rulers of Tikal. His name was Jasaw Chan K'awiil I who reigned from 682 to 734AD. He was one of the most celebrated of Tikal's rulers. His reign came at the end of a 130-year long hiatus in Tikal's historical record, and his defeat of the rival Mayan city of Calakmul in 695 is seen to represent a resurgence in the strength and influence of Tikal. You were Hopop Caan which means he who lights the sky. Shall we go there? When you are ready, ask to go to Graceland, your heart."

Graceland, Mike thought, interesting name. With that, Mike focused, asked and off they went.

Instantly they reappeared in a stone room. An older Mayan man stood there.

"Shea-Ri," asked a confused Mike, "how come I didn't move into the body of this Hopop Caan guy?"

"Did you ask?"

"Yes, I asked to take me back to my life in Tikal."

"It is because you did not ask to be sent back *into* your life. There is a difference. Your mind and heart simply did what you asked. If you want to change it, you can simply ask to be Hopop Caan."

"It is fine for now," said Mike a bit stunned at the need for details.

The Mayan was cloaked in a long draping robe with streaks of symbols on it that he recognized instantly. These were sacred geometry symbols. He had long black hair and a huge emerald medallion projected light from his chest.

"Greetings to you," beamed the Mayan, "I am aware you are with our dear angel and have recreated me as your projection of your memories. We are one. I am honoured that you have come from another dimension to meet."

"As I am," replied Mike warmly, "I have come to learn about our life and knowledge here in this life."

"Yes, when you ask me questions in your mind, you are answering these from your own consciousness. As you have understood, we are the keepers of the wisdom. Tikal translates into the Place of Voices or the Place of Tongues but it is also known by the Mayan name of Mutal or Yax Mutal which means either Green Bundle or metaphorically, First Prophecy. Tikal is the seat of the great and powerful Jaguar clan. The city was established sometime around 600 B.C. and is the religious, scientific and political center of the Mayan world. Here we have developed the Mayan Calendar."

"Does this knowledge come from Atlantis?" asked Michael.

"In your memories you have more accurate information than I have as much of the wisdom has been handed down from wisdom keeper to wisdom keeper. But over a period of 8500 years, Atlantis eventually reached a state of disharmony and the Dark Priesthood angered the gods. The Dark Priesthood of Atlan tried to harness

the Gods and the people. In the last days the masses were enslaved, and this outward disrespect for the Gods and what Mother Earth provided, caused earthquakes, volcanoes, and the great flood which cleansed it all."

"Yes, I understand," added Mike, "the gods who had for 1500 years watched in awe as people maintained divine simplicity, performed incredible technological feats and developed wondrous spiritual power to create heaven on Earth. They then watched as the highest spiritual time ever turned to power, lust, and greed which overtook the people. I know, I was there."

Mike was surprised he said that.

"Yes," Hopop Caan continued, "they violated all spiritual laws misusing human emotion and made them all live in fear, rage, and decadence with total disrespect for life and the gods. Ultimately, the Dark Ones believed they could save their own planet but they instead defied the universal laws and caused the demise of the civilization. As our legend goes, in 10000BC Poseidon, High Priest of Atlantis and God of Seas, as well as the Gods and Mother Earth declared Atlantis to be flooded."

Mike was quiet now as he began recalling the legends.

"Some of the high priests became Gods in other lands and led pure and willing followers to places prepared for them. The spiritual wisdom and the knowledge was stored in 12 crystal skulls to allow The Great Keepers to one day return the pure energy."

They knew about the Great Keepers of the Skulls thought Mike.

"The crystal skulls were created by the minds from 12 tribes to hold all sacred information. This was stored for future generations when humanity would evolve. They would at some future time reunite and raise the consciousness of all by releasing the sacred information of the all that was. A 13th amethyst skull was created as the master skull which would be released at the right time, triggering the release of each skull that had different functions, information and properties to balance with."

"Before the demise, the Gods gave warnings to the Priests to change their ways but it was too late. Finally the dark forces that were used to control the people caused the Gods to stop communications with the Spirit and the highly evolved civilization was hopelessly lost."

As Hopop Caan spoke, every word was being simultaneously paralleled in Mike's mind. They were one mind both telling the story to Shea-Ri who listened quietly.

"Before the demise, the Gods prepared for those who would exodus Atlantis. Whether pure or evil, the Gods then replaced the Priests with the original ones. The 12 skulls were created and updated. The Gods then agreed to submerge the great crystal and Temple of Poseidon."

"Many who caused the fall came from other worlds. Some would take 100's of incarnations to repay their bad deeds. Some were allowed to take dolphin bodies when Atlantis submerged so they could no longer abuse the power in human form. Others were tied to Mother Earth to repay karma."

"Before they left, they re-assigned keepers to the crystal skulls to be placed in a designated area on Earth and removed from the temples. The temple was sunk but legend says it will resurface when the skulls unite. The Master amethyst skull was placed in the invisible world and keepers are said to return just before closing of 2012, the end time."

"These skulls were hidden so the dark ones could not take them. Although they cannot use them as they must be of light mind, they knew that these dark ones would find ways to extort the keepers or destroy them. The darkness within their spirit keeps them in the dark where spirit is subdued."

"The Gods sent these High Priests out to other lands to take their tribes from the doomed continent into the unknown world and introduce simplicity again. These were the Gods Thoth and Isis who were sent to our world of the Incas and the Aztecs, Set, Horus, Ra, Aphrodite, Poseidon, Inhotep, Hermes, Zeus, Apollo, and Here who went to other lands."

"We, the Mayans are a result of that exodus."

It was time to ask about other information that was still not clear in Mike's mind. "Can you explain this Mayan Calendar to me?"

"First, you must know that Mayans have been very focused on the cosmic movements and nature as the Sun provides light for life to exist, the Earth provides nourishment to grow and the planets provide the seasons as well as the mood of the Earth. It is part of the greater wonder of it all. These we have observed carefully and recorded as days and nights with different moods affecting all that lives. We see this change the mood of the people as well. Because we need food, we must pay attention to these moods of the universe to be able to grow food."

"I am the carrier of ancient wisdom of these cycles and cosmic movements of these gods in the sky. We observe these and record them, hand them down from generation to generation so they can live. The night and day, the seasons and their moods affect everything and we have learned to follow astrology to help us choose the best times for growing. Much of this was handed down from the wise one of Atlantis."

"Our Mayan calendar reflects the movement of these cosmic cycles of day and night, seasons and growth of all life. It is best to understand that our knowledge tells us 13 periods of night and day which we call heavens are found in all that lives. From when a seed is planted, there are 7 days and 6 nights each with a specific purpose. These are 13 heavens alternating from Day to Night, each being a process of natural growth from seeding to eventual death."

"Hopop Caan, can you explain this to me?" asked Mike.

"The first Heaven is Day 1, the *sowing* time when a seed is planted. The second Heaven, or Night 1, is the time of *inner assimilation* when it readies for transforming itself in preparation for the third Heaven of Day 2, *germination* when it begins to develop within Mother Earth to reach towards the sun. There is then Heaven 4, Night 2 of *resistance* as it must gain its power and internal sustenance to force through to see the sun. Can you see how the day is one of expansion while the night is one of resistance, each at a different phase of the growth? It is the mood of Mother Earth that can affect this growth towards its fulfillment, as can the Sun."

"Yes, I see,"

"The next Heaven 5, Day 3 is when it *sprouts*, the first time to see Father Sun and now the Earth and the Sun work together to provide nourishment and life energy to the new plant. As it begins to grow, it must adjust itself to the new world around it and *assimilate* through the Heaven 6, Night 3, to adjust itself properly. As it so does, it enters the Heaven 7, next Day 4 which is to *proliferate* itself through the new energy of the Sun. It then enters the next Heaven 8, Night 4 as it attempts to *expand* itself to be what it was meant to be."

"During the Heaven 9, Day 5 it is the time of *budding* for its main purpose to produce. Heaven 10, Night 5 is a time of destruction as the plant now must place all of its energy into producing its flower if it is to flourish. Of course, Heaven 11, Day 6 is when the plant flourishes into *flowering*. Heaven 12, Night 6 is when it must *fine tune* itself to blossom to its fullest, and finally Heaven 13, Day 7 is the *fruition* when its bounty in the of form seeds is completed."

"I see it clearly," said Mike as he began to recall it, "and each Heaven is dependent on the mood of the Sun and Mother Earth as to what they can provide to support the growth to maturity."

"Yes, as well as the other planets of the cosmos. Each day and night brings a new phase of challenge and growth as its very purpose, and its essence towards its final purpose change. The elements of fire, earth, water, and air are all vital to the success, as are the internal abilities of the plant to grow. Its will to live and survive is its very essences or spirit. It is consciousness."

"And your wisdom teaches that all life abides by this?"

"Yes, it is what we know. All life including man who's essences are his consciousness are influenced by the moods of the cosmos, and the Sun and the Earth whether they understand it or not. It is because the essence of man, the consciousness is part of the God of all that exists. It like the Mother Earth, and the Sun are all living things which are themselves going through the same phase. All of life behaves according to this grand plan."

"Then how the residents of the Earth treat her will change the mood of how the Earth responds?"

"Yes, should we not till our soils, or should we not provide water, or the right place, it cannot fulfill its destiny."

Mike was thinking how the polluted Earth was not responding in his time and more and more artificial things had to be introduced to offset the pollution in order to grow. And the Sun—droughts, weather changes—it was forming a new picture for him.

Hopop Caan continued. "It is why we must live in harmony with both and give thanks to them for what they provide. It is why we pay such careful attention to the moods of the constellations as being the gods of the planets. They all have their own purposes and their essences are sent to us like from the Sun and the Moon."

"This is your Astrology?"

"Yes as it predicts for us when we should plant our seeds—when the mood of the total essence is right. It is why we have so carefully watched and recorded this knowledge over time."

"And the Astrology determines the basic nature of the individual humans as well?"

"Yes, we are all subject to their influences as they change their positions around us. Just as they determine the way a seed will grow, they determine the way a man will grow and mature, and develop his own essence."

"Are there not other time periods in your calendar called Underworlds?" asked Mike thinking now about his paper.

"Each period of evolution is an Underworld. There are 9 Underworlds of different length. The shortest is the Universal Underworld of 260 days as measured by one rotation of the Earth. The next longest is the Galactic Underworld which is 20 times longer than the last. Each Underworld is made up of the 13 Heavens. At the start of each one, a major level of evolution in consciousness starts, then goes through the 13 Heavens maturing progressively like the plants. As the functions alternate between day and night, they go from light to darkness."

"These cycles of yours are based on the very night and day we see as the Sun rotates around you?"

"Yes one day is a kin. It is measured by the position of the Sun from mid night to mid day. In our knowledge, each Underworld had an effect on everything that exists but these are all divided equally into 7 days and 6 nights, 13 in total that are simply a cosmic cycle for each Underworld. We have given names to these nine different underworlds."

"And these all repeat themselves, just as the yearly crops?"

"No, when the end of the Underworld is reached, meaning the 13th Heaven of Fruition, a new Underworld that is twenty times shorter in length begins as the First Day of sowing. It is like when one Underworld produces a seed that can then go through the Heavens twenty times faster. Thus during the last period of the Planetary 7th Day,

the seeding of the First Day in the Galactic period may occur. At the last 7th Day in the Galactic, a new seed is created to be sown to begin the Universal period. When all 9 Underworlds are complete, a new period where there is no time begins. And they all end at the same time. That is what we Mayans see as the end time."

Mike was thinking about the paper he read where they talked about the Galactic Underworld of 260 days. That was different than his 365 day year. This was a bit confusing he thought.

"It may be confusing for you but we have given the name *Universal* Underworld to the period of 13 Heavens that contain 20 cosmic rotations of a day and night called uinals. This is 260 kins. A Tun is 360 days which contain 13 Heavens of 20 Unials. You must not confuse these."

"So 1 day is a Kin, 20 days is a Uinal. Hopop Caan, what are these based on?"

"Planting to harvest of crops is 260 days as is human birth, as is the Sun passing through a zenith 260 days."

"Ok, so the next larger *Galactic* Underworld is also 13 Heavens made up of 360 days each? Why that length?" Mike asked as he calculated it would be about 12.8 years long.

"Each time period for the Underworlds is a multiple of 20 times shorter indicating a speed-up in time. So if you take the Universal Underworld of 260 days and multiply it by 20, you get the next the Galactic Underworld length of 12.8 years. You can do this with all 9 Underworlds.

Mike was having difficulty correlating these units with his own year of 365 days.

"The *National* Underworld is 5125 years long and it is divided into 13 units. They called these bactuns, each one being 394.3 years long.

"Now there are eight other Underworlds that are also divided into time units the same way but each Underworld has a different length. The Planetary *Underworld*, for example is 256 years long and it has 13 time units called katuns, each one being 19.7 years long."

"The Universal Underworld is the final transformation of consciousness."

"Yes, there is the *Regional* of 102,000 years, the *Tribal* of 2.2 million years, the *Familial* of 41 million, the *Mammalian* of 820 million years, and the *Cellular* of 16.4 billion years."

"And this is 5,125 years long. They all end at the same time?"

"How do you know where you are in the period?"

"They are determined by the positions of the Sun and the planets. We are in the Day 5 of the National Underworld."

"What is the prophesy about when these all end together?"

"Our Calendar predicts a great change in humanity as they approach the fruition of all Underworlds. It will be a time when the consciousness of man has no association with time. It is the time of the revealing and the entry to a new age as the rebirth starts from the seed of the last age. At that time the world is without time and consciousness of man would have evolved to its ultimate point of fruition. This means it is up to those who are left to start creating the new world and the new civilization. It will be a period where man will be one with nature and the Mother Earth and the Solar system will come into galactic synchronization with the rest of the Universe. Those left will be transformed as they pass through the center of the cosmos. All will be One and the material will be balanced with spirit. It is called Hunab Ku in Mayan."

How amazing Mike thought. He now began to recall much more about his life here. Although they knew so much about the stars and the consciousness, they also led difficult lives. Many of the remnants of the Golden Age were here but none of the abilities came close to that wonderful age. This was a time of war and conflict

between regions. It was a time of power and separation—a struggle for life itself. Mike began to recall his own conflicts and how delicate his own life was should he make a mistake in his wisdom. It was time to go.

14 The New Future

It was now a time of silence. Mike's mind was laden with so much information it was difficult to rationalize it into something that made sense. He wondered who else he was. His new destiny, whatever that was now, faded as he began to realize he was into that end time. It was another repeat of the Dark forces and the struggle of ascension. What could a Crystal Keeper do? These lives were seemingly pointless, especially if one could not remember from life to life and use the knowledge. The whole zero slate thing was stupid. It was like paying a mindless game of snakes and ladders for what? Ascension? New gifts? How could he even know it was so?

He began to drift to his last crushing day as Michael Carpetbagger. He then flashed to his time in Golden Atlantis. Shea-Ri could see she was losing Michael. Michael began to think about what roles he played in these lives and why they even existed.

"Shea-Ri," he asked, very perplexed, "how does one decide to take on a new incarnation and the type of life attained? Is it by destiny?"

"At the point of death of the body, you, as you are now go back to the Source from which you came. That is where everything you ever did and experience is opened. This is the eternal domain of love where no separation and conflict can exist. There is only you and God. There is no judgment on what you have done and you may review these memories like a scrap book for eternity. In that state, however, you cannot experience duality or the senses that a body holds."

"The drive of unconditional love however, which is what you are, may pull you towards new experiences and new ways to make the universe a better place for you and all. At some point, you may decide that you would like to experience a new life in a new environment. All the souls that you ever knew are here as well and you may want to plan a sketch of the new life. This may entail making agreement with your soul family to play roles in that life. Should you all decide to do this—and it is done in multiple dimensions—you would be born into a world which exists in the universe. That world is a physical reality created by the Creator, the whole you, and the roles would be undertaken like a movie script."

"Of course, there are plans that are made and agreements to be carried out that become your destiny but there is no guarantee that you will fulfill these as you have free choice. And by incarnating into the lower vibration, you cannot retain certain aspects like those you have learned about."

"Once you enter the physical world. And you are given the tools to create your plan, you, as you well know, have the challenge of developing and using them. Through this, as you now know, the cosmic forces are playing their roles in creating the acts, the scenes and the moods of the movie. So yes, you have a destiny but it is not totally planned."

"Shea-Ri, I was of the mind to go back to the Golden Age but that would be truly ignoring my responsibilities. Knowing how that wonderful time was lost does not sit well. Being in the higher dimension, that failure would be in my memories and haunt me, particularly when I know I have been entrusted with the sacred crystal skull."

"Michael, there is no judgment here but I understand that you have indeed come back for a purpose much different than you thought, and certainly more noble than you could have ever imagined. No one can decide for you on this. Many forget their purpose and that is perhaps why many choose to incarnate again."

"What is so unbelievable is that we are doing a rerun of this scenario of destruction some 12,000 years later! The demise of the people, and the wonderful technology they had—all done with their minds—that is staggering. To see that lost, and to see us now with 40 wars, 80% of the wealth of the world owned by 10%, 2500 children dying of starvation per day, and this drive to power, greed and separation is not a very good picture for the skulls to be reunited."

"Nevertheless, it is information kept in the skulls—and your own DNA—available to rebuild a new world even better than Atlantis. Is it not before the rebirth that we have the darkest hour?"

"Perhaps, but these Annunaki are still here. They run the planet and control the masses through the financial system. They create the wars, the religions. What else will they do to keep people in slavery? How can the meek people do anything to overcome this?"

"It is the meek that will inherit the Earth. That is what this time, the end time, is all about."

"What is it that these Elite do not tell us? Are they going to try to harness the Earth and piss her off again? Do you know?"

"I do, but I cannot tell you what you must do except that fear is not a solution. Earth is also an entity with an aura and resonance that can be altered. The wrong vibration can shatter her like glass. Yes, this was the goal of the Dark Priesthood and yes they are at it again. It is a program referred to as HAARP, a program designed to transmit high end radio frequencies into the ionosphere which is indeed Earth's etheric body, at a time when ozone has reached a break point. The Annunaki direct this through a secret government, again for dominance over human personality."

"So they can do it again?"

"This act can create ionospheric alteration that is dangerous and can eradicate life. Although HAARP is not yet fully functional, when its electromagnetic beams reach a critical frequency, it is a trigger that could shatter Mother Earth and delay ascension."

"How do they plan to use this?"

"The plan is to block chakras, control geophysical forces and draw their lost planet Nebiru back as our system ascends. They have experimented with low range frequency emissions beamed into coils and crystals of energy system to stimulate population to higher levels and amplification of geophysical reactions from Earth. This is called the Death Beam and is indeed the very technology that sank Atlantis. The death ray exploded in Siberia and although it was reported as a meteor, it was the Annunaki plan to improve the resonance to reel in Nebiru. They also plan to send vast subliminal frequencies to humans to once again subdue them into lower chakras and keep them in ignorance of their powers and keep them in fear. Your computers dehumanize the collective mind for control eliminating love and intense emotion, the true source of power."

"Then what hope is there?"

"This will not work. It is the mass consciousness combined with Mother Earth's that will change this. Plus you have other allies. The Sun is in the ascension process with Earth. This is a rebirthing process that cannot be stopped. The Sun is the celestial father that initiates passage through the astral chords into the next dimension. We are thus guided as consciousness units of the greater being. The Sun has entered an intense phase of transformation and is accelerating like us."

"I don't see how this can help us."

"The transformation process—metamorphosis—throws huge energy off in the form of flares. These peak in 2012. We did not go there but it is fifth Sun of the Mayans and the no-time seen by the crystal skulls. When solar disruptions such as these occur, traditional technology in the form of communications, satellites, weapons,

and so on, are rendered useless. This will override any mood manipulations. The spiritual ecstasy of the Sun is a supreme manifestation of All that Is."

"To Nebirians surface survival is no longer possible on their planet which is why Earth is of such interest."

"The consciousness of Earth has already risen in preparation for 2012. A number of things have been happening to prepare us all for a higher way of being, so that we can eventually bring back the energy of Heaven to Earth. This is a long slow process and will not happen overnight but Mother Earth, because of this insurgence of new consciousness has decreed that Earth will become once more a fifth dimensional planet."

"So is anybody up there helping?"

"The deal is that free will means that humans must ask. We cannot change that. We also cannot judge and must always be impartial about the information provided. Because of the stage of ascension, information is indeed being provided but it is up to the people to do something with it."

"What do you mean?"

"Pulses of light are being beamed to Earth at increasing intervals. Light contains spiritual knowledge and information. Higher Angels of Light are flocking to Earth. Wise old souls are re-incarnating to help with the shift. Indigo, rainbow, crystal children, and the enlightened ones are incarnating. Powerful energies that were withdrawn at the fall of Atlantis are being returned. These include Reiki, the Mahatma energy, the Violet Flame, the Gem Rays and others."

"The double Venus transit is starting to balance the masculine and feminine energy on Earth. The dolphins are making their presence felt. The Angels of Atlantis have returned to Earth to seek people to work with them to bring back the energy of Atlantis. The Unicorns are appearing. The twelve rays have anchored on Earth for the first time since the fall of Atlantis. The planet is detoxing, throwing off negativity and stuck karma, through earthquakes, hurricanes, and floods. So there are dramatic changes occurring in preparation for ascension. Your destiny is part of that plan." Do you see that you have work to do?"

"Shea-Ri, I admit that I am better equipped and the whole picture now starts to make more sense. But I am not sure about this. My financial life is croaking and after what I know about the consciousness shift, there is little hope that I can recover. This document that talked more about the business side of this old energy that is changing to the new is potentially devastating to many. I see it is the old energy of materialism and plunder of Earth to one of peace and synergy with Earth—exactly like the Golden Age of Atlantis. That is good but what about the poor souls that can't deal with it?"

"Was that the information you found before your meeting?"

"Yes, it was about what was happening on the planet, in particular with regards to the change in human consciousness from the old energy of profit and greed. It said we saw a clear shift of consciousness in the year 2008. The first real sign of the shift was in November of 2007 when the markets began their collapse. This was coincident with the Mayan 5th Night cycle bringing the Dow from 14300 to 6500 in 2008. Then in November of 2008, we began the Mayan 6th Day bringing in all the world financial powers to try to prop up and recover the 50% erosion in world markets."

"Yes, it is a natural cleaning process as the next stage of conscious begins. So the old energy must give way."

"But in November of 2009, we move back into the Mayan 6th Night when this signals another purge as the truth is revealed that the market balloon cannot be sustained and another 20%-30% evaporates into nothing which it was in the first place. The process of Mayan consciousness shifting back from night to day marks the shift in people's attitude from withdrawal from the old to support of the new. I fully understand that now."

"Yes, you now understand how the mood will withdraw support and the new energy is given birth by the intent of the mass."

"Yes, what this clearly shows is that the old energy is being purged and cleansed out of the world financial system, along with the banks and financial systems that support the old energy of false profits, deception, greed and power. It is dissolving as the mood shifts into the new energy of transparency, truth, love, peace, sharing and unity evolve."

"And you see how it relates to the process of ascension."

"Yes, I can certainly see the paradigm shift occurred in 2008. As we proceed through the Mayan cycles of night and day of 260 days, the old becomes replaced by the new. This was the spiritual cleansing and vibrational ascension prophesized by the Mayans and it is unfolding before our very eyes."

"For those that are aware enough to see this, it is to become, in the next three years, the most majestic heaven on earth that has ever occurred."

"And for those who do not care to awaken," said Mike, "and cling on to the old energy, it will become the worst hell they could ever imagine."

"Another choice, dear, Michael, another choice."

"I can see this clearly without the prophesy. I am well aware that the market and banking system is far from strong. It was all a big game to keep power and feed the slaves tidbits of lies to prop the economy up with false money that they just printed with a keystroke on a computer. It had no true value behind it. Just like my business. It was just a big promotional game to create a perception of value. But when the people got wise to this, or when the conscious mood changed, the support—and the believe of value—withdraw support. Now it is about to take another dive. Then what?"

"Then heaven on Earth evolve for those who wish to awaken. That is what this is all about."

"True. The flip side is we are at the end of this nonsense. It could be the evolution to a time like the Golden Age of Atlantis—one of the most wondrous times of human and Earth evolution. It is a stage that is happening whether we like it or not and whether we believe it or not. It is determined by the evolution of bigger forces than us and the alignment of the planets—all waiting for the grandest alignment of all when the Earth and the Sun transit through the center of the Galaxy on December 21, 2012."

"But it is still your choice as to whether you believe it, take advantage of such a wonderful blossoming, or ignore it."

"It is like knowing we are going to have the best growing season ever coming up but not planting any seeds. We would starve."

"Yes."

"Now I understand how the fruition phase of each Mayan period comes together to its final maturity—the final blossoming of all life together. This process really began in 1999 with the Galactic Underworld which marks the ascension of humanity, and the vibrational increase into the new age which the Mayans marked as the End Times."

"And the last period of Universal Underworld begins in Feb 11 2011, all Underworlds terminating in October 28, 2011, 260 days later. Wow! What will we learn in that 260 days will be equal to what we learned in the previous 10 years!"

"And so you see, Dear Michael, it is not a prophesy of doom, nor of cataclysm. It is a time of change from material to natural, from separation to unity, and to a spiritual evolution of mankind, to where time does not exist, as in your new world of quantum science. The process reflects overlapping periods of consciousness evolution that shift in their focus and attention. That shift is now most apparent in the thirteen 360 day Galactic cycle that began in 1999."

"Now I can relate this calendar and the paper to our current situation. The top four Underworlds are relevant. The last period Universal is 260 days long and it is concerned with enlightenment. February 11, 2011 is the start of it when the Galactic period of 12.8 years is in the fruition stage and started in January 5, 1999. It is concerned with healing and balance. The Planetary of 256 years duration is concerned with the left brain

materialism. So the progression is from materialism to healing and balance to enlightenment through the evolution of consciousness. They all end on October 28, 2011 and each is seed for the next."

"It is so."

"So for example, the last Universal concerned with enlightenment consciousness will start with 'sowing' the seed and end in 'fruition' completed on October 28, 2011. And because things happen twenty times faster each time, we will learn the same amount in 260 days as we have learned in the 12.8 years of the underlying period."

"Exactly, my dear Michael."

"That means all those 13 time units are shorter and shorter. Yet they are all active at the same time and they have a compounding effect on each other. The idea here is that human history—or mass consciousness—is changing faster and faster for each Underworld as it progresses to the final stage of Fruition. And each one starts like a seed, follows the 13 growth periods to Fruition, each having a different effect on some part of human consciousness evolution. Now I understand why it is not an end of world scenario, only an end of time as we know it. It is simply the entry of a new age and the end of an old one. Linear time is our 3D construct, it is suggesting that our new perception will eliminate that idea of linear time."

"Just like in a dream, is it not?"

"Yes, just like we have no time right now. But I still see there is a warning here. We are writing our own history through our consciousness now, having raised vibrations above a threshold. This means that the catastrophe mentality or fearful mindset is indeed capable of creating catastrophe. It could eclipse the joyful anticipation of millions of indigenous people who are looking to celebrate the calendar's end. So I guess we can screw up the plan to higher level consciousness if the mass consciousness goes fearful and negative."

"Yes, you are all heading to a period where there is no Grand Plan. Then no one really knows what the mass consciousness will create. Keep in mind that the moods and positions of the planets with the Sun and the Earth are important influence on consciousness."

"Is 2012 a key year cosmically?"

"In 2012 the plane of our Solar System will line up exactly with the plane of our Galaxy, the Milky Way. This cycle has taken 26,000 years to complete. Two other galaxies will also line up at the same time making this an incredible cosmic event!"

"This suggests we are all puppets in a grand cosmic plan."

"In a practical sense, the date of 21 December, 2012 is the gateway to the world of grand consciousness. The Galactic Underworld of 1999 – 2011 is concerned with telepathy and intuition, not technology which is left brain focus. Advances towards an inner state of happiness and our will becomes more apparent. Will brings forward intuitive, not analytical experiences. Our will can then not be allowed to deny the existences of a living cosmos. The East, which is more advanced Spiritually, becomes directed towards Spiritual enlightenment. Nations, as political and economic units, are now disappearing. Patriotism will become increasingly hollow and individual nations will begin to lose national boundaries. Conflicts and wars will diminish as their boundaries fade and the movement against global materialistic dominance will accelerate. We are all one and all part of the same Divine process of creation. As hemispheres of the brain balance, no Soul will control another and all the political, racial and religious differences will break down."

"Shea-Ri, I have not really been paying attention."

"Things are accelerating at a profound pace and the underlying change in consciousness has already happened. Now in the final Fruition phases of all these Underworlds, it is a matter of 'the truth being revealed' and the underlying mass consciousness manifesting new systems to replace the old. And with the Indigo and Crystal children, there are a mass of new thinkers ready to take action and create a new world of peace and love for all."

"But this will not be without resistance from the established world order of the Elite, will it? What does the calendar point to as more specific predictions in the next five years?"

"Day 6, November 13, 2008 to November 7, 2009 will produce a tense coexistence between new Spirituality and remnants of global materialistic power. During Night 6, November 8, 2009 to November 2, 2010, a second purge of old energy should unfold to be ready for the harmonic convergence of May 21, 2010 to set up the scene for the last balance. Here humanity will receive a pulse of cosmic consciousness. Then Day 7, November 3, 2010 to October 28, 2011, is where the balance is complete signaling the end of one Soul's control over another—the start of a new cosmic consciousness."

"Wow, we have a lot of work to do!"

"Remember there is no good or evil. Those who promote this duality contribute to the suffering of the planet. Those who pursue a materialistic career typical of Planetary Underworld will no longer be valid. This will be impossible due to high frequency changes that support development of intuition. They will meet dead ends. The Galactic Underworld is about healing and global and individual balance. The mind chatter of judgments and comparison will cease to split the higher self and mind and national dominance will dissolve. The strategy of becoming rich and the drive idealizing growth to destroy the planet and humankind will cease. The mind that is whole, not dualistic, is about to be created. The end of creation will be ruled by the unitary mind of one world, one nation, and one Creator. The road to peace is to transform our mindset to unitary consciousness."

"So we need to get out of the mainstream materialism and trust Spirit. That is not simple for so many rooted in the system."

"Yes, all the more reason for us to get out early to lead others. How humans think and act is determined by a particular Heaven and underworld that rules at the time humans live. Throughout history, humans have been puppets to Spiritual and cosmic forces but the combination of left brain and the churches have discredited any thought of it. It all ends in 2012 and we get out the script to manifest whatever reality we want."

"I can see some interesting interpretations. The US represents western energy and will lose dominance as media, military, and technology. It will no longer inspire people, and the material leadership no longer confers true leadership. This is an underlying consciousness that has already happened in the Galactic Underworld. "

"Yes, Michael, the New Jerusalem refers to a new enlightened mind. Jerusalem is a global indicator of duality of the modern mind. The Galactic Underworld is a path towards wholeness and love. The new crystal children will refuse to waste time with lower worlds. The past will not dominate the present, and forgiveness transcending judgment and evaluation will evolve a strong right brain."

"So trust your intuition and balance right with the left brain. We know judgment inhibits the flow of love. If we had telepathy and intuition with all like in the Golden Age, then nothing could be hidden. That is what that last Underworld is all about. Any accumulation of material wealth, duality, and ego will die."

"Yes, that is about choice. The consciousness changes their level of importance and focus. We know that to be true—it is simply a chosen point of perception. To be a true creator and diminish cosmic influences, we must learn the cosmic plan and create images with individual choice and this will turn our cherished notions upside down. The kind of choices that humanity makes now will determine the outcome of the planet—this is not a given. The choice is made little by little as a new cosmic plan unfolds. So is it unity or duality? Do we climb or stay? Those who climb will assist others. Those who do not may become sealed off from the energies. Paradise or catastrophe is not up to the cosmic plan but up to how many choose to climb."

"So, Dear Michael, have you decided to leave or stay?"

"I am feeling that I have much to do but I do not know what."

"Do you not know yet that it will be revealed when the time is right. The question is whether it will freak you out or whether you will be ready?"

"I am hearing again we will be transformed through the ascension process whether we agree or not."

"Yes, you are already being upgraded as your vibrations increase. The seven chakras are a prismatic expansion on the human brain generating several energy systems forming a light body. Chi or prana is the energy of life

connecting to the creative field of the Universe. The chakras will evolve with the Underworld, the 8th being the light body or Spiritual energy body. Current media technology blocks telepathic and intuition development. This blind consciousness from the Planetary Underworld looks on Earth as dead matter to be exploited by economics governed by the left brain. These waves pollute minds and the atmosphere with radiation. This will change as the right brain brings balance and respect for the living Earth. The Sun will once again be an expression of Divine love providing light and love. Our apprehension of reality is changing as all objects will be seen as expressions of a living Divine force. The final transformation of the human mind of light is when the Venus Transit occurs as it passes over the Sun on June 6, 2012."

"How do you think others less knowledgeable will deal with this? How will they know what is happening?"

"Only a minority will recognize the wave movement of the Divine plan, let alone believe it. But even in the most primitive societies, there will be a feeling that something wonderful is going to happen. That is part of the awakening process—to prepare the meek. And the Spiritual leaders will all come forth to guide people. We are going to help as well, aren't we? But those stubborn people that do not want to change will also be changing physiologically so their transition will be difficult. If people resist they will simply die in the normal cycle."

"So this will all be revealed to us. We will just know as we get upgraded?"

"But what you do with this is still your choice. The Universal Underworld of October 28, 2011 is when all is brought together and resolved. Here is where we are all unified in light and everyone can understand each other and everything at once, recognizing the Divinity as One."

"What happens to those that don't go with it?"

"When a balance is created you experience pure being moment by moment. The ego was established to serve a dualistic mind. It cannot survive the Universal Underworld as it is not consistent with the unitary field of light. The ego thus jeopardizes the survival of the individual. By 2012 the dominance of the dualistic mind will wither and all conflicts will be resolved. The old order will no longer be real and advanced technologies will be in service to humanity and living cosmos, not to dominance. Monarchic rule, democracy will be a thing of the past as all people are in unity and harmony. All hierarchies will have crumbled, and there will be no dominance of one Soul over another. There will be no need for governments to control or steer people. All are equal and limiting thoughts disappear. There will be total sensual engagement in the present moment, with no need to maintain continuity as we will experience complete freedom."

"Like the Golden age of Atlantis."

"Better. You will experience yourselves as Divine. After 2012 it will not be possible to not be enlightened. After October 28, 2011 when the new reality has manifested, a dual mind cannot exist in the higher resonance. It will allow for a complete healing of the past. People will have to adapt to a new frame of cosmic consciousness. There will be no death at the End Times. The Mayan calendar does not predict beyond 2012 as it is the end of the Divine Cosmic Plan. Each will be totally free to live according to their choosing; free of the plan so nothing further is predictable only freedom, joy and peace."

"I am getting a new perspective on this financial collapse. The world economy is abstract driven by money which is intangible. In our Western world there is no money just debt. If it was all erased, and it was all fake, and stocks and debts disappeared, what would be lost? It is all an illusion as we know. It will fall back to true value of goods and services. All paper and cybermoney is worthless. The abstract world of money is a game for control and it continues because it is believed to have value. These are simply mental shifts; economic cycles reflecting oscillations which control the economy based on mental agreements—consciousness—that shape our minds. Monetary evolution has cycled from silver/gold as the basis to start and changes to worthless paper as abstraction increases. These are mental constructs. Obviously by 2011 a stressful economy will not exist. The gold-paper cycle is driven by the Planetary Underworld as a monetary construct floating on air, based on people confidence. The European Union has no gold and the world has been disconnected from value of anything real. As the West loses dominance, a new currency will be part of a buffering role that Europe is about to take."

"That is perceptive of you, dear Michael. What do you want to do about it?"

"Shea-Ri," Mike answered quietly as he pondered, "that is indeed a good question. I have one of the keys as Keeper of a crystal skull. My current life is so drab compared to others. I already know the wonder of the Golden

Age and I am carrying part of the mind technology to make it even better. I feel compelled to believe that I must not abandon that responsibility and give up because my perception has been so dismal.”

“Yes. And so?”

“I can tell you that I do not feel any upgrade. I am having a difficult time rationalizing how all this can happen in such a short time. We have talked about all these powers of mind and telepathy through the upgrade of DNA. Then there is the Annunaki with their agenda. Where is this Consciousness that is unfolding? Am I too blind to see it?”

“My Dear Michael, it is time for us to meet someone very special.”

15 Ascension

Shea-Ri watched and quietly sensed Mike as his mind became turbulent. Michael's mind was wrestling with who he was now, who he had been, and what he was in his unfinished life—or what he was meant to be. It was like he was overloaded.

Michael was trying to form a sensible rationalization of all of this. Underneath there was a new fire burning and crackling with a vitalized warmth through his body—or at least what he thought was his body.

He began to think about his life as Michael Carpetbagger, comparing it to his other lives. How dull, he thought, compared to those lives. He saw a long way to go. All that wisdom he had that was seemingly lost—what an insane design of life.

Shea-Ri picked up on this. "Dear Michael," she said with a beaming smile, "do not judge your life yet as it can still unfold. Every life is valuable and the experience equally so. This is what you wanted to do to experience something new. It was your arrangement. And it was your desire to take the challenge to see if you could make it better for all. Do you not sense that all you have done is simply created a platform to launch from?"

"Well, I flubbed it, didn't I," replied Mike, "did I not just terminate this life?"

"Did you? Perhaps you are simply dreaming?"

"Am I?"

"There is no difference, Dear Michael, can you not see that yet? These lives are all in your consciousness which never ceases to exist. Have you ever considered that what you are doing now was already pre-written for you to see the light of your next evolution and purpose?"

"No."

Pondering deeply, Mike's mind was in a vortex of confusion swirling endlessly. It was hard for him to figure this out and his mind was simply not getting it.

"Michael, your mind is the portal to all consciousness and all that ever was, and all that ever will be. You can see how your memories are coming back to you as you simply think about them. In your case you are in the 5th dimension—in a special crossover time—and by me taking you to your other lives, it is like your past life regression therapy that triggers an access to the past life memories. It is like you getting access to specific information on your Internet. But it is all within you, encoded into your DNA and your consciousness. Is your previous life real? In your memory it is. Is your life as Michael real? Right now it is also in your memory, is it not?"

"What is this 5th dimension crossover state?"

"It is where you are now. You are etheric in form, with all consciousness and memories available. You do not need a physical body, yet you can feel everything and enjoy as if you had. If you wanted to materialize, as you did in the Golden Age, you could do so. But in so doing, you take on the limitations of that 3D form—that is the way it works. You are telepathic and you have all of these incredible abilities that you once had and can rediscover. You can simply go where your heart desires—any lifetime, any place, any form. You have no need for material things like money, have you?"

"No."

"And you have no idea how long you have been here. It could be a second or a week or an hour. You are in the now. There is no linear time, only this instant that moves to the next."

"I see that is what is meant by the Mayan end time where there is no time."

"Yes. That is where this planet, and as many that wish to follow the ascension path will take us. This is what you have come to learn as the new energy as opposed to the old energies. The difference is 3D where you are stuck to the lower three chakras in a dense material world where the upper three chakras are slaves to the ego, and the 5D where you are now, focused on the upper four chakras having both worlds at your command."

"So where we are headed in this ascension thing is to retain both, but balanced by the heart?"

"Yes, by balancing both you have the power to move between the two at will, as you are doing now. The brain is the control center while the heart is your command center. It is your ally for this state because the brain and the ego do not exist in this higher vibration state."

"Just like ice cannot exist in a steam state as its properties are lost. So from here I can go back to being Michael or stay here?"

"Yes, it is your choice."

"Then why would I want to go back? And does that mean Mike dies if I don't?"

"When you left Michael's body, he was in a sleep state. It can stay that way until you return—like you do in a dream state—or you can return. The body is in a time zone, not you. Here there is no time so you could be here several life times or a second. If you choose to leave permanently, then yes, Mike's body will cease to be as you withdraw the life force and you would remain here. And as to why you would go back? It would be to have new experiences, learn who you really are and create a better world for you and for all. When you look back at your lives, were they not wonderful experiences?"

"Yes if forget about the bad stuff."

"It is you that deems these bad. They are there to teach you what is good, not dwell on the bad."

"What is this ascension of the planet all about, and the planet changing energy?"

"The planet, and the universe, function on the basis of cycles of orbits. They affect the greater consciousness as you and the Mayans understood well. There is no time, only cycles that interplay depending on the type of harmonics they resonate. All living things are a part of the planet Earth which is also a living entity. Remember in the Golden Age how you could communicate with everything—even trees, animals, rocks? You are all one organism."

"This is what astrology is all about."

"Yes, the Earth is ascending as a natural cycle of evolution. It is her time and therefore she is raising her vibrations. As such, all living things that are part of her are also having their vibrations raised."

"Whether they want to or not?"

"Yes. But remember you have free will and you can pay attention to it or not. You can open up your awareness of it and synchronize your mind and heart with the process, thereby moving to what you are presently. This transition period is 4D. The process will be complete by the major galactic alignment in 2012."

"So what happens if we ignore all this?"

"Well, Michael that is your choice, and there is no judgment but I think it is time to meet the Ashtar Command and their leader Sananda. Do you recall anything about them?"

"Hmmm."

"Put your attention on Sananda, the ascended Master who was on Earth as Jesus Christ. Just let your mind and you heart be there."

Mike began to repeat the name and ask to be there. Instantly they were surrounded by entities of fuzzy outlines. Nothing else was around them. It was like an angelic space where they were all suspended.

The thoughts permeating Mike's mind were very clear.

"Greetings Michael and Shea-Ri. We are honored for your visit. We understand you have many questions for us about the ascension of Mother Earth. Would you be more comfortable in a more physical environment?"

Mike felt that would be more appropriate. Instantly they materialized in what looked like the inside of an enormous space ship. It was a large circular room with glass around it looking at the stars and planet Earth. They were seated in a circle. The majestic beauty of it overcame him. He thought about the command bridge in the movie Star Trek.

"Dear Beloved Michael, I am Sananda and these are our council members. We are the protectors that are aligned with the Intergalactic Command ready to assist those who ask. We do not interfere in any affairs. Please sit with us, and ask as you will."

Mike was communicating telepathically. He knew that all of those entities present were speaking as one through Sananda. He knew that they had created this environment for him to make it feel more like his mind was used to.

"Yes, it is so. We all speak as one, as you can learn to be one with us and know all that there is to know as well. We have simply created this type of reality for you to be comfortable. Now, Dear Michael, how can we be of service to you?"

Now settled, Mike was still being distracted by the surroundings wondering how real they were.

Sananda answered. "This is one of many space ships existing in the other dimensions that you cannot normally see. We are the protectors of the Galactic Federation but we do not shoot and fight like your Star Wars films. Because we are ascended Masters, we can only vibrate in peace, love, and harmony as that is our very essence of life and creation. We will only act in that way. As we are evolved into an etheric state we cannot be harmed or attacked by those who may be in 3D or lower evolved simply because they cannot sense nor see us."

"So you are all around us in a parallel dimension all the time. And it is not until we elevate ourselves to a higher level of vibration that we can see you and communicate with you."

"Partially that is true. We communicate with you constantly but it seems difficult for the communication to be recognized as your culture does not believe it. You are stuck in the 3D material reality of material science. But it is true you cannot see us until you do raise your vibration—as you have now."

"And that is what ascension of the planet is all about?"

"Yes, it is so. It is time for the planet Earth to ascend. The question is who will ascend with her."

"It seems to be like a training school."

"In a sense, yes. It is your choice to go to school and your choice on how you value or perceive the lessons. If you learn, you eventually get a diploma. With the Earth's school, it is the same. The lessons and the school are there. How you learn and use these lessons, or whether you stay in school, is simply your choice."

"We are a mere two years from this time of ascension. That does not seem to be a long period of time. The Earth is in a period of darkness as far as I am seeing. How can this school be successful within such a short period?"

"There is not an instant of time, like Dec 21, 2012 that everything just happens. It is a process, like in your world, a new computer program, or a new functionality kicking in. Alignments and celestial objects influence consciousness focus in a gradual process, not instantly."

"Is that what has been seen as the shift in the world markets and the commerce collapse of last year?"

"Yes, you see, the shift had already begun in the minds of people and something needed a catalyst or trigger. During the Mayan 5th night, that trigger was a withdrawal of belief and support to the credibility of the market and it began to dissolve."

"What you are seeing is the change in consciousness that has to do with awareness and the resultant mind state. The belief systems are changing from old energy of fraud, greed, conflict, and deception to new energies of compassion, hope, oneness, trust, and spirit."

"From separation to unity."

"Yes, what you have not realized is that people are changing mentally. People are ascending all the time. They are moving into this stage, seeing everything as you do all the time. You, as are many others, are too rooted in the old energy of profit and power to be able to see it. But nevertheless it exists and is happening on a continuous basis."

"So the next Mayan night is another trigger?"

"Yes, things are accelerating as the numbers of people awakening is increasing rapidly. The old energy is not being supported by the mass conscious mind. The dissolution process simply purges the old while a new mentality evolves. In this case the process is ascension."

"But this time we are ascending and being changed automatically. We did not have a choice in this?"

"Your choice is to ignore it if you wish it so. Just as you have ignored the abilities you gained in other lives, just as you ignore the new energy, it is your choice to do whatever you desire."

"What are these changes?"

"Your life that you have created has been a result of every thought, vision, word or feeling. These are the powerful energies that you alone create through the perception of your experience, as coded into memory of consciousness. Whereas before thought to manifestation could take time, the new ability to manifest whatever you think and feel is approaching a point of being instant. It is part of moving into the transition period of 4D."

"Obviously, one does not want to be thinking about negative things!"

"Yes, the laws do not distinguish between bad or good or negative or positive. Your thoughts, images, words and emotion are energy that simply go and attract like energies to give a like experience."

"Of course the strength and clarity determine the power of the energy, right?"

"Yes, you must follow the pillars of wisdom that you held so dear in other lives but have forgotten. Otherwise you can bring a hell upon yourself rather than a heaven."

"What are the other changes that are occurring to us?"

"Your DNA is being upgraded to 12 strands whereas the 10 were effectively dormant. These will begin to open up the powers that reside in you."

"Like what?"

"Your bodies will become lighter. You will learn to not require as much food or sleep. You will become telepathic as you are now. As you learn to manage this, you will sense and feel other's feelings as there will be no secrets. Everyone will interconnect, with all life. You will take their pain and be compelled to heal it so you will have new healing abilities as well."

"That's the way it was in the Golden Age!"

"Yes, you will learn to teleport, change shape, go anywhere, do anything just placing attention into your mind. Manifestation time will be instant, as it is now, here. As with your dream state, you will open a 5D portal between the worlds of dual reality until they also become one world as you are in now."

"I can see that telepathy, teleportation, energy healing will very quickly change the economics of our transportation, communications, and medical systems."

"And peace will dissolve war and conflict. These are old energies. And as the awareness increases, the consciousness will not support the old system and the new will blossom. That is the 4D transition."

"I can see that crystal energies will change the landscape as well. These are all changes that we had in the Golden Age. We were balanced with Mother Earth. We all lived as one and respected each other. Our crystal energy was also in harmony."

"Yes. It is indeed an irony."

"You will realize that not only crystals but groups and relationships amplify the power. You learned this well in your crystal temples and your meditations that focused mind energy. Remember how there was no need for money as all that was required was manifested by those who had the greatest skill, like you as a Maji. There was no reason to have jobs for money."

"But this is not an instant process, is it?"

"It can be for some. Many are already there. Many will not change and cling to old energies. But to make changes, you need to take action. You will intuitively begin to know your purpose. Seek out your gift and follow your passion. Learn to be precise about your heart's desires, add emotion, passion/desire, words and learn the power of crystals connecting through relationships. Use trust, compassion, and gratitude constantly. Support these with the heart. It is the center of Grace. Live in harmony and love with yourself and by so doing you live in harmony with everything else."

"Freedom is balance of mind body soul. Examine beliefs as they may hold you back. Banish negativity from your life, listen to instinct, and heed Mother Earth. Trust all is divine and perfect. Take care in what you think and ask for as you hold the genie bottle, the universe is the genie."

"Where do we get help on this?"

"We are helping you now. You know now that you have many helpers. You must learn by asking for help. Find your own sacred space to work in so you can not only listen to communications but you can speak and ask. To

meditate is to listen, to pray is to communicate with the center of Grace—Graceland if you wish to call it something. “

“And that is the link to the soul?”

“Your soul is outside the body and death is simply leaving the 3D holograph. You now realize that Consciousness is God and it stays with the soul. Your body is simply a means of attaining experience which is encoded as emotion. The soul is part of the greater consciousness represented by Graceland. Together this forms the collective of experience and manifestation. It is like one giant computer where the mind is the portal between the two.”

“Sananda, on this ascension towards 4D and 2012, what happens to the people that don’t ever use their gifts and cling on to the old energy?”

“As this progresses more and more people will realize their gifts. More and more people will open their minds to it and will see, or be taught the simplicity of it. Much of the process of what s happening and what will happen will reveal itself as ascension progresses. It will become more common place and those who can teleport and deploy their gifts will help to teach others. Some may want to ascend completely. Others may stay, others will work towards the Golden Age of Earth.”

“But there appears to be a dark element like in Atlantis.”

“In Atlantis, the dark forces did indeed topple the scale. Remember the people were regressing to a lower and lower state while the dark side was taking power. They subdued the race and blew a circuit in the living Earth. This time it is the opposite. Certainly there are dark forces at work but the people are evolving rapidly.”

“But they can still blow the fuse of the Earth.”

“Perhaps. That is of course not completely written but there are many safeguards as Shea-Ri has explained. The energy of ascension cannot stop, only detour. Earth is ascending and changing. Plants, animals and Earth are changing. Ascension is related to the 2012 planetary alignment. Now the collective mind and the global community is gaining more power. It is this massive energy that seeks out like energy now and the momentum and collective have more power. This is the way of it now and Mother Earth herself. Now that she has so much positive energy coming at her, she is doing her own cleansing.”

“You mean like the catastrophe in Atlantis?”

“No, that was caused by all that energy that had devolved. It was harsh and swift. The cleansing of the Earth will occur in a more natural way that the global consciousness evolves, not devolves. This helps Mother Earth trigger her cleansing in a less violent way.”

“But there is still no guarantee, is there?”

“Neither we nor any one can say. It is simply the way the group consciousness evolves. You are in the transition time where the Earth will indeed transform, but how the rest do is still to be seen.”

“What about the Elite that control the world economy. What about the HAARP project designed to subdue the mass like in Atlantis? What about the plan to keep the mass, and the planet in bondage?”

“Yes, we see that is so. And these forces do not inform you of what their plan is. But you can already see that their monetary world of money controls you. It is in decay and will decay further as the truth becomes clear in the next year. They are desperate lost souls and now have serious decisions to make as to how they wish to play this game. Will they try to control the Earth’s magnetic fields again and destroy it? Will they hope to ascend with the rest, or will they try to control it? They cannot ascend unless they are of higher vibration. This they cannot buy with dollars. Their bodies cannot withstand the light that must enter. As the energy of Mother Earth

increases through the support of billions of ascending souls, it will become impossible for them to execute the control they tried in Atlantis. We believe we are already beyond a threshold of danger.”

“What will happen to those that do not ascend?”

“The old energy will form a different group. Right now you have such a different group already. As you evolve over the next years, these will become more and more separate. It is our feeling that this group will become smaller and smaller but it simply means they will die as in the normal process and be incarnated somewhere else, or they will come across to the other energy when they are ready.”

“What is different about this time?”

“This time, it is not a matter of each individual finding out that this ascension was possible, as you have been living so far. This time, because the Earth is reaching a rebirth through ascension, everyone is being upgraded at the same time. No one is excluded because they are all part of the massive living unit of Mother Earth. She nourishes your life.”

“But what each does with that upgrade is still not known.”

“No one can make that decision for the individual. It is theirs alone. As it is now, some take the gifts and learn the wisdom rapidly. Some may not ever learn. But nevertheless, each will have the chance and the choice.”

“But how? What about remote lands where people have no TV or newspapers?”

“This is not the way of it. Your media is designed to keep you in fear and low vibration. The people you speak that make up the vast majority know nothing of this except they have Shaman and spiritual leaders everywhere, as well as new ones that are evolving rapidly as they realize new gifts. These leaders, and the fact that those innocent souls are living a simple life, will simply know what is happening. It is part of the process.”

“So it will be like the evolution of the Priesthood in Atlantis?”

“Somewhat but each individual will progress at their own speed. There will be those who take the gifts and work towards the betterment of others, as you have now.”

“I see. In Atlantis, the priesthood was bribed and fell to the dark side. What is to prevent that now?”

“What you call the priesthood in your time is reflected in the many religions and churches. They have already fallen to the dark side and in fact always were there for many centuries. Their deception of being the guardians of the gate and holding the people in ignorance of their godly state is being clearly revealed the same as the financial deception. The Priesthood of Atlantis included a small number of Ascended Masters that fell, but only a few. It was the Maji who fell the most but that group has not yet evolved. They are now evolving so there is nothing to fall. At the same time all people have a chance to ascend to the state of 6D as were the Priests. The difference is that it is reversed as you are evolving yourselves. No one has been sent to teach you or lead you. You have not devolved from 6D into 3D form and forgotten. You are evolving from 3D into 6D and remembering. It is a vastly different process. What is left is to free yourselves from the materialism and corporate pyramids of power that hold you in bondage. You will be the first species to hold all forms and abilities by choice irrespective of dimension.”

“But you have a hierarchy here. How does one become an Angel like Shea-Ri or an Archangel like Michael? Sounds like a structure based on ability or power.”

“When a certain threshold is reached, be it the 6th dimension, there is an inherent code written into that being. It is a code written in unconditional love, and although you may not be able to fathom this yet, the energies you speak of simply do not exist. They can't any more than ice can exist in steam. We do not have ego, we have service. We do not have a body; we have an energy vehicle for consciousness and simply choose what shape we

want to be in. Now admittedly, if one of us decides to lower the vibration to a 3D form, they can be influenced because the ego has entered the picture. Shea-Ri is an angel by choice, not by credentials or degree of schooling or ascension.”

“You are right, that is a hard concept.”

“But you can all devolve into a 3D body by choice, as I believe I can. So then you forget and it all starts again. What is the point?”

“The purpose of this whole exercise is to evolve through ascension, not descension. It is the body and its relationship with the holographic reality of Earth that provides the world of experience, of contrast to develop a more wonderful universe. The people of Earth are ascending into a unique state never attained before except by exiting the body. We can only remember experiences. We cannot engage in them as we need the polarity to create new ones. What this ascension means is that people can take their bodies with them into the higher dimensions thereby being able to enjoy both worlds or in any form. That is what the fuss and attention is all about. This is the first time it is being done this way.”

“So no one really knows the outcome of it.”

“Only that it will be an evolution into a new and wonderful time of infinite possibilities in any form. Eventually the form will evolve to a state of homo luminous—the true light being based in silica instead of carbon. They will seed other galaxies.”

“So everybody ascends into a life like Golden Atlantis and over time people fall to the negative again. Obviously there are always dark forces around.”

“It could well be so for some. As long as there is a dark force around, there is an opportunity to convert it to the light. But yes, it is the process of the infinite consciousness evolving. But now there is no grand plan and all the workings of the grand consciousness are being revealed to be used by all who choose.”

“When I merged with the body of Altos, I felt the emotions and contrasts but I remembered everything as well. Is that what you mean about being different?”

“Yes, you will be able to take any form, be anything, and do anything.”

“What if I choose bad stuff to do?”

“The old ways were to punish the one who held esoteric beliefs. The new energy will instantly know negatives and provide ways to heal or convert. It is a state that does not support negative energies.”

“You say you can’t feel hate or anger?”

“Let me ask you something as you are now in a 5D state. Can you actually develop a feeling of hate or fear or power? You are functioning at a true heart level of balance. Can you actually say negative things and feel anything but love? Can you find your ego?”

Mike pondered this. He had a lot of questions but they had nothing but a quest for wisdom attached. He spoke of others but there was no judgment or conditions. He had not remembered the peace, love and safety that he had here. He actually felt like he could not muster up a negative feeling. What a strange feeling. It was like he had all that negative stuff slurped out of him with a big vacuum cleaner.

After a time, he responded. “No. As much as I try, it does not seem to be within me to judge or to bring negative energy forward.”

"Dear Michael, you are in a transition state. But you get the point do you not? We have no hidden agendas. We think as one. Love and service is our being. It is what the God consciousness is. As you evolve you will be like the light bulb that is designed to light the room. It simply cannot cast shadows and reveals whatever is hiding."

"But it is a state of weakness. Others that are heartless can take advantage of that. That has gone on for all of time. Is that not disconcerting to you?"

"It is simply a lesson and opportunity to light the darkness. There is no disconcerting. It is simply a larger scale within which we convert the negative to positive energy. We exist as part of God to make this a grander universe. No one can destroy us. We, like you, are eternal working in service to make this a greater universe."

"But you still have Guides, Angela, Archangels, Ascended master, 6th, 7th, 8th, and who knows dimensions. Is that not a hierarchy of ability?"

"Yes, it is but it is not a hierarchy of power and reward. Some come from other galaxies. We are a vast galactic brotherhood of light, some with differing knowledge and ability. In your world people choose their vocation or passion depending on their prior experiences and knowledge. It is no different with us. But we have no competition or need to conflict. Remember back to your life in the Golden Age?"

"Yes, I understand," agreed Mike. He could see the picture now.

"Sananda, I am staggered at the immensity of the change in energies that are to occur between now and 2012. How can this possibly happen?"

"Recall the Mayan last period called the Universal Underworld? Consider what they said. In each period there would be an acceleration of 20. In other words, each period would be 20 times less in duration meaning that the same amount of knowledge would be attained 20 times faster. In the period you are in now, from 1999 to 2011 you have learned as much as in the last 256 year Planetary Underworld. In the last Universal period of 260 days, starting in February of 2011, you will learn the same amount as in the last 12.8 years. Can you fathom the immensity of that information?"

Wow, Mike thought, talk about a serious download!

"Within a short 6 months, you have seen 50% of the world's money vanish. How long did it take to create the deception of profit? Where is it? What happens when the other deception of military, pharmaceuticals, energy, and finance are revealed? And what happens when you begin to realize the new energy technologies like crystals, teleportation, alchemical gold and diamonds, levitation, instant healing suddenly come to you?"

"It would cause huge upheaval in the world."

"Michael, it is your perception that you are fed. Of your world population of souls, a very small percentage of people hold the wealth and the power. It is them that need to adjust. It is a small minority that has led the vast majority to believe they need the governments, and the structures, and the protection for well being. But what if that is realized to be a fake ideal? Will the loss of a bank and the evaporation of your mortgage bother you. Will the evaporations of a nation's debt or the need for taxes bother you? I think not. You must change your perception of chaos and look to the purging as a wonderful change."

"But people will panic."

"Perhaps some will. But again 80% of your world already has nothing to panic over. In addition, you have had a new generation of Crystal and Indigo children being born that already have 12 strands of DNA active. They are the underlying force to change as the old energy ways are not part of their knowing. They are the new leaders. In addition to that, you will see in the next years the revealing of extraterrestrial life that has new technologies to share. We as the members of the Intergalactic Command ready to assist through the process of exopolitics, ready to form transitional structures to minimize the chaos. "

“What is exopolitics?”

“Exopolitics is the study of the key individuals, political institutions and processes associated with extraterrestrial life. Information concerning extraterrestrial life and technology has been kept secret from the general public, elected political representatives and even senior military officials. You will come to know this well.”

“What do you mean?”

“Michael, you carry the wisdom as a Keeper of the Crystal. At a key time, you will come to learn what this is and how it will be used for the creation of the Golden Age. This will be enacted during the final year 2011 when all nine of the Underworlds reach the fruition stages in readiness for the final alignment of 2012. Can you fathom the acceleration of knowledge when the crystal skulls open the portals to everything that has been learned and it is downloaded into the other 95% of your brains that lie idle? And when the full 12 strands of your DNA open? And when all memories and abilities of past lives, and the cosmos become clear? This is what humans are capable of, my dear Michael. And you hold one of the keys.”

Mike could not imagine this. “How will I know what to do?” asked Mike very reserved. The magnitude of this, compared to his meek life as Michael Carpetbagger was overwhelming.

“You will simply know. We have been working on you for years and you have a special 6th dimensional crystal in your head. When the time is right, the information will flow to you from the Intergalactic Council as it did back in Atlantis but this time it will be direct to you, not through the Temples. You will receive information on how to assist in the political and financial transition to build a new monetary system. You will know how to communicate directly with us and deal with the Exopolitics of change. You will learn to move between dimensions and even teleport. But, and here is a very big but... you must choose this and act on it. You must begin your own transition to a higher vibratory status or these communications cannot be accepted or understood in the current lower vibration 3D form.”

“What if I miss the calling?”

“All people on the planet that are evolving also have very important roles to fulfill as you do. That is why they are here. If they are not, or they do not want to, they will simply enter a separate energy system and die as normally. But regardless, if you miss the calling, there will be someone else to insure continuity of purpose.”

“You mean like a parallel world?”

“Eventually the two energy systems will become incompatible so a parallel holograph world will exist for those who prefer to ignore the ascension process. There is nothing new here as that is what exists now and has always existed. We are in a parallel universe to Earth now. As Earth ascends, another parallel universe will exist to facilitate the normal life-death polarity based existence.”

“Hmmm, and so life goes on. Then you could be manifesting one’s worst nightmares instantly?”

“By choice. There will always be those who will help.”

“What happens to the loved ones who stay?”

“Loved ones leave you all the time. What is different? Michael, you must be patient and follow your passions. You have learned that you can change your destiny, your financial model, anything you wish—faster and faster. Is it not time to use all that you have learned, all that has opened to you and begin to manifest your own destiny?”

Mike knew the answer and they did as well.

"Dear Michael," added Sananda, "you are dearly loved and we are in deep admiration for what you have been and have done. You are now entering your own personal period of fruition as you evolve from the 6th and final night. We are always with you and are here to support you but you must learn to listen and to ask. That Dear One, is the secret. Seek out the relationships you need to do what you must do."

With that, everything around them faded.

16 Back to the Future

Now Shea-Ri and Mike stared at each other as they sat on a cloud high above Mike's home city. It was an awesome sight seeing his own city from above.

"Shea-Ri broke the spell.

"Michael, are you well? I understand that we may have overloaded you. It is time to be at peace with yourself and talk about your next experience."

"Yes, I know," mumbled Mike, "I have much to ponder. But tell me Shea-Ri, will I forget what I have learned with you?"

"All you have in your imagination is a result of what you have accumulated in your consciousness. It is your personal disc drive so to speak and it reflects all your experiences gathered in your previous lives through whatever means. So how can you forget? You have simply not realized that this is so. If you remained here then all your memories will come back faster than in the 3D form. But they are all still there."

"And this manifestation process. Am I hearing that if I wanted to manifest that I was the president of the USA, that I can do that? And it is already sitting there as an option?"

"You could do it right now and imagine it. If you recall what the manifestation process involves, it is like energy that brings you a similar experience. So even though you can imagine yourself as Obama, the president you do not physically become him. You may become like him or another president. Or depending on the nature of your request, you may be surprised at an option that comes before you. That option, remember is sitting in wave form as a possible outcome."

"Right, it is an option that I would create as a possibility of infinite options that are presented from which I would choose."

"Your life is congealed energies of thought, visions and emotions. What you have not been able to understand is how to separate the lived from yet to be lived experiences. Regardless, all this information whether past, present or future is all there waiting for you to either extract or to project. The limitless possibilities simply exist in a quantum state waiting for you to manifest an outcome."

"I have so much difficulty believing that I can manifest what I want."

"Yes, I know you struggle with it. Michael, where would you like to be now? Is there any life that you would prefer?"

"Yes, of course. The Golden Age was so incredible. I could hide there forever but there is something not right about that. It is like I have unfinished business."

"Yes. But there is no judgment, remember."

"Well, can I not go back there any time?"

"Yes from this state you can choose where to go because you are in a transition state. Once there, the other lives become parallel dimensional memories. They are not forgotten but without moving to higher vibrations,

you cannot move between the lives. The lives and the memories would remain in your mind—your day dream state of your imagination.”

“Can I change that? Can I be in any state I choose while retaining the physical form?”

Michael wondered why he asked. It was a desperate hope that he could pick the best of all worlds. He already knew the answer.

“Yes, you can, that is what ascension in the current year that you live in is all about. It is a new way that you will learn, just as the ancients did, to walk interdimensionally physically, as you have been doing.”

“Yes, I remember. I could move into physical form at will, in any life. But when I am filled with more light.”

“Yes, dear Michael, you are much too heavy to float that way as Mr. Carpetbagger! I think you would agree he needs some work done on him!”

They both started to laugh. It was a funny 6D laugh but it felt the same as a 3D laugh except the energy was total as if it resonated through the whole body. It was time for Shea-Ri to ask the big question. Mike felt it coming. He was picking up thoughts easily now.

“So where would you like to be in Mr. Carpetbagger’s life? Do you want to terminate it and go into your etheric form? Do you want to go back into other lives? Do you want to look at a new deal? What would you like to do?”

“Considering I have had these great lives, this one seems so inappropriate. It is like I need to complete it, not give up, wouldn’t you say?”

“That is up to you. It has always been your choice.”

“I know that I am carrying a fair amount of karma that I simply have to work through or it continues. I feel I need to do that and create a fantastic life in this lifetime. But I am also carrying the knowledge of the Keeper of the Crystal and I have no clue what that means.”

“Michael, you will know at the right time—if you let yourself listen. What are your passions?”

“I am an avid reader of alchemy and mystical arts; of metals—especially crystals. I know where that comes from now. I have a love for animals and the outdoors and I understand why. I tell no one this but I believe in fairies and unicorns and I know why as well. But none of these pay the bills and I have slowly moved away from them.”

“What would you like to do with them?”

“I would like to learn more about alchemy and have my own laboratory—perhaps write a book about it. I would like to help the animals of the world. I would like to write fantasy stories about unicorns.”

“What stops you?”

“They are silly nonsense ideas that do not pay the bills.”

“Your bills and your current approach have taken you to a point of despair and inability to pay anyway. Perhaps it was meant to show you what not to do, rather than to continue to support what does not work for you?”

“Yes, what I resist seems to persist, Energy flows where attention goes. My energy has been wrong.”

“Not wrong if it leads you to a better path.”

"But what path?"

"Your destiny and your passions. Do you have anything more precious to lose than your spark of life—your essence of all that is?"

"How?"

"Believe what you are and what you can do. We have given you all the answers and the tools."

"Yes, I do know the answer to that."

Mike was now silent. His inner spirit was talking to him and it was a calm time. Shea-Ri was silent as were those overlooking them. No one knew what Michael was to decide. All were ready to assist whatever the choice.

It seemed like an eternity to Mike.

"Shea-Ri," he said with a huge beam, "it is time for me to go back to the life of Michael Carpetbagger for some unfinished business. It is my choice."

"I know that I can follow a passion and manifest a new joyful life—I feel it in my heart and soul. I will ascend regardless of what others tell me, the Annunaki do, or what happens. I shall learn the pillars of wisdom and create a new life that is harmony and love. I will banish fear and old energy. I will form new energies and new relationships. I will look upon these challenges as wonderful opportunities. I can go to my other lives in my mind and live those as well."

"Yes, and many others as well. Let it be done. We are all proud of you to take that approach. So where would you like to be to take this new journey?"

"I would like to be sleeping soundly in my bed to awaken to my business meeting."

"The first meeting?"

"Yes, I must put it on a new path."

"Then intend it to be so."

"Will you be there?"

"Always, all you have to do is learn to see, listen and ask."

"Ok, Shea-Ri, I know I will have you by my side so here I go."

With that Mike made the intent to move back into his body while sleeping. He willed that it be a wonderful, peaceful sleep and that he would awaken fresh as a daisy in Spring. As he floated away, Shea-Ri faded and all went blank.

Suddenly Mike was awakened by the 6AM hotel alarm. He felt rested! Everything seemed so bright. Bouncing out of bed, he headed for the shower to soak in the refreshing water cascading onto him. Singing and humming, Mike got dressed and headed out to make a cup of coffee.

Looking to turn on the TV to see the news, Mike noticed a bottle of pills beside a brochure and a little book. When did he put that on the table? Picking up the pills, he noticed it was empty. This is weird, he thought. Mike sat down trying to recollect what if anything he did. Nothing. Yet he felt refreshed and that was unusual.

Compelled to pick up the book, it opened at the Pillars of Wisdom. As he read, he felt strange sensations in his body. It was as if he knew these and lived them. Hmmm, he thought, what's happening here?

The book opened to a large expression in the centerfold. *'Yesterday is History, the Future is mystery, but today is a gift, that is why it is called present.'* It rang through his mind like a bell. Hmmm, clever, he thought.

Then he noticed the passage below. *'Meditation clears a pathway between the mind and the heart, the center of Grace. Find it and you open the doorway to limitless possibilities. To meditate is to listen to God, to pray is to talk to God. The steps are as follows: Sit quietly to eliminate the noise of the day, close your eyes and be present. Take three deep breaths and place your attention on your heart. Feel it and see it healthy, pumping fresh vitalized blood into your being. In your mind, take a tiny pebble and gracefully drop it into a pond. Watch the ripple form and spread. You are now in Graceland where you can communicate with all that is.'*

Mike read the steps quietly as he sat. The word Graceland seemed to reverberate in his mind. A sudden habit came forward—turn on the TV. No TV today he thought, it's all just bad news anyway. Closing his eyes, he took several deep, deep breathes and began to get present. First he focused his attention on his breathing, then to his heart. He felt his heart beating and imagined it happy. He flipped a little pebble in the pond and watched ripples in his mind's eye. At that moment, the word Graceland filled his awareness.

Mike disappeared for several minutes. Suddenly there before him was an Angel. At first Mike was startled. Did he inadvertently go into heaven? No that was not it. Then it spoke to him.

"Welcome back, my dear Michael, I am so pleased you decided to return."

Suddenly, like a flash of lightning that jolted through his mind, he remembered Shea-Ri and his adventures. It was like he had suddenly found the password to a huge disc drive. Mike's body trembled with emotion.

"Shea-Ri, I am so happy to see you. Now I know what you meant by learning to see and listen. But I did not ask you to appear!"

"Dear Michael, I knew it was your next thought. I was so excited that I came instantly."

Many minutes went by as they entered a joyous communication time. Finally Mike thought he had to go.

"Shea-Ri," he asked, "there is something that really puzzles me. I have awaked the day before but it was the day after that I received this booklet—and took out these pills."

"Dear Michael, have you not yet understood how this imagination—and your reality—works?"

"Not with this," he declared.

"Well perhaps you will be able to answer this conundrum when we speak later. You must draw it from your wisdom banks. Now I know you will do well at your meeting and remember that I am with you and that I am your Angel of Harmony and Love."

Mike's big conundrum now was that he knew something about this day, about the client, the SEC charges, about his problems at home. He was carrying evidence that he had lived this day before. It was the little book and this Mayan brochure. He knew inside—and that was all he had to go on—that somehow it was just some quantum possibility. But this Mayan stuff was not a joke. His dreams, or visits, or whatever they were, were crystal clear in his mind. Could he actually change time? Could he take a new path? What about him being the Keeper of the Crystal? Or was this all just a silly dream?

Suddenly, he heard Shea-Ri's thoughts projected like lightning bolts deep into his mind.

"Dear Michael, I am here, you must learn to listen to your heart, remember? Graceland? Zero Point Field? You have one you know. Think about the wondrous lives and incredible experiences you have had. You must have faith in yourself and create an even more wonderful world. It is simply a matter of choice."

He heard this loud and clear. He felt his heart radiate as she spoke to him.

As Mike entered the room his partners greeted him warmly. "Hey Mike, great to be on the move again, we got a hot one this time," yelled Sam.

"Hey Sam," countered Mike rather quietly, "are the people on their way?"

"Yes, we do the presentation at 11 and then we can chat after. There's a whole lot of stuff happening that we need to address."

Mike couldn't help think about what he knew, or at least thought he knew. Actually it mattered very little because Mike was making his own plan.

After introductions, Sam got the show going. He was a pretty dynamic salesman and it wasn't surprising to see the others excited. Mike noticed that this was like a re-run. The room was charged with excitement as Mike made notes.

After the meeting, they had a deal on the table. Sam and Pete were elated. Mike was not getting into the excitement and the others noticed his distant posture.

After the others left, it was time to launch. Mike felt a charge of energy coming out of him.

"Hey, Mike, we can take this stock to the moon then dump and clean up our debt. Aren't you excited?"

With a cold, calm look in his eye, Mike asked: "And what if it does not go to the moon? Then what?"

The comment went across like a thud as his partners stared at him.

"Look, you guys," Mike picked up momentum, "I have to say a few things to you. So sit down."

"First, I am living in terror and fear because I can't pay the bills and the assets are in desperate shape. We have about 10 million in liabilities to fund holders and I would be surprised if our assets were worth 2 million. This is after we have raised 50 million. Our cash flow has dried up to nothing and we have no liquidity or cash because we are holding private shares and these companies are falling like rocks. We know we are under investigation by the SEC and there are many fund holders that are getting pissed off wanting their payments."

"We have seen a serious failure of the world market and banks. Equities are not attractive and the government pumping trillions of fake dollars into the economy to prop it up has never really worked and never will. It needs a flash point and we will get another 30% of the world's value gone. And what is the most vulnerable? Share prices!"

"Mike," interjected Sam in a loud voice, "why the fuck are you telling us this? Where are you headed with it?"

"Because we need to raise capital. Serious capital, like about 15 million to keep this afloat. We have no cash flow or liquidity and we depend on investors putting more money in to pay the old ones. That's called a Ponzi scheme. And do you think that this deal which may give us \$50,000 in fees will get us out of the 10 million plus sewer? Where is your head? They are as desperate as we to do the pump and dump routine. I don't feel that is ethical any more. We have pumped but could not dump. And if we did not succeed in good times, what about bad times?"

"Mike, what the fuck makes you think we are going into bad times?"

Pete stepped in. "Sam, settle down. I take care of the books and Mike is absolutely right about our situation. It actually has nothing to do with good or bad. This deal will not save us and his feeling of market instability is just as valid as your market stability."

"Sam," Mike continued more aggressively, "I am not prepared to carry on this Ponzi façade any longer. It was a great idea in the beginning and it was all good. But somewhere it went sour and we are becoming thieves just like these clients we talked to. Is that what you want? Do you want to raise 10 million? Do you want to pretend these stocks are going to go to the moon? Why is it different than the others?" At least the others have some assets. All these guys have is talk and their financials are about as fraudulent as can be. Is that what you want? For all of us to end up with huge debts, lawsuits, and nowhere to turn? Is that where you want to go?"

The air was thick as glue. Pete was white faced. He knew exactly what Mike was talking about. Sam was dead silent.

Mike now recalled what he knew about the Mayan calendar and the change in consciousness. No, Shea-Ri said to him. Don't go there yet. You can do this without it. They are listening to you.

"Gentlemen, can you not see that what these governments and banks are doing is the same hype and false support to a totally out of control liability situation? Do you think they can prop all those world failures up by just creating more money with a key stroke in a computer? It is all a big Ponzi scheme and 50% of the world's profits are gone! Zap, gone! The whole system is a fake money grab from people that have none left. My sense is it will not work and the truth of it will be revealed shortly. What has the pumping in trillions done? Do you think the projected 10% unemployment rate around the world is going to create a new buyer's market for equities? It is the same as us trying to create hype to pump up a worthless stock with nothing behind it. I am amazed that you want to continue this senseless game. I am sorry but I do not see the market—and in particularly this penny OTC stocks—having the staying power to get us out of this. Gentlemen, it is over. Wake up to the reality of it."

Dead silence.

Mike was not about to let up. "Now, Sam, have you any bright ideas on how this tiny little company that hardly has a pot to piss in, is going to help us get out of this situation?"

"Mike," asked Pete sheepishly, "what are you suggesting we do?"

"Everybody has taken a serious shellacking in this economy. So we either continue the game and bullshit people more to end up in more serious shit, or we clean it up now as best we can and restructure a new life."

"Mike, you've gone mad," yelled Sam, "shut this thing down? Bullshit!"

"Sam, would you like to have my shares and continue to pay out the 10 million that is due? By the time you get this stock pumped up, you will be another 6 months to a year down the road and you will owe another 2 million. The liabilities are increasing rapidly."

"You chicken shit bastard," screamed Sam standing up glaring across the table, "are you pulling out on us?"

"No, I am not. I am saying stop this nonsense before we all end up in the poor house or in jail. Are you having a great life bullshitting people out of their money? Do you like seeing your wallet full of overdrawn plastic cards and your bank account dropping like a stone? Do you like the stress and the excuses? I do not! Why are you having so much trouble understanding the finance part? Ask Pete."

Pete responded after several seconds of silence. "Sam, what Mike is saying is absolutely right. I can say that even if the market does go up, this deal is shabby and it will not support us. We have had our heads up our

marketing asses too long and it does not smell good. And I have to admit that what Mike says about the market is my own gut feeling as well.”

Sam sat down steaming.

“Mike,” Pete asked quietly, “what do you suggest we do?”

“Look you guys, we have had some great times and this all started in trust, good faith and great intentions—to help others make great profits. It failed. Let us wind it down. Give back whatever we have and declare that we have been hit hard and it is impossible to recover.”

“Mike,” interrupted Pete, “we don’t have any cash and we don’t have any liquidity so how can we pay anything out?”

“Pete, we just simply prorate all the shares we have on the basis of what is owned, what has been put in and transfer the shares to the fund holders. We state we are dissolving it and have done our best. This is a lot easier than waiting until the amounts are bigger, the façade is greater, and the potential pissed off investors is larger, don’t you think?”

“Then what,” queried Sam still fuming with anger.

“Well, there is a new energy building on this planet. And it is not greed, deception, fraud, and crap like this. I personally want to get into things that do some good. There are fantastic opportunities in new evolving technologies that are in harmony with the planet—new holistic medicine, new ways of creating energies, new water purification, new ways of helping animals and growing food, new energy healing. I want to learn more about me and my life and unwind from this stress.”

“So you want to walk away from this and our partnership?” screamed Sam.

“No, I want to unwind this as graceful as possible so none of us carry any financial skeletons. I want to enjoy my life and begin to create a new one. We can do it together or not. It is my choice. What is yours?”

“Mike,” Sam yelled, “you are just as big an asshole as us for getting us into this situation. How can we just unwind this and walk?”

“Sam,” Mike replied trying to hold his temper back, “by being honest and doing our best. As corrupt as the system has grown to be, they don’t throw you in jail for being honest.”

“We will all be in the poor house and lose all we have.”

“Sam, we are already there,” answered Pete. “Have you not noticed what assets and liabilities we hold personally. I agree with Mike.”

Sam sat fuming, not knowing what to say. He actually did know how bad his situation was. He knew how desperate he was and he knew he was trying to bend the rules to save his ass.

Turning to Pete, Mike smiled and thanked him for the support. “Pete, I think we need to gather up all the information we can to tell us what our situation is and act on it. We make a plan to dismantle and inform others. We simply try to salvage as best we can, openly and honestly. Then we each make a plan to build a new life. I do not know at this point whether we are on the same page or not in regards to working together. But I know we have not paid attention, we have been operating on the legal fringe, and we must face up to whatever the consequences are.”

“Yes, Mike,” answered Pete, “you are dead right. What are you going to do personally?”

Mike leaned back. He could see Shea-Ri’s beaming smile before him.

“Pete, I have as many serious personal problems as we have in the corporation. I do not know what that state is but I plan to unwind it as well. Whatever equity there is, whatever the assets are worth, they are going to be liquidated and I am moving towards a simple, less opulent life in the country, even if I have to rent a place to

get on my feet. I do not want to spend any more time on legal issues, promotional hype and leveraging falsely in an economy that could be on the verge of collapse. I want to pursue new things, like writing a book, promoting animal healing centers, follow some of my passions and take control of manifesting a new destiny. I am clearly going to carve a new path and do whatever it takes to get there.”

Mike thought about the new energy investment fund that Shea-Ri told him about. She beamed at him. Mike turned to Sam.

“Sam, you are a good man and I have truly enjoyed working with you guys. I feel strongly about this and know in my heart that we can salvage a decent plan instead of landing in jail or even worse off. I am not abandoning you or any responsibilities but I want us to recognize that what we are doing now is not right and we still have time to correct it together.”

By now, Sam had a chance to simmer down from his ego. He knew Mike was right. He knew he could not come up with a way out as the dark demons dragged them all deeper and deeper into the pit of fraud and deception. He knew he had an ulcer and nothing in the bank to show for it.

The room was dead silent.

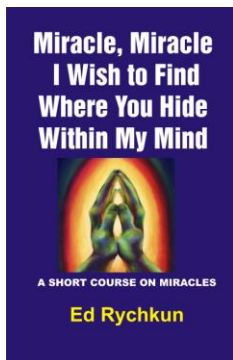
At that moment, as if destiny had a chance to speak, Mike’s eyes caught the glimmer of a paper on the floor. Compelled to pick it up, his eyes froze on the headline: *‘Financing Partner needed urgently for the Alchemical Crystal School’*. The whole paragraph was absorbed in his mind instantly: *‘Established research and teaching enterprise focused on crystal energy, alchemical means of producing energy, and the raising of awareness on healing powers of elixirs and crystals requires financial assistance. The owner, an established energy healer and regression therapist would prefer an interested party who can assist in either providing or helping to attain funding as well as become engaged as a partner.’*

Mike’s mind was going a mile a second flashing between passion, his past lives and his current profession. This paper must have been dropped by the visitors who had been to the Expo in the hotel. There was a local number and a Booth Exhibit number on it. Suddenly, providence had spoken. Shea-Ri smiled as she felt Mike’s energy surge outwards from his heart.

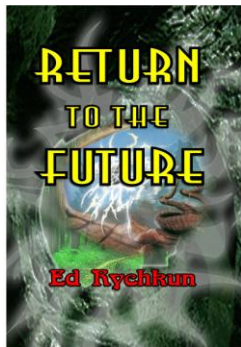
Suddenly, from that dead silence where you could hear a feather drop on the table, Mike’s partners, like two animated forms simultaneously stood up and walked to the end of the table where Mike rose. They did what they had never done before. The three of them hugged each other locked in the new providence energy field of Mike’s heart. The feeling emanating was golden.

Shea-Ri beamed with the energy of love.

From that moment on, Mike’s life, and that of his partners, would never ever be the same.

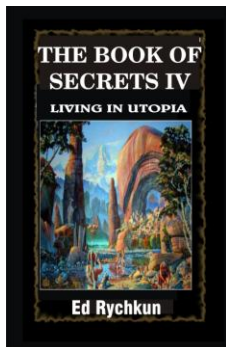


Miracle, Miracle I wish to Find where you hide within my Mind (Coming in Nov 2009) Whether mainstream medical and science experts want to admit it or not, millions of spectacular, unexplained healing miracles occur. The dismissal of this reality on the basis of unexplainable seems a dismal way of dismissing something wonderful that could benefit others. I wrote this book because if just one exception to the rule exists, then the rules must be wrong. Quantum physics has certainly proven that to be true. It means if someone else can create a miracle, then so can I. So how do others do it? Let me take you to the leaders in miracles—the ones that caught my attention—the ones doing it daily. When I put the manifestation energy of miracles out into the universe for the Law of Attraction to respond to, what came was pretty amazing. Let me give you a short course on what I found so you can create your own miracles. Take your own quantum leap into the new reality of miracles.

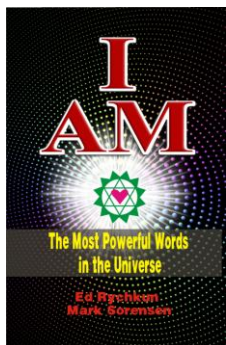


Return to the Future Michael Carpetbagger has a serious problem with his life. After the banking and market collapse of 2008, he and his partners are feeling the stress of a failing business. They are moving to the dark side as of necessity. This does not sit well with Michael as his soul niggles at his actions. As Mike's conundrum of negative stress and helplessness overtakes him, he falls into a bizarre instant in time where a sequence of revelations is brought to him by his Guiding Angel. She takes him on a strange journey to previous lives where in the Golden Age of Atlantis he begins to recall what and who he really is. As they wander the quantum space of his past realities into Mayan lands, and he connects with his cosmic soul family, Mike begins to form a new vision why the old financial energy is rapidly giving way to the new spiritual energies. Now, with a new look at his future, he must congeal all the past information into what he must do to best survive as the Earth and global ascension of consciousness accelerates towards 2012 and the End Time. **WARNING: CAN YOU FACE UP TO WHO YOU ARE?** This may appear as work

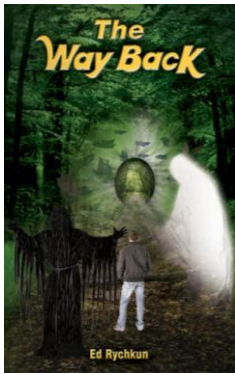
of fiction but it is an account of the past and future as seen through the past lives of a Seer of Atlantis.



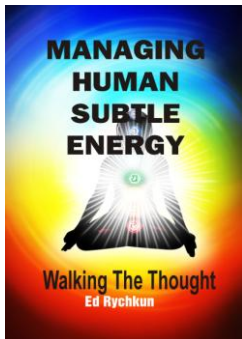
The Book of Secrets IV: Living in Utopia (coming in Dec 2009) In this book, Ed Rychkun continues the journey of ascension with Tom and Pam Doubtfull, two descended Light Beings who have now awakened to who they really are. Tom and Pam now begin to blossom into their true potential as they prepare for the Great Shift and the journey Home. But Home is on Earth, in their bodies, in harmony with Gaia. What will life be like for them in this new Utopia? What happens to others who are not as fortunate as they? What is in store for them? As Tom and Pam begin to probe into the Akashic records and they find their true powers, they learn that they have a chore—to bring the Atlantis consciousness into the new Earth plan. They learn the deep secrets of their past and what really happened long ago. Now history unfolds into a new cosmic picture, as does their new reality. *Find out what is in store for planet Earth.*



I AM: The Most Powerful Words in the Universe (Coming in Dec 2009) is a belief provoking journey into Mind and Body healing – focused on two major areas of miracles – wealth and health. I AM, the original name of the Creator God, reflects who and what we are. Ed Rychkun, a Reiki Master and energy balancer focuses on healing the mind to produce external energy miracles. This is combined with the work and astounding abilities of Mark Sorenson, a gifted and established energy balancer focused on the body to produce healing miracles. Together, Mark and Ed will take you on a belief journey that is guaranteed to change your life. In a practical, down-to-earth format, Mark and Ed explain how you – the ultimate co-creator of your life - can proactively change your reality of health and wealth. Find out why walking the thought in the imaginary realm of quantum possibilities is more important than walking the talk in our physical realm. *Wake up and clearly understand the paradigm shift of why believing is seeing.*



The Way Back In this story, Christopher Andrew Fallenstar is a desperate trapped soul lost in a sea of mundane agony. He is on Earth living a dysfunctional life full of self pity, anger and unhappiness. His darkness eventually leads him to despair and a gateway into a world where reality and non-reality have converged. Lost and bewildered, he must find his way back. But back to what? Is it back to the Home from where he came or is it where he is living his mundane life? On his journey, he must traverse a series of Realms with pathways through his inner being to find his way. His quest to find his way back leads him to deal with parts of himself that he never knew about. He begins to uncover a new consciousness about who and what he might be. What he chooses and the paths he takes determines his final eternal destiny... and what the back really means. In this story, Ed Rychkun will take you on a journey through your inner self that may change the way you view Home. *It may even change your attitude about life!*



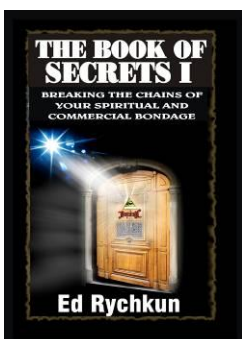
Managing Human Subtle Energy: Walking the Thought This mind bending book gets to the bottom line of how to launch a management program that will absolutely change your life. You will clearly understand what Human Subtle Energies are and how they have been designed with a purpose – to convert non-physical energy to physical reality within your consciousness so you can enjoy life. First, see what the world of new science says about the existence and power of Human Subtle Energy. After this mind-blowing summary, find out the Laws by which these energies generated by your body operate. The inevitable startling conclusion will pound into your mind – you have not been managing your subtle energies properly – living a life of negative energy, drumming to a default destiny. Ironically, your life has turned out exactly the way you wanted it from previous thoughts and emotions. The way to change this lies in creating a habit to break old habits – through proactive Subtle Energy Management. Do you believe you can awaken the Genie in you and even control events by managing your subtle energy? *Walk your*

thoughts for 60 days and find out for yourself.

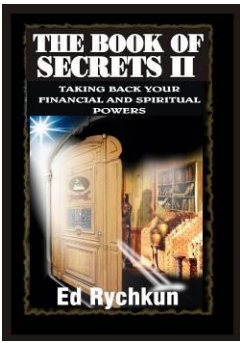


Subtle Secrets: Talking Heart to Heart If you have ever had moments where you pondered why your life has unfolded the way it has and whether you had any control over making it better, you need to read this profound summary that combines ancient wisdom with recent scientific discoveries. In this book, Ed Rychkun gets to the “Heart” of how to manifest a life of quality time providing concise riveting information about why you need to start paying attention to the Subtle Laws of the Universe. These Subtle Laws reveal the common purpose of life transcending the boundaries of race and religious and spiritual differences so common on our conflictive planet. From the ancient wisdom of the ages, to the miracle healings of the religions, through New Age beliefs and from the most recent scientific discoveries, Ed extracts the essence of a common purpose and process with a resounding message: *“If you want to heal the planet, and generate love and peace, start with yourself and your own back yard. Then direct your mind to change your code of*

behavior to create coherence between the two main subtle energy centers - the heart and brain”. Take the action to manifest a quality life and activate your role to a peaceful planet.



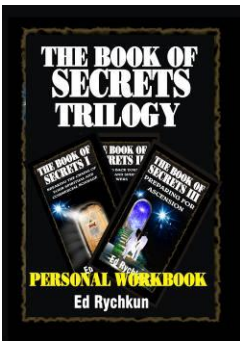
The Book of Secrets I: Breaking the Chains of your Spiritual and Commercial Bondage. In this book, Ed Rychkun tells a story about two happy Light Beings who volunteered for a special mission to planet Earth. Having been incarnated as Tom and Pam Doubtfull, they have been captured in a commercial and spiritual illusion that has consumed their existence. Live with them as they meet two Mentors and uncover the Secrets about the Cloak of the Matrix and how the truth has been hidden from them by the Global Elite. See how they cast away the old belief system to unplug from this Matrix. Learn the secrets of how they break their chains of Spiritual and Commercial bondage to walk through a new door into a new reality, and their New Age birthright. Learn how they *Wake up and unplug from the Spiritual and Commercial Illusion.*



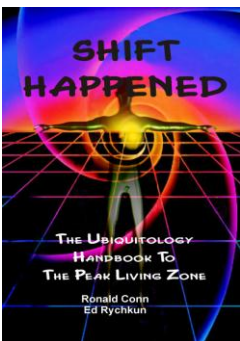
The Book of Secrets II: Taking Back Your Financial and Spiritual Powers In this revealing book, Ed Rychkun continues the journey out of the Commercial and Spiritual Matrix imposed by the Global Elite. Learn astonishing secrets as Tom and Pam Doubtfull, two descended Light Beings who have now awakened from the deception of the Cloak of the Matrix, continue to dig deeper and deeper into the truth behind the Commercial and Spiritual Illusion. Learn how they create a Commercial Duality and recover the powers they have lost. In a compelling dialogue, Tom is subjected to the Commercial Martial Arts to earn his belts, each time opening a new door towards financial freedom. Here he uncovers new tactical secrets in the hidden private world of commerce to develop an arsenal of secret unpublished financial offensive and defensive weapons. See also how they transmute themselves spiritually by rejecting their Religious Duality to ultimately develop their new life plan leading them on their new journey towards ascension. *Learn to take back your own financial and spiritual powers.*



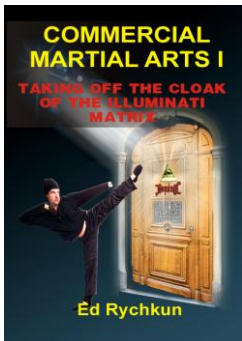
The Book of Secrets III: Preparing For Ascension In this book, Ed Rychkun continues the journey of ascension with Tom and Pam Doubtfull, two descended Light Beings who have awoken to who they really are. Having discovered how they have been captured into the commercial and spiritual illusions, they now know exactly how to unplug from the Cloak of the Matrix and take back their spiritual and financial powers. Now Tom and Pam must set a practical new course that takes them through a Life Plan and back to their lineage of Spirit – their birthright. Follow Pam and Tom as they now lay out their steps of ascending from their 3D material conundrum into 4D and 5D light beings, crossing over the 2012 zero point predicted by the Mayans. Learn how they rationalize the conflicting prophesies, galactic cataclysms, Earth upheaval, and economic collapse using New Age, scientific, biblical and esoteric evidence to determine their ultimate plan. Follow them in their struggle to go back to Nature, leave the material world behind and prepare for their final homecoming. *Prepare yourself for Ascension and the Great Awakening.*



The Book of Secrets Trilogy: Personal Workbook In this 8.5 X 11 size Ring Bound volume, Ed Rychkun, brings together the complete trilogy including The Book of Secrets I, II and III as a workbook. Please refer to The Book of Secrets summaries above. Also included are the Commercial Martial Arts I and II which are integrated into the Book of Secrets I and II. Each book of the Trilogy is included in this large volume of 500 pages. Here you can make your own notes and summaries after each chapter and summarize the key questions at the end of each book to see how it relates to your own life. Pick out specific references and tactics that can help you take off the Cloak of the Matrix, take your own financial and spiritual powers back, and prepare yourself for the entry of the New Age transformation of 2012. Make it your own personal reference book and planning medium.

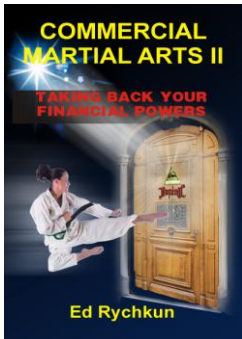


Shift Happened: The Ubiquitology Handbook to the Peak Living Zone Take an exciting new journey into the new shift revolutionizing health care in this provocative handbook on Ubiquitology – healing by connecting mind and body with Spirit. Ronald Conn, a popular radio personality, and Founder of Ubiquity Wellness Centre, North America's foremost private preventative, natural wellness clinic, reveals how after his Near Death Experience he gave birth to his vision and has used revolutionary Ubiquitous healing methods to help thousands achieve their health and wellness goals. Learn how to stay in the Peak Living Zone as Ed Rychkun, former business executive, Reiki Master and Spiritual Writer takes you to the bottom line of how the Subtle Laws of the Universe work. He tells you why your life is the way it is, and how, by paying attention to the laws of subtle energies, manifesting a better quality life can become a reality. Together, Ronald and Ed provide a mind blowing handbook taking you onto the fast-track to optimum health and quality life through their simple Mind, Body and Spirit Code. *Take the action to get into the Peak Living Zone.*

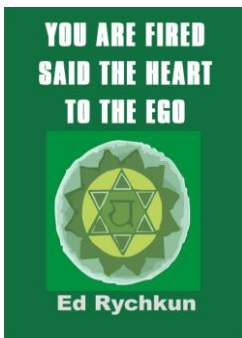


Commercial Martial Arts I: Taking off the Cloak of the Illuminati Matrix. In this work of fiction, Ed Rychkun explains how the Illuminati have captured Tom, a typical businessman, into their herd of Sheeple. He, like Nations, have unknowingly accepted the invisible Cloak of the Matrix that makes them and him a human capital machine working for a Strawman. Being siphoned by the commercial deception and fed the illusion of freedom, it is time for Tom to wake up. Understanding how bankrupt Nations have bonded him into paying for their folly, he wakes up to how this global deception has been implemented by the Global Elite. Watch as he takes off the Cloak and prepares himself for the Commercial Martial Arts. Learn the obscured, hidden secrets as Tom's Mentor leads him into the power of the Private World of Commerce, and how the Commercial and Spiritual Illusion can work for him. *Understand the Deception and take back your Private Freedoms.* Note: This book is part of The Book of Secrets I, separated for convenience

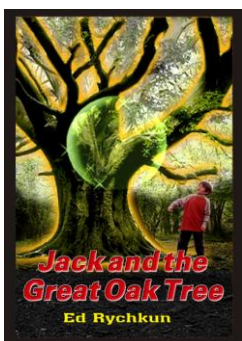
without the Spiritual Illusion counterpart.



Commercial Martial Arts II: Taking Back Your Financial Powers In this work of fiction, Ed Rychkun takes you on a profound new journey through the commercial illusion. With the Cloak of the Matrix taken off, Tom is now able to learn his offensive and defensive weapons to take back his financial powers. As Tom's Mentor takes him through his Martial Arts lessons, he learns how to make the Strawman work for him and how to structure his financial affairs in the Private world of commerce. Through Tom's lessons, he learns how he can unplug from the legal, tax and banking siphons to take back his financial powers. Tom's tactical, unpublished secrets of deploying his new path towards Preparing, Privatizing and Protecting his financial world, changes his life forever. *Bring the power of the private world of Commerce into your reality.* Note: This book is part of The Book of Secrets II, separated for convenience without the Spiritual Illusion counterpart.

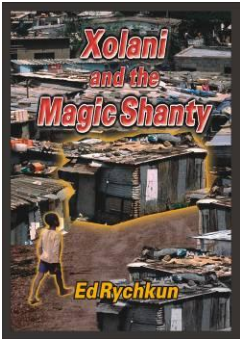


You Are Fired Said the Heart to the Ego In this unusual and profound book, Ed Rychkun takes you to a critical situation that occurs between a human's heartbeats. In a last ditch effort to make sure the next beat occurs, the Heart engages in a desperate conversation with the Ego whom it blames for the demise of the human. In a fascinating dialogue between the Heart, the Ego, the Brain, the Mind, the Soul, the Chakra Children, and God, Ed takes you to the split second where time ceases and the physical material world becomes one with the Spiritual and Subtle energy counterparts. Learn how the Ego has taken the command center away from the sleeping Mind making the Brain, Soul, Heart, and Chakra Children subservient players in directing the quality of human life. Learn how the crisis deadlock is broken and the decision is made whether the next heartbeat is allowed to occur. See if you can deduct the same conclusions and reject or accept a coherent harmony between the six characters that control the human's life. *Will you Fire the Ego and put the power back where it belongs?*

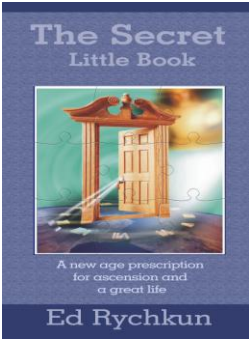


Jack and the Great Oak Tree In this enlightening and fascinating Adult/Children's book, Ed Rychkun weaves a story of a boy and girl that on the surface appears as a fairy tale, yet has a profound message about the relationship of Crystal Children, their environment, and their parents. Jack is an eight year old Crystal boy who does not seem to fit in with much of anything "normal". He has no friends, hates school and seems to be dysfunctional to his parents. But Jack loves to be One with Nature and has some secret skills. He sees people's auras and he smells things differently. He can read other's thoughts. He talks to animals and trees, and he hates fake things like the Zombie Box his parents watch. He dislikes conflict and dishonesty, and can read the energy of it. He rejects plastic junk toys other kids love. What must the parents do to him to make him normal becomes Jack's and their dilemma. But one day Jack finds a giant magic Oak Tree in the deep forest. It changes his life, and the others around him forever. Follow Jack as his adventures lead him to knowing who he really is and what he, and his parents must do in their lives. *Join*

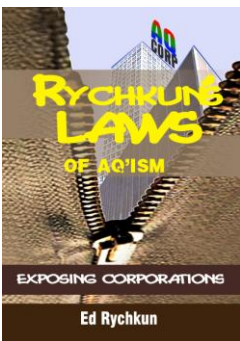
Jack and Suzie in the most life changing adventure of their lives.



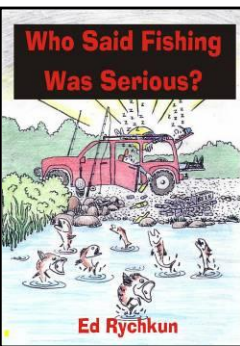
Xolani and the Magic Shanty In this Adult/Children's book, Ed Rychkun tells the story of Xolani, an angry 12 year old Zulu boy living in Shanty Town in South Africa. Life is not good here and he has taken up with a band of ruffians to get back at the wealthy and the Whites whom they have learned to hate. One day Xolani finds a Magic Shanty and meets and unusual Nharo Medicine Man. Xolani finds he is not as bad as he thought and some of his Crystal Child characteristics are making life a conflict. Suddenly life begins to change for him and the people around him as he begins to blossom, and he learns how he can make his own Magic Shanty. Follow his life changing experience in the poverty stricken Shanty Town as he changes his and everyone else's life. Shanty Town will never be the same. *Live with Xolani as he unfolds his new destiny*



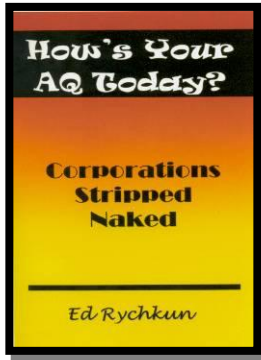
The Secret Little Book: A New Age Prescription for a Great Life In this short little book, Ed Rychkun reveals what it has taken him "many lifetimes" to learn. He lays out a simple "down to earth" bottom line summary of the New Age. He then reveals his powerful secrets to a complete Body, Mind and Spirit Prescription for health and prosperity. In a simple, easy to read format, he summarizes his 8 Secret Truths of the Universe that have a direct affect on how you manifest a joyful life of abundance, harmony and love. Ed unfolds a simple Life Plan for everyone, then takes you on a quick journey of ascension and the New Age Great Awakening of 2012. This stunning Book will prepare you for a dynamic new future unfolding on this planet. *Take the New Age Prescription for a great life.*



Rychkun's Laws of AQ'ISM Want a fresh, new humorous look at the business world we all live in? Take a tour of corporate life through Ed Rychkun's view of his lifetime of climbing corporate ladders. This provocative and hilarious expose' shows what really goes on behind those boardroom walls. It reveals the flip side of a company's naked underbelly by showing how people universally conform to laws on how they feel about each other called AQ'ISM – a classification of "Asshole". Ed examines the social behavior of corporate citizens and develops his universal laws about how this feeling is quantified as an AQ, and how it can have a direct impact on how fast you can climb or fall from the corporate ladder. Ed tells it like it is, revealing how the "real" professionals - the Executives, use a set of secret AQ Arsenals to hide their incompetence - and maintain their positions of power in the corporate hierarchy. You will immediately recognize a similarity with your own situation and derive humor from it. But beware... as one critic points out, "*Never was the raw naked truth so aptly expressed as in this earthy examination of the blatantly exposed underbelly of the modern corporation*". *Learn how to avoid being a Corporate Asshole!*



Who Said Fishing Was Serious? Here is the best fishing and fireside companion you could ask for. This book is full of short fishing stories that started out serious but turned into funny, gut-wrenching calamities. You will be amazed at the crazy situations that Ed has selected. Focusing on stories that pit the large brained angler against that small pea-brained fish, Ed will have you in stitches as he and his brother take to the challenge. See if you can contain yourself when you read the events that unfold in his short stories. How many times has your own technical assault on those little fish turned into a side-splitting laughing frenzy? Checkout Ed's special selection of not so serious fishing mis-adventures taken from his many years of fishing for that BIG ONE. Who Said Fishing Was Serious? is a refreshing experience into laughter. See if you can contain yours. *See how serious you take fishing after indulging in these stories.*



How's Your AQ Today: Corporations Stripped Naked Yes, a naked Corporation! Get a fresh, new, humorous look at the Corporation as former Executive Ed Rychkun takes you on an enlightening view of climbing corporate ladders. This provocative and hilarious exposé takes you behind those boardroom walls to reveal the flip side of a company's naked underbelly. See how people universally conform to laws on how they feel about each other, called AQ'ism. Check out how Ed examines the social behavior of corporate citizens and develops universal laws about how this feeling is quantified as an AQ... a measurement that can have a direct impact on how fast you can climb or fall from the corporate ladder. To quote Online Review, March 2004: *"If Niccolo Machiavelli were alive today, he would be the first to endorse Ed Rychkun's laugh-out-loud satire 'How's Your AQ Today? Corporations Stripped Naked'. To be sure, anyone who has ever worked in a corporation will be able to identify with this phenomenon (as well as almost everything else in the book). And although the author gets us to laugh at the absurdity of it all, he also makes a very serious point about the ruthless and destructive nature*

that has become part and parcel of profit-driven corporations in today's culture." George Randall, Online Review, March 2004. *Find out what your AQ is and what a naked Corporation really looks like.*